1	Microbial ecology-based methods to characterize the bacterial communities of non-model
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#### Abstract

Among the animals of the Kingdom Animalia, insects are unparalleled for their widespread diffusion, diversity and number of occupied ecological niches. In recent years they have raised researcher interest not only because of their importance as human and agricultural pests, disease vectors and as useful breeding species (e.g. honeybee and silkworm), but also because of their suitability as animal models. It is now fully recognized that microorganisms form symbiotic relationships with insects, influencing their survival, fitness, development, mating habits and the immune system and other aspects of the biology and ecology of the insect host. Thus, any research aimed at deepening the knowledge of any given insect species (perhaps species of applied interest or species emerging as novel pests or vectors) must consider the characterization of the associated microbiome. The present review critically examines the microbiology and molecular ecology techniques that can be applied to the taxonomical and functional analysis of the microbiome of non-model insects. Our goal is to provide an overview of current approaches and methods addressing the ecology and functions of microorganisms and microbiomes associated with insects. Our focus is on operational details, aiming to provide a concise guide to currently available advanced techniques, in an effort to extend insect microbiome research beyond simple descriptions of microbial communities.

### Keywords

- Insect microbiome, bacterial symbiont cultivation, molecular methods, non-model insects, bacterial
- 38 community, microbial ecology

### 1. Introduction

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There is increasing awareness of the importance of microbial symbionts for animal physiology, and the number of studies focusing on non-pathogenic bacteria hosted by a wide range of organisms is also on the increase. However, for decades, research has been focused primarily on pathogenic bacteria, where most of the animal-associated microorganisms are most likely harmless, variable and acquired from the environment (Turnbaugh et al., 2007). In any case, a number of beneficial bacteria have been found, and among these is a group of essential, vertically transmitted endosymbionts that, with their host, form an inseparable holobiont (Moran et al., 2008). Insects have been investigated by microbiologists not only as models for human-microbiome interactions, but also for their importance as pests and disease vectors. The most studied bacteriainsect associations fall roughly into two groups, i.e. heritable symbionts (including primary and secondary symbionts) (Moran et al., 2008), and gut symbionts. Primary (P) symbionts are bacteria necessary for insect survival and/or reproduction, and they inhabit highly specialized cells bacteriocytes - that lie dispersed in the gut epithelium or be grouped within specialized organs called bacteriomes. They typically have a reduced genome, and share a long evolutionary history with the host as they propagate only through maternal transmission. This kind of symbiosis is common in insects with poor diets, such as aphids, which feed exclusively on phloem sap and host a gammaproteobacterium of the genus Buchnera for the synthesis of the amino acids lacking in their diet (Akman Gündüz and Douglas, 2009). Instead secondary (S) symbionts are not essential for host survival, although they can improve host fitness. They colonize various cells and organs, including hemolymph, and are able to infect new hosts, establishing stable associations with them through maternal transmission (Favia et al., 2007). This category also includes reproductive manipulators with maternal transmission that spread throughout the population, promoting the reproduction of infected females through daughters. This is accomplished through cytoplasmic incompatibility, parthenogenesis, male feminization and son-killing (Stouthamer et al., 1999).

Gut symbionts have been extensively reviewed by Engel and Moran (Engel and Moran, 2013), and it has been found that most are commensals that reside in the gut, being neither clearly harmful nor beneficial to the host (Dillon and Dillon, 2004). Our use of the term "commensals" refers to a broad range of microorganisms that vary greatly, even among members of the same species. These bacteria are generally acquired from both the environment and the diet, their selection depending on the chemical and physical conditions inside the gut, such as pH, oxygen availability, and retention time of the food bolus. Furthermore, the host immune system plays an active role in bacteria selection as it is elicited by specific bacterial features, e.g. the excretion of uracil (Lee et al., 2013). Despite the extreme variability of this type of microbial consortium, there is increasing evidence that commensals can critically affect the host physiology, acting on the immune system (Lee et al., 2013), on larval development (Shin et al., 2011) and even on the choice of mate (Sharon et al., 2010). However, these effects, though sometimes important, cannot clearly classify a microorganism as "mutualistic" or "pathogenic" (Dillon and Dillon, 2004). For example, in many cases just the presence of commensal microflora can prevent pathogen colonization (Ryu et al., 2008): in fact, any alteration in the bacterial community due to pathogen colonization can lead to "dysbiosis", which is detrimental for the host (Hamdi et al., 2011). Moreover, there are known cases of specialized gut symbionts where the relationship with the host resembles primary symbiosis (genome shrinkage, strict heritability) (Hosokawa et al., 2006). Indeed, in Hemiptera, the vertical transmission of gut symbionts smeared on the eggs or encased in symbiont capsules, is well studied (Fukatsu and Hosokawa, 2002; Kikuchi et al., 2011; Prado et al., 2006; Sudakaran et al., 2012). Considering the crucial roles of the above listed symbionts, a descriptive study of any insect cannot disregard the characterization of the bacterial community associated with it. Thus, research on emerging pests, disease vectors, and beneficial insects (e.g. honeybees and silkworms) should include microbiological screening. Apart from achieving a more complete image of the physiology of the insect itself, such a survey could lead to the development of useful products and applications, such as probiotics and pest and disease control strategies (Bourtzis et al., 2014; Crotti et al., 2012; Jurkevitch,

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2011). With an eye towards potential technological developments, culture-dependent assays must not be underestimated. Indeed, though far less powerful than molecular methods in describing bacterial communities, such assays allow the manipulation of single cultivable strains. The aim of this review is to give researchers approaching this kind of study an overview of the microbiological methods available (figure 1), together with information on the practical considerations necessary for their application to insects and for a correct interpretation of the results. In addressing scientists new to this field, the paper focuses mainly on the best-known and most feasible research techniques. Nevertheless, some advanced genetic analysis techniques will also be presented in order to promote possible progress studies beyond the simple taxonomic characterization of bacterial communities.

# 2. Sampling

The gathering of suitable insect specimens for microbial community analysis can be challenging, especially for insects not reared in the laboratory. Depending on the target species and its habitat, the field season is often restricted to a short period of the year and the collection and identification of samples requires time and experience. Therefore, it is important to start with a precise plan of the number and type of individuals required.

### 2.1 Specimen choice

The microbiome composition of insects of the same species is largely dependent on ecological parameters such as temperature, geographical location and, above all, diet. Indeed, the qualitative and quantitative differences in the gut community composition of insects reared on different diets has been reported in different papers over the years (Broderick et al., 2004; Chandler et al., 2011; Colman et al., 2012; Kane and Breznak, 1991; Montagna et al., 2015; Santo Domingo et al., 1998).. In some cases, insects of highly divergent taxonomical groups that feed on the same substrate can harbour very similar microbial communities, regardless of the host taxonomy that normally shapes the microbiome; this can be seen in some species that live on decaying wood (Colman et al., 2012). Also to be noted is that the microbiome found in the gut of wild insects is generally more diverse than that

of reared insects, though studies on reared *Drosophila melanogaster* show that also laboratory populations host different bacterial species that can exert important and similar physiological roles (Douglas, 2011; Shin et al., 2011; Storelli et al., 2011). However, wild *Drosophila* gut microbiomes are much more complex, the most diverse communities being present in flower and mushroom feeders (Chandler et al., 2011). Finally, it is important to note that most standard diets used in insect stocks contain preservatives and/or antibiotics; these avoid the proliferation of microorganisms in the diet itself but obviously have an impact on the natural microbiome of the insects. Even the distribution of secondary endosymbionts such as Wolbachia, Spiroplasma, and Rickettsia can depend on ecological factors such as diet, temperature and snowfall, or even on the co-occurrence of other symbionts (Toju and Fukatsu, 2011). The reproduction-manipulation strategy of endosymbionts like Wolbachia can rapidly spread the bacterium across a population, resulting in a patchy distribution. Moreover, this behaviour can influence the frequency of other vertically-transmitted symbionts through a hitchhiking effect (Toju and Fukatsu, 2011). On the contrary, primary symbionts are, by definition, present in all the specimens of one species as they establish a tight interdependence with the host. For all these reasons, it may be necessary, according to the aim of the research, to sample insects of different populations. If the primary goal is to describe the gut bacterial community of an insect it is better to analyse wild samples, rather than rely on laboratory stocks. Rearing insects on an artificial diet, even for short periods, can lead to important biases (Hammer et al., 2014). Moreover, to explain possible differences in the specimens' gut bacterial composition it is advisable to monitor ecological parameters at the collection site, at least of the substrate on which the insects are feeding. Instead, to survey the presence/infestation rate of endosymbionts in a species, the sampling sites should be as geographically diverse as possible. If the infestation rate is 100% across genetically and spatially separate populations, the hypothesis of a primary symbiosis should be verified.

### 2.2 Target organs

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When choosing target organs, specimen size plays an important role as dissection can be challenging: while addressing single organs in smaller insects is very difficult, when studying larger insects the

analysis of single organs is a better choice. In fact, hard cuticles and high quantities of biomass can impair DNA extraction. Moreover, the bacterial cells in the gut usually outnumber those in any other body part. Thus, examining the insect as a whole can give results similar to sampling only the gut (Sudakaran et al., 2012). Therefore, at least in the case of "dissectible" insects, it is useful to know which organs are more likely to host symbionts (figure 2). 2.2.1 Gut. The gut of insects can be divided into at least three tracts, the foregut, midgut and hindgut, that can host different bacterial communities. In the foregut and hindgut, which are of ectodermal origin, a cuticle layer of chitin separates the epithelium from the lumen, impeding nutrient absorption, making the midgut the main site where nutrient absorption takes place. Here, in many insects, a peritrophic matrix is secreted by the epithelial cells. This forms a permeable envelope separating the bolus and the gut bacteria from the epithelium, allowing nutrient transit. This matrix is in a continuous state of being shed and replaced. In the anterior hindgut the Malpighian tubules (insect excretory organs) deliver waste products, such as uric acid, collected from the body cavity into which they extend. Therefore, this area in the insect gut environment, where there is a mixture of nitrogen and food waste, differs from that of vertebrates where nitrogen waste is separated out. Depending on the species and life stage, these three tracts can assume very different shapes and comprise diverticula or extremely specialized compartments in which specific bacteria are hosted, as in the case of termites (Köhler et al., 2012). Microsensor measurements in the beetle *Pachnoda ephippiata* show that the redox condition and the pH can vary sharply along the gut: the bacterial community composition varies accordingly (Lemke et al., 2003). Therefore, knowledge of the differences between the bacterial communities in the three tracts can be critical in understanding the gut physiology, and such knowledge can be achieved through dissection. Nevertheless, dissecting the gut prior to analysis is a delicate step: special attention is needed to avoid the leakage, or the mixing, of the gut content of the different parts. 2.2.2 Bacteriomes. Should the target of the research be primary symbionts, the presence of

bacteriomes must be investigated. In these organs, bacterial symbionts are hosted in specialized cells

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named bacteriocytes. Bacteriomes are often associated with the external midgut ((tsetse flies (Balmand et al., 2013), louse (Perotti et al., 2007)), appearing as whitish round shaped bodies; their first observation can be traced back to the 17th century (Hooke, 1667). Bacteriocytes can also be located in the fat body, where they can be identified by microscopy because of their cytoplasm, which is densely populated with bacteria (Toenshoff et al., 2014), or intercalated in midgut tissue (Stoll et al., 2010). Separating bacteriomes from gut tissue without breaking the gut epithelium can be difficult in smaller animals, however, the detection of endosymbionts by molecular means, such as diagnostic PCR, allows the analysis of the whole insect, thus avoiding this step (see section 4.5). 2.2.3 Gonads. Reproductive manipulators, as well as maternally transmitted mutualists, colonize ovaries where they infect trophocytes and oocytes, through which they are transmitted to the progeny (Stouthamer et al., 1999; Veneti et al., 2004, 2003). Moreover, in the arthropod *Ixodes ricinus*, a hard tick, an intra-mitochondrial endosymbiont that almost exclusively inhabits the ovaries, is harboured (Sassera et al., 2006). Testes can also be colonized, enabling paternal transmission to the mating female and thus to the offspring, as in the case of Asaia and Anopheles mosquitoes (Crotti et al., 2009). 2.2.4 Salivary glands. The presence of endosymbionts has been investigated in the salivary glands of different arthropods, such as blood-sucking insects and ticks. Asaia colonizes the salivary glands of mosquitoes, co-localizing with the malaria vector *Plasmodium* spp., if present (Favia et al., 2007). The presence of *Midichloria mitochondrii* has been demonstrated in the salivary glands of *Ixodes* ricinus (a tick), which inoculate humans in sufficient amounts to stimulate antibody production (Mariconti et al., 2012). These tiny organs have been mainly examined by Fluorescent In Situ Hybridization (Gonella et al., 2011) (FISH, a technique that it will be discussed in section 6.1). 2.2.5 Cuticles and Antennae. A peculiar type of symbiotic relationship exists between ants and bacteria of the genus Streptomyces. The bacterium occupies specific locations on the bacterial cuticle and produces an antifungal compound that suppresses the growth of parasitic Escovopsis, which threatens the fungal gardens grown by the ants (Currie et al., 1999). Another bacterium of the same

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genus plays a similar role in a symbiotic relationship with beewolves of the genus *Philantus* (Kaltenpoth et al., 2005). Adult wasps carry symbionts in specialized glands in the antennae, and females secrete it in the brood chamber in which they lay eggs. Thanks to the antibiotic activity of the *Streptomyces* strain, this behaviour in the wasp protects the larva and cocoon from bacterial pathogens, which could grow on the prey that is larval food (Kaltenpoth et al., 2005).

2.2.6 Other locations. Wigglesworthia glossinidia, symbiont of the tse-tse fly, is transmitted to offspring through the milk gland. The secretion of this gland feeds larvae that develop inside the mother's uterus, until they reach the third instar (Balmand et al., 2013).

## 2.3 Life stages

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Insects are characterized by a unique development, thanks to which they can change dramatically in morphology and lifestyle, according to the life stage. Within the largest insect class, the Pterigota, there are two main types of postembryonic development, as discussed in the following paragraphs. 2.3.1 Exopterigota (heterometabolous insects). In the exopterigota, the nymph hatched from the egg is similar in morphology to the adult. To reach the adult stage, it undergoes a series of moults, increasing its body mass without changing substantially in shape. Within this group, modification of the gut bacterial community during development has been studied mostly in Hemiptera. In the European firebug, Pyrrhocoris apterus, the gut microbiome appears to be stable throughout several moulting steps, the presence of the most represented bacterial taxa already being within the egg (Sudakaran et al., 2012). However, as confirmed also in another member of the same order, Riptortus pedestris, the colonization of the insect by a specific bacterial community is not completed before the third nymphal instar (Kikuchi et al., 2011). During the moults, an increase in the production of antimicrobial peptides causes a drop in the bacterial load of R. pedestris midgut (Kim et al., 2014). A possible explanation is the vulnerability of the moulting insect to injury and pathogens, which leads to an up-regulation of the immune system. Regarding primary endosymbionts, it has been demonstrated in aphids that the development of the

bacteriome occurs in the early embryonic stages, even in the absence of symbiotic bacteria

(aposymbiotic insects) (Braendle et al., 2003). This particularly intimate symbiotic relationship is not affected in any way by insect development as the two organisms can be regarded as a single holobiont that develops as a whole. 2.3.2 Endopterigota (holometabolous insects). Insects belonging to the endopterigota are born as larvae, and are subject to a complete metamorphosis prior to the adult stage. The extraordinary evolutionary success of holometabolous insects has been attributed to the differentiation of the food sources utilized by larvae and adults, which avoids competition between juvenile and mature conspecifics. This differentiation is reflected in the composition of the gut community. Generally, the pupation phase implies a simplification and reduction of the gut microbiome, which, nevertheless, is not completely erased. After that, as the emerging adult starts to feed, bacteria start to grow again, comprising on one hand the species that survived the pupation and, on the other, a new species that, according to the difference in diet, may or may not be similar to the ones in the larvae (Arias-Cordero et al., 2012; Hammer et al., 2014). A particular case is the honeybee, *Apis mellifera*, in which, due to the cleaning behaviour of nutrices, the larvae are regarded as an almost-sterile environment, and the worker bee acquires a characteristic microflora as it emerges from the brood cell through two mechanisms: trophallaxis and contact with the hive (Martinson et al., 2012). The maternal transmission of endosymbionts, present from the first larval stages to the reproducing adults, indicates that metamorphosis does not affect the presence of the bacteria in the bacteriomes throughout the life cycle. Nevertheless, bacterial load can change with time. The dynamics of bacteriocytes during metamorphosis has been studied in the carpenter ant Camponotus floridanus, hosting the mutualistic symbiont *Blochmannia floridanus*. In these ants there is a surprising increase in both bacterial load and number of bacteriocytes in the midgut epithelium during metamorphosis, starting in the last larval instar (Stoll et al., 2010). During metamorphosis *Blochmannia* appears to also colonize non-bacteriocyte cells, while in adults it gradually decreases.

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In conclusion, if surveying the presence of maternally-transmitted symbionts, the life stage of the specimens can be neglected. However, if dealing with gut bacteria it is necessary to pay attention to this feature, especially in the case of holometabolous insects.

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## 3. Sample storage and dissection

### 251 **3.1 Storage**

- 252 The fate of each collected specimen must be determined at the very beginning of sampling. In fact,
- 253 different techniques require different methods of sample storage.
- 254 Specimens for molecular analyses are usually stored in ethanol and kept at -20°C. When cooperating
- with unqualified personnel or volunteers during sampling campaigns, it is especially important to
- 256 underline that denatured ethanol is not suitable for sample preservation. To ensure the permeation of
- 257 the body of larger insects with ethanol, one or more legs can be removed. If dissection is required, it
- 258 is better to perform it before the addition of ethanol and store separate organs. In fact, tissue
- dehydration caused by ethanol can hamper dissection, even after rehydration in saline.
- 260 Specimens dedicated to bacterial isolation should be analysed immediately. It must be noted that
- 261 feeding the insects on artificial diets, even for a few days, can dramatically change their gut
- 262 communities due to the fast growth of specific bacterial contaminants on diet material (Montagna et
- al., 2015). For this reason, the best option when immediate culture-based analysis is not feasible is to
- 264 collect live insects together with their native feeding substrate, and to analyze them as soon as
- possible.

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#### 3.2 Dissection

- 267 Prior to dissection, the insects should be killed, or at least anesthetized. Although studies on
- 268 nociception in *Drosophila* are still in the early stages, there is no doubt that insects show a pain
- 269 response to mechanical, thermal and chemical noxious stimuli (Im and Galko, 2012). A well-
- established entomologic technique for killing insects is to saturate the atmosphere in their cage with
- 271 chloroform or ether. This technique is suitable for molecular studies, as it is not likely to damage the

nucleic acids. However, to the best of our knowledge there is no knowledge of the possible effect of these gases on living bacterial symbionts inside the insect; therefore, for specimens dedicated to bacterial isolation, some authors prefer to use anesthetisation (Arias-Cordero et al., 2012) or sacrifice (Sudakaran et al., 2012) by exposure to low temperatures (ice or refrigerator). To avoid contamination by bacteria attached to the cuticle, which could be influenced by the environment and manipulation, it is recommended to sterilise the surface as a first step before the dissection, or before the smashing for bacterial isolation purposes. In the washing procedure, the specimen is rinsed a few times in water or ethanol (Arias-Cordero et al., 2012; Zouache et al., 2011); detergents, like SDS solutions, can also be used (Sudakaran et al., 2012). If the ethanol and detergents permeate the insect body it could affect the viability of the microbial symbionts. For this reason, the timing of the exposure to these chemicals should be evaluated in relation to the insect's body mass: for big beetles with thick cuticles this observation is irrelevant, while it can be important for small flies and mosquitoes. In any case, insect ingestion of chemicals should be avoided. The dissection of larger insects usually starts with the removal of the cuticle from the abdomen. At this point, with some experience, it is possible to visualize the native arrangement of the gut and other organs in the abdominal cavity (Ceja-Navarro et al., 2014). Organs of interest can then be removed. For larvae, the cuticle is usually cut along the side of the body, and all the fat tissue is gradually removed to uncover the gut. From small insects, like mosquitoes or *Drosophila* flies, it is still possible to obtain entire guts by gently pulling the head with pincers until the gut slides out of the body, attached to the mouth parts. The dissection of the gut of wild animals can be far more challenging that the dissection of specimens reared on artificial diets. In fact, the latter usually have larger amounts of good quality food available, resulting in a bigger and more swollen gut that is clearly distinguishable from the surrounding tissues. It is important to note that it is impossible to surface-sterilize single organs. Therefore, these organs can be contaminated by bacteria from the haemocoel and abdominal cavity.

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## 4. Culture-independent methods for community characterization

The biggest advantage of applying molecular methods is the detection of non-cultivable species, which outnumber cultivable ones in almost every environment. Indeed, insect primary endosymbionts are often intrinsically not cultivable, making the molecular approach the only available choice. Furthermore, samples for molecular analyses can be collected throughout the field season and stored in ethanol without affecting the analysis, whereas the cultivation-based approach requires the immediate processing of the collected insects, restricting the time available for microbiome study. As is known, PCR-based methods are affected by multiple factors that can influence the reliability of microbial community characterization, as reported below.

#### 4.1 DNA extraction.

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The first critical step is the extraction of DNA. In soil, different extraction methods result in markedly different community profiles (de Lipthay et al., 2004; Feinstein et al., 2009). Although soil is considered one of the most "difficult" substrates for DNA extraction, even for insects some critical factors must be taken into account. Extraction protocols start with lysis, for which a combination of mechanical, enzymatic and chemical treatments is used. In the first step, for entire insects, especially those with hard cuticles, liquid nitrogen freezing and ceramic pestle-smashing is the most popular option (Sudakaran et al., 2012), while single organs (e.g. gut) can be smashed in saline using a small, tube-fitted pestle (Crotti et al., 2009). Bead beating or sonication is also reported (Broderick et al., 2004). However, aggressive beating is not generally required to detach bacteria from insect tissues, and even a single brief centrifugation can be sufficient to separate most bacteria from gut cells and other debris (Santo Domingo et al., 1998). Instead, to achieve enzymatic lysis, proteases, lysozymes or other lytic enzymes are added. Indeed, it is advisable to carry out lysozyme treatment as it promotes the release of nucleic acids from the gram-positive, which, due to their harder cell wall, can have a lower extraction yield. The use of specific enzymes to extract DNA from particular gram-positives is also reported: for example, Nikodinovich et al. (Nikodinovic et al., 2003) recommend a chromopeptidase

to improve extraction from Streptomycetes. Finally, chemical lysis disrupts cell membranes and releases DNA: this is particularly important for endosymbionts, which are enclosed in bacteriocytes. For this purpose, the sample is treated with detergents such as CTAB (cetyltrimethylammonium bromide) or SDS (sodium dodecyl sulfate). Sometimes, EDTA (ethylenediaminetetraacetic acid) is added during mechanical or chemical lysis to impair DNAses naturally present in the sample. Enzymatic lysis must be performed before the addition of detergents because these latter denature protein, preventing enzymatic activity. After lysis and the release of nucleic acids from the cells, the DNA must be purified. Two main strategies are used to accomplish this step: i) chloroform-isoamyl alcohol extraction followed by isopropanol precipitation of DNA, ii) binding of the DNA to a silica membrane in the presence of chaotropic salts: the most commercial extraction kits rely on this method (e.g. MoBio Power Soil, Qiagen Blood&tissue). The first protocol, described in Zouache et al. (2011), is usually cheaper but is labour-intensive. When dealing with insects from soil, humic acids may also be co-extracted with this procedure. With regard to the second method, there are a number of kits and protocols available. For example, the popular Qiagen Blood & Tissue kit (Qiagen GmbH, Germany) comprises a protocol that is specific for insects. In this case, it is important to point out that the goal of this kit is to extract DNA from the insect itself, rather than from the bacteria, therefore at least one lysozyme pretreatment should be added. If humic acid inhibition is a problem (as can be the case for insects that live or feed on ground substrates), a good choice could be the commercial kits developed for DNA extraction from soil. These kits have also been used for insects that live above ground (Hammer et al., 2014). If using such a commercial kit, careful attention should be paid to cuticle grinding or removal as cuticle can easily clog the microcolumns. It is advisable to test the presence and quality of bacterial DNA in the extraction product by direct PCR amplification of the 16S rRNA gene, using the universal primer for bacteria rather than by measuring the DNA concentration spectrophotometrically or by gel electrophoresis. Moreover, in this case, a high DNA yield from the extraction would not reflect a high amount of bacterial DNA as the

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insect genome is always co-extracted. Co-extraction of the host genome and the use of the mixed

DNA template in PCR reactions implies two pitfalls that will be discussed in detail below: the

unspecific amplification of the host 18S rRNA gene (paragraph 4.2) and the amplification of bacterial

genes that are encoded in the host genome due to horizontal gene transfer (paragraph 4.5).

#### 4.2 Primer choice

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- 355 When amplifying the 16S rRNA gene, the critical points of a good primer choice are three: i) 356 universality, ii) variability of the amplified region, and iii) specificity for bacteria. 357 4.2.1 *Universality*. Although the literature describes a wide range of primers on the 16S rRNA gene, 358 none is truly universal, at least not without degeneracy. Several studies have tested, for their 359 universality, primer pairs in silico (Baker et al., 2003; Wang and Qian, 2009), proposing new couples. 360 Since it is impossible to identify the perfect couple, it is still important to ensure that the chosen 361 primer pairs are suitable for the given research purpose. Thus, the primer pairs should be tested in-362 silico for their universality using online tools such as the **RDP** ProbeMatch 363 (http://rdp.cme.msu.edu/probematch/search.jsp) Silva **TestPrime** (http://www.arbor 364 silva.de/search/testprime/). 365 4.2.2 Variability of the amplified region. Given that many molecular analyses, including pyrotag (see 366 paragraph 4.5) and DGGE (4.3), are performed on amplicons of a maximum of 500 base pairs, the 367 analysis must be restricted to one or two variable regions of the 16S rRNA gene. For this purpose, 368 the most common choice is to select the V1-V3 or V5-V6 regions as major variability lies in the V1, 369 V3 and V6 regions (Andersson et al., 2008). Yarza and colleagues (Yarza et al., 2014) carried out an 370 in-depth analysis, and showed that only by combining two or more variable regions can the full 371 recovery of all the taxonomic ranks present in the sample be achieved. 372
  - 4.2.3 Specificity for bacteria. When working with mixed eukaryotic-prokaryotic DNA, the risk of unspecific amplification should not be underestimated. In any DNA solution extracted from an insect there is a mix of bacterial DNA and DNA from the insect and its food source (e.g. from the prey, or from plant material). Some of the priming regions of 16S rRNA are conserved in plastid DNA or in

eukaryotic 18S rRNA (Huys et al., 2008; Prosdocimi et al., 2013). In some cases, the size of the amplicon from eukaryotic DNA is different from the size of the prokaryotic amplicon, allowing separation by means of gel electrophoresis. When the sizes are similar, the problem of unspecific amplification is difficult to detect. However, due to the higher proportion of eukaryotic DNA in the source sample, the bacterial amplicons will be underrepresented in the PCR product. To check primer pairs for this problem, PrimerBlast is a useful tool (http://www.ncbi.nlm.nih.gov/tools/primer-blast/) although it does not support primers with degeneracy. If it is not possible to find a suitable primer pair, one option is the nested-PCR approach: first, PCR amplification is performed with the primers 27F – 1492R, which are highly specific for bacteria and amplify the whole 16S rRNA gene; the result of this amplification is used as the template for the second PCR with the 16S primers of choice. To reduce the bias that comes from the double amplification (see following paragraph) the number of cycles in the first PCR should be reduced as much as possible. Another option is the design of a specific blocking primer (Vestheim and Jarman, 2008), a strategy that can require great effort for optimization.

## 4.3 Denaturing Gradient Gel Electrophoresis (DGGE).

The DGGE method is based on the separation of the different amplicons generated by a 16S rRNA PCR on a denaturing gradient polyacrylamide gel (Muyzer et al., 1993). DGGE band profiles are immediately and visually comparable, giving the researcher an idea of the complexity and variability of the bacterial community in many insect samples at the same time. This is useful in many cases: i) to directly compare individuals across time-scales, or different breeding conditions, or to test if the examined factor influences the bacterial community, and ii) to test for the presence of recognisable patterns of bands common to one group of samples. Compared to pyrotag, this method requires more bench work and optimization, but less bioinformatics analysis. However, it is possible to analyse the gel data both qualitatively and quantitatively with both proprietary software (e.g. Bio Rad Quantity One, Bio Rad Laboratories Inc., Hercules, California) and open-source software (ImageJ) if the appropriate markers are included.

If we exclude special cases, such as the highly bio-diverse gut of termites, the DGGE profile obtained from an insect consists of less than 20 bands (Marzorati et al., 2006; Raddadi et al., 2011; Rizzi et al., 2013). For the first trial, the denaturing gradient can be set to 40%-60% of denaturing agents. Bands originating from endosymbionts, whose genomes are usually rich in A and T, are mainly located on the top of the gel. Thus, when looking for endosymbionts, it is advisable to choose a denaturing gradient, starting from low denaturing agent percentages (<40%) to separate the bands better. In the case of plant-feeding insects, even if nested PCR has been performed to improve amplification specificity, bands corresponding to chloroplast can appear in the middle part of the gel. If *Wolbachia* sequences are retrieved, it is important to note that some insects harbour long stretches of this bacterium DNA in their genomes, due to horizontal gene transfer (HGT) events (Brelsfoard et al., 2014; Doudoumis et al., 2012; Dunning Hotopp et al., 2007, see paragraph 4.5). These HGT events have not yet been studied extensively, and could involve other bacteria besides *Wolbachia* (Dunning Hotopp et al., 2007).

## 4.4 Diagnostic PCR.

This technique consists in directly testing the presence of a specific symbiont within an insect individual, performing the PCR using specific primers targeting the symbiont. Research to date has produced a long list of insect endosymbionts, many of which are restricted to certain taxa (especially P-symbionts), while others are widespread through different orders (reproductive manipulators). This knowledge has been exploited to design a number of specific primers that can be used to detect symbiotic bacteria. This is the easiest kind of screening to assess the presence of known primary symbionts in newly studied insects. Moreover, it is useful to assess the distribution of S-symbionts across species, sampling sites and populations (Russell et al., 2012). Specific primers can also be used to set up qPCR assays, which are the most reliable method to quantify the presence of uncultivable symbionts, whereas other molecular methods give only an approximation of the contribution of a single species to the overall bacterial community (Amend et al., 2010). The literature reports a number of diagnostic primers for the best known symbionts: e.g. the list in Russell et al. (Russell et al., 2012).

428 As an alternative, it is possible to directly design specific primers from the 16S rRNA gene sequence 429 of the target bacterium. Primer specificity must be validated in silico, as discussed in paragraph 4.2, 430 and in control PCR reactions with both positive and negative control template DNA extracts. 431 The diagnostic PCR method has allowed researchers to shed light on the phenomenon of HGT from 432 bacteria, particularly Wolbachia, to their insect hosts. Antibiotic-treated insects, tse-tse flies 433 (Glossina morsitans), resulted positive for Wolbachia, and extensive insertions of Wolbachia genome 434 were found in the insect chromosomes (Brelsfoard et al., 2014; Doudoumis et al., 2012). Insertions 435 of the Wolbachia genome are also present in the genome of Drosophila ananassae, of wasps of the genus Nasonia, and in the nematodes Brugia malayi and Dirofilaria immitis (Dunning Hotopp et al., 436 437 2007). These insertions appear to be more common than previously thought, and could invalidate the 438 results of diagnostic PCR screenings, as well as other sequence-based surveys, giving false positives. 439 4.5 Next Generation Sequencing of the 16S rRNA gene (pyrotag). 440 In recent years, methods based on Next Generation Sequencing (NGS) have become the main tool to 441 investigate microbial communities, and are becoming increasingly popular. In fact, one of the 442 principal applications of NGS platforms is the sequencing of 16S rRNA amplicons, which is possible 443 from almost all kinds of environmental sample. 444 4.5.1 Platform choice. For sequencing, different devices can be chosen; the most common are 445 Roche 454FLX, the first pyrosequencing platform available, or Illumina (HiSeq or MiSeq), which is 446 rapidly overtaking 454FLX for its lower costs and higher sequencing depth. Indeed, the trend is 447 towards increasing usage of Illumina, and there are already papers investigating insect communities 448 with this method (Hammer et al., 2014). In this context, Illumina technology can be successfully 449 applied to compare bacterial communities from many different insects, and assess microbiome 450 modifications that occur with change in environmental parameters, populations or species. However, 451 454FLX is more suitable for in-depth studies of the composition of a single insect's microflora, 452 eliciting information about function as it produces longer readouts than Illumina technology. For this 453 purpose, the bioinformatics tool PICRUSt can be used (Langille et al., 2013; Montagna et al., 2015). 4.5.2 Number of sequences required. Pilot studies. The number of sequences per sample is largely dependent on the microbial community therein. Hence, the most accurate way to determine the minimum number of sequences is to perform a pilot study, and inspect the rarefaction curve that correlates the number of taxa found to the sequencing effort. Different types of rarefaction curves can be obtained easily by following the Qiime alpha-diversity pipeline (for Qiime see paragraph 4.5.3). A pilot study to assess community diversity can also be performed by low resolution methods such as DGGE. In fact, in some species the bacterial composition of different individuals can vary greatly. For example, when analysing whole insects, it should be noted that sometimes primary and secondary symbionts, particularly Wolbachia, can be present in very high loads, compared to other bacteria, thus "shadowing" the remaining diversity. For the same reason, this kind of preliminary analysis can be useful to decide if it is worth pooling small insects together or not. In this respect, it must be remembered that pooling always implies a loss of information on individual variability, which can lead to data misinterpretation. 4.5.3 Data analysis. One of the most popular platforms for data analysis is Qiime (Quantitative Insights in Microbial Ecology, www.qiime.org) (Caporaso et al., 2010), which requires a Linux operating system and basic knowledge on related command line writing. The Qiime workflow comprises all the basic operations to de-noise and filter data, and to cluster the sequences into OTUs with a taxonomic assignation. Moreover, a script included in the pipeline (ChimeraSlayer) excludes the chimeric OTUS from the analysis (chimeras are DNA sequences composed of mixed DNA from two or more parents, produced as artefacts of the PCR reaction). Finally, it estimates diversity within samples (alpha) and between samples (beta). The Qiime analysis pipeline can be run as either an almost totally automated way (using default parameters) or highly customized. The software is opensource and can be modified by anyone experienced in python programming: detailed tutorials are available on the website. An important note for insect related data regards the use of databases: Silva databases comprise eukaryotic 18S sequences, allowing the detection of possible insect sequences in the sample (originated by poor primer specificity, as seen before); instead Greengenes databases are

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480 exclusively prokaryotic, eukaryotic sequences not being recognised and thus shown as unassigned.

481 An alternative to Qiime is Mothur (<a href="http://www.mothur.org">http://www.mothur.org</a>). Furthermore, a conceptually different

482 method for the analysis of sequence data, based on the idea of "phylogenetic entropy", was recently

483 applied to the analysis of the bacterial community of a mite, with the web tool PhyloH (Sandionigi et

484 al., 2014).

A valuable instrument to reconstruct phylogenies, and identify the species from sequences, is ARB (Ludwig et al., 2004). This software package is available on the Silva website (http://www.arbsilva.de) and requires a Linux operating system, although it is not run by command line like Qiime.

# 4.6 Phylogenetic micro arrays

The product of a PCR amplification of the 16S rRNA gene from an insect sample can also be analysed through the hybridization of a phylogenetic array. This application is reviewed, among other metagenomics approaches, by Nikolaki and Tsiamis (Nikolaki and Tsiamis, 2013). Like other arrays designed for gene expression, phylogenetic arrays contain a wide panel of DNA probes; in this case, the probe design is based on the 16S rRNA genes of known bacterial families. After hybridization, it is possible to recognise the taxonomic groups within the sample by checking which probes effectively bind to matching amplicons in the PCR product. The most comprehensive phylogenetic array platform is the PhyloChip (Affymetrix, Santa Clara, California), which has been used in a variety of microbial ecology studies of different environments (Hazen et al., 2010; Kellogg et al., 2012; Sagaram et al., 2009; Tsiamis et al., 2012). PhyloChip is based on the 16S database "Greengenes" and is constantly updated. To the best of our knowledge, this technology has not yet been applied to the study of the bacterial communities of insects. Nevertheless, it is a sensitive and effective method that will prove useful also in this field. Its main drawback is the impossibility of discovering new taxa that are not represented in the probes.

Based on the use of microarrays, a comparative genomic hybridization approach has been employed

to examine the genomes of several Wolbachia strains, revealing the presence in Wolbachia genomes

of mosaic features, and underlying the importance that lateral gene transfer events have had in *Wolbachia* evolution and diversity (Ishmael et al., 2009).

### 4.7 Sequencing metagenomes and metatranscriptomes.

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The term "metagenomes" and "metatranscriptomes" used here refers to the shotgun sequencing of the whole DNA or cDNA from a given environmental sample. Analysis of the resulting sequence dataset leads to a better understanding of both the taxonomical composition and the metabolic potential of a given bacterial community, through comparison with known sequenced gene encoding enzymes. To the best of our knowledge, metagenomic/metatranscriptomic sequencing has, to date, been applied to insect symbionts by only a few authors with a specific interest in wood degrading systems (Liu et al., 2013; Scully et al., 2013a) or in honeybee gut physiology (Engel et al., 2012; Lee et al., 2014). More scientific literature is available on the transcriptomic profiles of the insect themselves instead, sometimes connected to bacterial colonisation (Cornman et al., 2013). Scully and colleagues (Scully et al., 2013a, 2013b) published two research papers describing the metagenome and metatrascriptome of the gut of the cerambycid beetle *Anoplophora glabripennis*, casting light on the contribution of both the host and its bacterial community to the digestion of recalcitrant polymers. In planning this kind of experiment one major decision must be made: to sequence only the bacterial DNA (RNA) or to sequence the nucleic acids from the symbionts and the host together. In the former case, the gut bacteria can be separated from the surrounding insect tissue mechanically, or by centrifugation (Liu et al., 2013; Scully et al., 2013a), while in the case of endosymbionts no separation is possible. In the latter case, it must be remembered that the DNA and RNA content of eukaryotic cells is much higher than that of prokaryotes; thus, depending on the sequencing depth, the information from bacteria could be insufficient for a proper analysis. Therefore, a higher number of sequences is required. Moreover, the separation between co-sequenced eukaryotic and prokaryotic DNA can be tricky due to HGT events (see paragraph 4.5). Dunning Hotopp and colleagues speculate that the common exclusion of prokaryotic sequences from eukaryote genome sequencing projects leads to an underestimation of the HGT phenomenon (Dunning Hotopp et al., 2007).

"Information mining" within great amounts of sequence data depends strictly on the specific questions of the researcher. An informative overview of the available techniques, for both sample preparation and data analysis, can be found in the review by di Bella and co-workers (Di Bella et al., 2013). For a detailed idea of the technical issues involved in transcriptomic experiments we suggest the review by Westermann and colleagues (Westermann et al., 2012). Although speaking about pathogens rather than symbionts, it gives a detailed discussion of the questions that arise from an experimental design involving, at the same time, one eukaryotic host and one or more bacterial residents. A final interesting example regarding the application of these methods to insect gut symbiosis can be found in the paper by Xie and colleagues (Xie et al., 2012), who detected a number of genes for resistance to xenobiotics in the *Bemisia tabaci* microbiome.

### 5. Bacterial isolation and cultivation

Although there is no agreement concerning the estimation of the proportion of uncultivable bacterial species, it is common knowledge that they greatly outnumber cultivable ones. Therefore, a culture-based survey of a bacterial community cannot claim to be complete. Most endosymbionts are not yet cultivable (for one exception, see (Matthew et al., 2005)), therefore culture efforts should focus on gut microflora. Moreover, handling a collection of bacterial strains gives the opportunity to test directly, *in vivo* and *in vitro*, hypotheses on their role in insect physiology, an aspect that is lacking in many studies about microbial characterization in insects. Thus, this approach could be the first step to fill the gap in knowledge. Finally yet importantly, isolates can be used in a range of biotechnological applications, beyond the pure investigation of natural environments (Crotti et al., 2012). Bacteria have been proposed as probiotics to improve the health of useful insects like honeybees (Crotti et al., 2013; Hamdi et al., 2011), or to improve the effectiveness of the sterile insect technique (i.e. release of sterile males to control a pest population) (Augustinos et al., 2015; Gavriel et al., 2011). On the other hand, paratransgenesis is a promising technique against vector-borne diseases (Hurwitz et al., 2011a).

A drawback of culture-dependent methods is the need for fresh insect specimens, which cannot be preserved after sacrifice. Bacterial isolation is typically performed by smashing insect gut (or the whole animal) with a sterile pestle in saline, and plating or inoculating dilutions of the homogenate on various culture media. By directly plating serial dilutions of the homogenate onto a rich culture medium it is possible to isolate those bacteria that are present at higher concentration and that grow faster than others. In insect gut, a number of Enterobacteriales usually fall in this category. To maximize the proportion of cultivated strains, the best practice for media preparation is to mimic, as closely as possible, the natural environment of the bacteria. To obtain information about how the gut environment looks, in terms of physio-chemical conditions, micro-sensors have been used. For example, Lemke et al. (Lemke et al., 2003) provided a detailed description of important parameters such as pH, redox potential, and gas exchange along the entire gut tract of *Pachnoda ephippiata* larvae (Coleoptera: Scarabeidae). These parameters can vary both spatially (in different gut tracts) and temporally (in different life stages). Oxygen availability in the gut varies greatly among insects, but it is usually higher in smaller insects, while in bigger ones the gut can be almost totally anoxic (Ceja-Navarro et al., 2014) or divided into anoxic compartments. In such cases, oxygen usually enters the foregut with food, decreasing as the food reaches the midgut and hindgut. Anoxic conditions for the isolation of bacteria can be obtained using an anaerobic chamber or, if not available, using sealed jars with oxygen subtractors such as Anaerocult A (Merck Millipore). In the case of particular activities (e.g. degradation of specific substrates) or certain species, enrichment cultures can be obtained in liquid culture media prior to plating. For example, for cellulose degrading bacteria the literature reports a range of enrichment media (Gupta et al., 2012), containing filter paper or carboxymethyl-cellulose, while the isolation of acetic acid bacteria, which are widespread symbionts of sugar-feeding insects, is carried out on acid media containing high proportions of sugar or ethanol (Kounatidis et al., 2009; Lisdiyanti et al., 2001). Several enrichment steps can be performed by inoculating fresh enrichment medium with an aliquot of the enriched culture.

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Diversity in the strain collection can be assessed using fingerprinting techniques; the most popular being Internal Transcribed Spacer (ITS)-PCR. Indeed, PCR amplification of the ITS regions produces a characteristic profile of amplicons of different sizes, usually visualized on an agarose gel, demonstrated to be species or subspecies-specific (Daffonchio et al., 1998) and widely applied for de-replication of environmental bacterial collections (Mapelli et al., 2013; Marasco et al., 2012). Identification of the strains grouped by ITS fingerprinting is then achieved by sequencing, only in polymorphic strains, the 16S rRNA gene, followed by BLAST search or using other online tools such as RDP classifier (Wang et al., 2007), SINA aligner (Pruesse et al., 2012) or EZTaxon (Kim et al., 2012). Sequences can also be used to reconstruct phylogenies, together with sequences from type and non-type strains, using ARB (Ludwig et al., 2004).

### 5.1 Isolate screening.

Some studies infer metabolic potential of the gut microbiome from metagenomic and metatranscriptomic data (Engel et al., 2012; Scully et al., 2013a, 2013b). Direct screening of the isolates for specific activities is another straightforward and simple way of assessing the possible contribution of the bacteria to the host metabolism. Many *in vitro* tests can be performed quite easily, and others can be created or re-adapted from the literature to fit the individual case study. For example, after finding pectate-lyases during a metagenomic survey of the microbiome of honeybee gut, Engel et al. (Engel et al., 2012) verified the pectin degradation ability of isolates from honeybee gut. Interestingly, only some strains within the *Gilliamella* genus possess this activity that could contribute to pollen digestion.

5.1.1 Carbon metabolism. A number of insects feed on recalcitrant plant polymers, and although many of them secrete enzymes to digest such substances (Sugimura et al., 2003), the digestion of complex polysaccharide matrices most likely results from cooperation between the insect and its bacterial and fungal microbiome. Indeed, the termite has the best known wood-degrading microbial consortia (Ohkuma, 2003). In order to assess the degrading capabilities of bacterial isolates, a number of plate tests can be easily performed (Table 1). Isolates can also be grown on a mineral medium in

the presence of sugar monomers and dimers, originated by complex sugar hydrolysis, as the sole carbon source, e.g., arabinose and xylose, the major components of xylan, or cellobiose, a cellulose dimer (two glucose molecules joined by a beta bond). To this end, a plate reader spectrophotometer can be used for O.D. (optical density) measurements, allowing multiple assays at a time. 5.1.2 Nitrogen metabolism. Herbivorous diets are generally poor in nitrogen, e.g., in wood the carbon to nitrogen ratio can be as high as 1000/1. However bacterial symbionts can directly fix atmospheric nitrogen, thus helping their host to cope with nitrogen scarcity (Behar et al., 2005; Ceja-Navarro et al., 2014; Morales-Jiménez et al., 2013). Alternatively, the nitrogen waste can be recycled from the insect itself: nitrogen excretion in insects passes through the Malpighian tubules, collecting the uric acid in the body cavity and then conferring it the anterior hindgut. Other nitrogen sources in the gut of herbivorous insects are the urea produced by the gut microbiome itself, and cell-wall proteins. Easy biochemical tests reveal the presence of urease or uricase activity, or the secretion of proteases. Another option to investigate nitrogen fixing ability is the detection of the nitrogenase gene by PCR (Gaby and Buckley, 2012), and, finally, nitrogenase activity can be measured by acetylene reduction assay (Hardy et al., 1968). 5.1.3 Screening for other nutritional activities. Bacteria can be involved in the detoxification of diet compounds. It has also been demonstrated that they can even confer resistance to pesticides (Kikuchi et al., 2012). In order to protect themselves many herbivorous insects specialize in feeding on plants that synthesize toxic metabolites. A common plant defence against insects is the production of tannins, which reduce protein availability in the insect diet. Several bacteria have been shown to produce tannases, which could breakdown these toxic metabolites in insect gut (Aguilar et al., 2007). The survival of isolated bacteria on toxic compounds can be tested directly on liquid or agar cultures.

# **6.** Fluorescent microscopy methods

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Microscopy techniques are an invaluable resource to obtain information on symbiont localization, and to speculate on function as the presence of bacteria in different body parts is indicative of their

role and route of transmission. Bacteria often inhabit very specialized sub-niches in the gut or are localized in specific positions in the bacteriocytes and reproductive organs, hence microscopy is the method of choice to observe the situation in detail, e.g., *Candidatus* Midichloria mitochondrii were found, as suggested by the name, to inhabit the mitochondria of the ovarian cells of ticks (Beninati et al., 2004; Sassera et al., 2006). The most popular method of detecting a bacterial species in a sample is *in situ* hybridization (ISH), based on an oligonucleotide probe complementary to a small fragment of 16S rRNA gene. The visualization of the probe is done by immunohistochemistry or, more often, fluorescence microscopy. In the former, the sample is treated with a DNA probe joined to the digoxygenin antigen, which in turn is bound by an antibody conjugated with an enzyme; the activity of this enzyme is then detected by adding a chromogenic substrate (Beninati et al., 2004; Favia et al., 2007) that is visualized with light microscopy. The method is quite labour-intensive and has been replaced in most cases by Fluorescence *In Situ* Hybridization (FISH), in which a DNA probe is conjugated with a fluorescent label.

Immunocytochemistry is also used to stain different cells in host tissues, especially for an accurate description of the interaction between symbionts and host organs (Frydman et al., 2006).

#### **6.1** FISH.

Fluorescence *in situ* hybridization is based on the hybridisation of a DNA oligonucleotide conjugated with a fluorochrome to the bacterial DNA. This technique is a powerful method to detect bacteria directly in field-collected samples (Gonella et al., 2011). Tissues can be preserved by fixation, thus enabling researchers to choose the most suitable timing for their experiments. The first step to perform FISH is to design, or select from the literature, a specific probe. If the aim is to detect a particular species, the probe should hybridize on the 16S rRNA gene of the target species. Indeed, specific probes can be designed using bacterial 16S rRNA gene sequences from available databases. Furthermore, the high copy number of ribosomal RNA genes inside bacterial cells provides a strong fluorescence signal. Particular features of bacterial communities can be investigated by designing FISH probes for functional genes. To design probes for the 16S rRNA gene, the PROBE\_DESIGN

tool within the ARB software package can be used (Ludwig et al., 2004). The SILVA website is another useful source of information about how to perform FISH (http://www.arb-silva.de/fishprobes/). The probes can be verified in-silico also using the online tool "probe match" of RDP (http://rdp.cme.msu.edu/index.jsp, (Cole et al., 2014)) If possible, FISH probes should then be tested on bacterial isolates or known positive samples to assess the specificity and adjust the stringency conditions. This step is also necessary for probes available in the literature as different working conditions lead to different specificity features. Moreover, different substrates can include, or not, species closely related to the target – a situation that requires a higher degree of stringency in the assay. Thus, it is important to verify that the probes can detect the target species, and are not crosshybridizing with other bacterial DNA in the sample. FISH can be performed directly on bacterial cultures of the isolates or, if the target bacterium is uncultivable, on an E. coli clone from a library, carrying the 16S rRNA of the target bacterium (Schramm et al., 2002). Usually, a probe targeting all bacteria is included in the assay. A second preparatory step for the FISH assay consists in the observation of the target insect tissue by an epifluorescence microscope. Indeed, insect tissues and even the plant based diet of the insect can have a level of autofluorescence. Thus, in accordance with the endogenous level of fluorescence of the sample, and the area in which bacteria are expected to be, the researcher can choose the appropriate fluorescent dves conjugated to the probes. Additional nuclear staining (e.g. DAPI (4',6-diamidino-2-phenylindole) Propidium Iodide) is recommended to better localize bacteria within tissue, using the position of the eukaryotic nuclei as the reference. For this, actin filaments in the host cells can be marked using fluorescent phalloidin. For small insects, such as mosquitoes or Drosophila flies, whole organs can be stained in a 1.5 ml plastic tube, mounting the glass slide as the final step. According to their thickness, these thin samples can be observed in an epifluorescence microscope or, better still, in a confocal fluorescence microscope, enabling the observation of multiple focal planes at different depths. For larger insects, the organs (particularly gut) can often be too thick to observe a suitable focal plane on the Z-axis, or to allow light penetration to the desired plane. In this case, good images require micro-sections. One

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of the most feasible techniques is cryo-sectioning. This method preserves tissue morphology, without the need for histological preparations, such as resin infiltration, that require time and equipment. In this case, DAPI staining and hybridization with probes can be performed on tissue slices on the glass slides. Unfortunately, gut sections are especially fragile because the gut content is easily detached from tissue during the washing and staining procedures. For this reason it is also possible to perform DAPI staining and hybridization on whole organs before freezing, and to observe the slides immediately after tissue cutting. The success of this second option depends on the penetration rate of the probe into the insect tissue, which is in turn linked to the size of the organ, and can be improved by pepsin treatment. However, preliminary experiments are usually required to choose the best visualization options for each case study.

Examples of the application of FISH to the study of insect symbiont localization can be found in Balmand et al., 2013; Gonella et al., 2011; Hayashi et al., 2015; Matsuura et al., 2015; and Stoll et

699 al., 2010.

### **6.2** Fluorescent protein tagged strains

If an interesting strain is found among the isolates, the first step to characterize its interaction with
the host is its transformation using a fluorescent protein. The fluorescent clone can subsequently be
administered to the host to investigate i) colonization routes and timing, ii) persistence over time and
across different life stages, iii) transmission routes (maternal, paternal, environmental) iv) crosscolonization of different species (Damiani et al., 2008; Earl et al., 2015; Gonella et al., 2012; Kikuchi
and Fukatsu, 2013).

This approach requires not only a bacterial strain that is easily cultivated and transformed, but also the management of stable insect breeding and rearing.

6.2.1 Marking systems for bacteria. Several marking systems are described in the literature to transform bacteria with genes encoding different fluorescent proteins: and it is from among them that the researcher has to choose, according to the target species and experimental constraints. The following, an overview of the principal features of these systems, will help researchers new to this

field to better understand the available options. Depending on the final position of the marker gene (usually encoding a fluorescent protein, e.g. GFP) in the host strain, the marking can be chromosomal if the marker gene is located on the bacterial chromosome, or episomal if it is on a plasmid. The genes for fluorescent proteins are usually encoded in specific plasmids to enable them to be transferred to the target strain, and coupled with an antibiotic resistance gene to select cells that acquire them. If the marking is chromosomal, the plasmid lacks the replication origin that allows it to replicate in the host. Thus, as it cannot persist in the host cytoplasm it integrates in the genome through molecular mechanisms derived by transposons or phages. In some cases the insertion occurs in a specific, neutral site, such as attTn7 in tn7-based systems (Choi and Schweizer, 2006; Lambertsen et al., 2004), while in others the insertion is random, raising the issue of the influence of insertion on gene expression. Chromosomal marking is usually more stable, and allows the cultivation of the bacterium without selective pressure (i.e. antibiotics). As a consequence, insects receiving the bacterial inoculum do not need antibiotic treatment, thus closely resembling the natural environment. Conversely, for episomal marking, a vector carrying a replication origin recognized by the host is used, the vector thus continuously replicating in its cytosol. In this case, continuous antibiotic selection is needed to avoid plasmid loss through generations; however, the fluorescence can be brighter due to the multiple plasmid copies present in a single cell at the same time. However, the level of expression of the fluorescent protein is largely dependent on the bacterial strain. Another important difference among marking systems concerns the delivery mode of the marking gene to the bacterial cell: by transformation or by conjugation. In the former, only two strains are involved: the target and the donor (usually E. coli). The plasmid is purified from the donor, usually using a commercial kit, while the target is grown in liquid culture and washed to obtain competent cells (i.e. cells capable of acquiring foreign DNA). The purified DNA is then introduced directly into the competent cells by heat-shock transformation or electroporation. The first technique works well with E. coli, but is generally regarded as less effective in terms of number of transformants. For this reason, electrotransformation is advisable in the case of environmental isolates. The second method

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requires electroporator equipment to subject the competent cells, mixed with plasmid DNA, to a voltage (Mostafa et al., 2002). After transformation, the bacteria are usually grown for a short period of time, one or a few hours in a rich liquid medium without antibiotics, and then plated on appropriate plates with added antibiotic(s), to select the transformed cells. The conjugation method exploits the natural horizontal DNA transfer mechanism between bacteria of different species. To transfer the DNA by conjugation complex molecular machinery is required; thus, unless the donor strain retains all the required features, more than two strains can be involved: the donor strain, the target bacterium and one or two helper strains. The strains are grown separately in liquid cultures, washed, mixed together in appropriate ratios and plated or spotted on filter paper. Only after the conjugation time (usually overnight, or longer) the exconjugants are exposed to antibiotic(s) to select target bacteria that acquired the marker gene. To plan a transformation experiment, a marking system has to be chosen, according, primarily, to the target bacterial species. Various marking systems have been developed, but they differ in many features such as origin of replication of the plasmids and delivery mode; the systems must, primarily, be suitable for different taxa. There are many taxon-specific characteristics that affect transformation efficiency: recognized replication origin, methylation of the DNA, type of cell wall (i.e. Gram positives/negatives), codon usage. Prior to starting an experiment it is necessary to verify the antibiotic resistance profile of the target strain, which should be sensitive to the antibiotics used in the selection of transformed cells. If using a conjugation-based system, the target strain should have one antibiotic resistance in the genome, or should grow in special selective conditions (e.g. high salinity, low pH) to allow separation from the donor strain. For this purpose it is sometimes possible to select naturally occurring mutants that are resistant to rifampicin. Furthermore, to optimize the visualization, the fluorescent protein suitable for each study must be selected according to the natural fluorescence of the target insect organs. Also the bacteria themselves can have natural autofluorescence that should be checked. Table 2 shows a short list of marking systems that have been used in experiments involving insect colonisations.

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## 7. In vivo experiments

The recolonization of an insect with marked symbionts can have several purposes: i) to assess the beneficial effect of the symbionts on insect growth or fitness, ii) to verify the transmission routes of the bacterium iii) to assess the localization of the bacterium within the insect. All three aspects are discussed by Kikuchi and colleagues in an elegant study on *Riptortus pedestris* (Kikuchi and Fukatsu, 2013). Conversely, it could be useful to deprive the insect of a symbiont to investigate whether the symbiont is necessary, beneficial or neutral to the host (Chouaia et al., 2012).

## 7.1 Symbiont deprivation and mono-associated insects.

The creation of "aposymbiotic" insects is the best method to assess the importance of a symbiont for host survival and fitness. Moreover, it is the only applicable strategy when the target bacterium is an uncultivable endosymbiont, of which the effect can only be proved in a negative manner (by subtracting it rather than adding). Aposymbiotic insects have been studied since the fifties (Brooks and Glenn Richards, 1955) and can be obtained by various methods, reviewed by Wilkinson (Wilkinson, 1998), among which the most popular and effective is antibiotic treatment. This strategy permits, for example, an assessment of the dependency of pea aphids on Buchnera symbionts for the production of some essential amino acids (Wilkinson and Ishikawa, 2000). Germ-free Drosophila can be produced also by bleaching the embryos and rearing them on sterile medium, without the use of antibiotics. However, sterile conditions are very difficult to maintain; thus, germ-free stocks are usually reared on diets supplemented with a mix of antibiotics (Storelli et al., 2011). The comparison of germ-free (GF) and wild-type (WT) animals is a powerful method, but is not sufficient for most scientific purposes. Indeed, aposymbionts are deprived of their entire microbiome, which is, in most cases, composed by more than one species and it is thus impossible to attribute the better performance observed in WT animals to a single bacterial species. Furthermore, it is difficult to prove that the antibiotic itself is harmless for the insect. For these reasons, many studies use aposymbiotic insects as a starting point to produce mono-associated insects, which are inoculated with a particular strain

usually provided with the feeding medium. In *Drosophila*, this strategy has allowed the screening of an entire library of mutated strains to assess which bacterial genes were responsible for the beneficial properties of the tested bacterium (Shin et al., 2011). In this case, the mono-associated insects were compared to both WT and GF animals. In another study, authored by Chouaia and colleagues (Chouaia et al., 2012), a rifampicin-resistant Asaia strain was used to recolonize rifampicin-treated mosquitoes. The development of rifampicin-treated specimens was delayed, while the colonization by Asaia restored the normal development rate, showing that the longer growing time was due to the absence of the symbionts rather than to rifampicin itself. Many gut symbionts are commensals acquired from the environment, and are selected in the gut by the complex habitat created by the host and the resident microbial community. It is reasonable to assume that these strains could persist and be beneficial to the insect through interaction with other members of the gut community. For these reasons, the colonization of insects with isolates could, in some cases, be performed directly on WT insects (Mitraka et al., 2013). One critical aspect of these experiments is the mode and delivery time of the bacterium. Since most of the cultivable symbionts are located primarily in the gut, bacteria are usually mixed with diet material. To ensure bacteria acquisition, insects can be subjected to fasting before being exposed to the inoculated food. Alternatively, the inoculated food is provided for sufficient time to ensure that the insects have had at least one meal. The timing is chosen according to the size and feeding habits of the animal. For example, Kikuchi and colleagues (Kikuchi and Fukatsu, 2013) left Riptortus pedestris nymphs without water for one night, and the animals immediately drank the inoculated water given to them the following morning; Storelli and colleagues (Storelli et al., 2011) allowed the eggs of Drosophila flies to hatch on inoculated medium; and in another study mosquitoes were fed an inoculated sugar diet for two hours (Damiani et al., 2008). In some cases, symbionts were acquired in a specific temporal window during development, and this should be considered when planning experiments (Kikuchi et al., 2011).

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7.1.1 Fitness measurements. To quantify the effect of a symbiont on host fitness is not a trivial matter. In many cases the beneficial effects become visible only in situations of stress or nutrient scarcity, but it must be remembered that laboratory reared insects usually live in controlled conditions, with plenty of food and optimal temperature and light/dark cycles. For example, the influence of Acetobacter pomorum on Drosophila larvae development is visible only when the amount of yeast extract in the diet is reduced (Shin et al., 2011), while in an applicative study on the fruit fly Ceratitis capitata the symbiont Klebsiella oxytoca is used to restore mating competitiveness of γ-irradiated males (Gavriel et al., 2011). Furthermore, the measurement of "fitness" can be performed in different ways and at different life stages, according to the expected effect of the bacterium. In most cases, growth rate or development time is measured at larval stages. In fact, holometabolous insects grow mainly as larvae, and different larval stages can be monitored observing moults, thus registering development time (Chouaia et al., 2012; Shin et al., 2011). Insects can also be measured and weighed, or mated to assess the mean number of eggs laid as an indicator of reproductive success (Kikuchi and Fukatsu, 2013). To specifically address the problem of male mating success of C. capitata, Gavriel and colleagues (2011) observed the proportion of individuals, from among sterile males inoculated with live and dead bacteria, that mated with WT females, demonstrating the contribution of probiotic treatment to increase the efficacy of the SIT (sterile insect technique) approach. For a similar SIT application, Augustinos and colleagues demonstrated the efficacy of their symbiont-based strategy to improve the mass rearing of medfly sterile males with a broad panel of measurements: pupal weight, mating competitiveness, survival to food and water starvation, flight ability (Augustinos et al., 2015). 7.1.2 Measurements of gene expression. In addition to fitness measurements, the response of the insect to the administration of a bacterium can be evaluated by measuring the expression of specific genes, such as insect anti-microbial peptides (AMPs), using real-time PCR assays. Generally speaking, AMPs are important and well-characterized immune effectors of insects and invertebrates that lack an adaptive immune system (Evans and Lopez, 2004).

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7.1.3 Localization and transmission routes. Having access to a marked clone of the target bacterium allows the researcher to localize it in colonized insects. To do this, it is possible to take advantage of the same microscopy techniques reviewed in the FISH paragraph. Fluorescent proteins are not affected by tissue fixation or freezing. According to the colonization pattern observed, it is possible to make and test hypotheses about the bacterial transmission. This approach was used to localize the symbiont *Asaia* in the gut, salivary glands and gonads of *Anopheles stephensi*, then demonstrating its maternal, paternal and environmental transmission, besides a capability to colonize different mosquito species (Crotti et al., 2009; Damiani et al., 2008; Favia et al., 2007).

## 8. Genetic manipulation techniques for advanced *in-vivo* studies

A further goal in symbiont research is an understanding of the genetic mechanisms that allow interaction between an insect and its bacterial hosts. In addition to metatranscriptomic studies, some authors have started to apply advanced genetic techniques primarily set up for medical research. These methods provide elegant demonstrations in hypothesis-based experiments, as well as the possibility of applying wide screenings.

However, the conditions for setting up this kind of experiment are severe. It is necessary to have well-established breeding of the target insect, with appropriate and fast screening systems to evaluate the fitness of animals colonized by different bacteria. Furthermore, the bacterium of interest should be easily cultivable and transformable. Finally, the availability of its sequenced genome is a great help.

### 8.1 Screenings based on insect phenotype

8.1.1 Site-specific mutations. Particular hypotheses on the interaction between bacteria and insects can be tested by impairing a specific gene on the bacterial genome and assessing the effect of the mutant strain on mono-associated insects. In the research group of Elke Genersch, this method has been used to validate the discovery of new virulence factors of the honeybee pathogen *Paenibacillus larvae* (Fünfhaus et al., 2013; Garcia-Gonzalez et al., 2014). With the constant increase in genomic and transcriptomic data on bacterial symbionts, it will be possible to formulate, and test, many

specific hypotheses. As an alternative, a group of different mutants can be tested at the same time by transposon mutagenesis.

8.1.2 Transposon mutagenesis. Shin and colleagues (Shin et al., 2011) created a library of Acetobacter pomorum in which each strain carried an insertion of a Tn5 transposon in one random position on the genome. The library was used to create cohorts of mono-associated Drosophila, which were compared according to weight and growth rate. The strains that produced slow-growing flies were subsequently analysed to understand which genes had been impaired by the insertion of the transposon. The authors found that 11 genes involved in the periplasmic pyrroloquinolinequinone–dependent alcohol dehydrogenase (PQQ-ADH)—dependent oxidative respiratory chain were damaged in the selected strains. This strategy allowed them to understand that the production of acetic acid by A. pomorum, mediated by the PQQ-ADH pathway, was important to enhance larval growth on a suboptimal diet.

## 8.2 Screenings based on bacterial survival in the host

IVET (In Vivo Expression Technology) and STM (Signature Tagged Mutagenesis), reviewed and compared in Chiang et al. (Chiang et al., 1999), have been developed to discover *In Vivo* Induced (IVI) genes. Reasonably, pathogenic organisms encounter, as they enter the host, environmental conditions that they do not experience outside. Thus, they react to the mutated situation by changing the gene expression profile, enhancing the transcription of the genes involved in colonization and pathogenesis. Therefore, many IVI genes are expected to be virulence factors. The same reasoning can be applied to symbionts. In the mutated conditions of the host body, they do not activate virulence factors, but they should be able to modify their gene expression in order to escape the immune system, to colonize their specific niche in the body and to exploit the food resources therein without damaging the insect, even possibly giving it an advantage. For this reason, the application of these techniques to the field of insect symbiosis appears, in our opinion, very promising. Both these techniques are based on a genetic selection that is independent of host fitness.

8.2.1 STM. Signature-tagged mutagenesis (STM) consists of a large-scale screening to detect the bacterial genes necessary for the survival of symbionts inside the host body. Like in the method described in paragraph 8.1.2, a transposon is used to impair random genes. In this case, a number of different transposon plasmids, each containing a sequence tag, is used to produce a set of libraries of randomly mutated strains of the same bacterium. Each library is originated by a transposon with a different tag. The tags are flanked by two invariant regions, to easily amplify them by PCR with the same primers. The libraries are used to create Input Pools (IP), combining one strain from each library. Each IP is administered to a different group of animals. After the experimental time, bacteria are recovered from the animals, generating Output Pools (OP). Strains that are mutated in genes fundamental to *in-vivo* survival of the bacteria will not overcome the phase inside the host, and will not be retrieved in the OP. Note that IP and OP can be compared by dot blot, after tag amplification. Strains present in the IP but not in the OP are thus analysed to detect their mutated genes, which are assumed necessary for bacterium permanence inside the host. To ensure that each gene in the bacterial genome is mutated in at least one strain, it is necessary to repeat the experiment with many input pools. STM has been successfully applied to human enteric pathogens (Cummins and Gahan, n.d.) as well as to the plant symbiont Sinorhizobium meliloti (Pobigaylo et al., 2006), while no report has yet been published on insect symbionts. 8.2.2 IVET. A more refined genetic manipulation is required for In Vivo Expression Technology (IVET) (Chiang et al., 1999). The aim of this technique is to select bacterial promoters that are active only in vivo, i.e. when the bacterium is inside the host. As a first step, the genomic DNA of the target bacterium is randomly fragmented through partial enzymatic digestion. The fragments are inserted upstream from a promoterless antibiotic resistance gene into a specific plasmid that is subsequently used to transform the target bacterium. In this last, the plasmids are unable to replicate, but they can integrate in the genome through a homologous recombination event, between the cloned genomic sequence and the corresponding region on the bacterial chromosome. Thus, a library of mutants is produced. As a result of the homologous recombination process, each of the mutants carries two

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tandem copies of a specific fragment of the genome. Downstream from one of the copies lies the promoterless antibiotic-resistance gene. The library is subjected to a first screening step on antibiotic medium to eliminate clones resistant to the antibiotic *in-vitro*, with a replica-plating-like process. Indeed, only those bacteria in which a promoter in the cloned genomic fragments drives the expression of the antibiotic resistance gene will survive on the antibiotic plates. These clones harbour a cloned copy of a promoter that is probably constitutive as it is active in optimal laboratory conditions, without any stress stimulus. Thus, these clones should be excluded from further screenings. The remaining clones of the library of mutants are introduced in the eukaryotic host as a whole, and, as in STM, are retrieved after some time. Differently from STM, the animal host is subjected to an antibiotic therapy for the duration of the experiment. In these conditions, only bacteria able to express the antibiotic resistance gene, due to the presence of a cloned in vivo activated promoter upstream, will survive. The bacteria in which the cloned portion of the genome coincides with inactive promoters or regions with other functions will die, or at least remain quiescent, inside the host. To further refine the selection, the retrieved pool of clones can be used for a second in vivo inoculation. Finally, the output pool will contain only bacteria in which a second copy of an in vivo activated promoter is present. Further analyses are needed to sequence it, and determine its native function in the genome, in order to understand which are the *in vivo* transcribed genes in its operon. To this extent, knowledge of the genome of the target bacterium is very useful. Many variants of this general idea have been developed. The screening can be based on the complementation of auxotrophy rather than on antibiotic resistance, avoiding the need to treat the hosts with an antibiotic (Gal et al., 2003). Finally, different methods have been developed to select against the constitutive promoters. An advancement of IVET is called RIVET – Recombinase-based IVET – and involves a recombinase that, when expressed due to promoter activation, permanently cleaves a marker gene elsewhere in the genome. RIVET is much more sensitive and can detect promoters activated at either low levels or transiently. Both IVET and RIVET are reviewed by Merrell and Camilli (Merrell and Camilli, 2000). IVET has also been applied to research on Bacillus cereus

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as a pathogen of insects, using the honeycomb moth *Galleria mellonella* as the model (Fedhila et al., 2006).

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#### 9. Conclusion

In recent years, literature data on insect bacterial symbionts have greatly increased, together with the fast development of sequencing techniques. However, a large number of works do not go beyond the description of taxa associated with insects. In our opinion, this great amount of data is an important resource that, so far, has not been exploited to any great degree. Indeed, in most cases the function of insect symbionts is unknown. Conversely, metagenomic studies show that RNA transcripts from symbionts can exert a variety of functions, but they give only a rough idea of which bacterium is actually producing them. Connecting taxonomy to function and, possibly, to symbionts obtained in culture, constitutes a great advance for science and biotechnology. The extraordinary evolutionary success of insects is at least partially due to their symbiotic relationships. For example, insect gut is a complex ecosystem that efficiently exploits a variety of food sources, including poor, unbalanced, toxic and difficult to digest substrates. Assessing the mechanisms through which this happens would be precious for research on waste management, including the possible reuse and exploitation of waste matter, as well as for the detoxification of contaminated substrates. In this context, the management of isolated strains would be an added high value, for both deepening knowledge and developing applications. On the other hand, knowing the processes underlying the survival, and resistance to treatment, of many agricultural pests and disease vectors could greatly contribute to research on animal and plant illnesses. In insect vectors, symbionts and pathogens coexist, but their interactions are far from fully elucidated. Instead, the interaction of gut symbionts with the host immune-system is well-documented (Lee et al., 2013; Ryu et al., 2008). Several management strategies based on symbionts, (reviewed in Crotti et al., 2012) have proved to be effective to control insect pests and disease vectors. For examples see paratransgenesis (Durvasula et al., 1997; Hurwitz et al., 2011b), symbiont-based improvements of the sterile insect technique (Augustinos et al., 2015; Gavriel et al.,

2011), and *Ceratitis capitata* control through the *Wolbachia* infection of males (Zabalou et al., 2004). For these reasons, insect symbionts are a promising field, one to be investigated using all the techniques available. Some are summarized in this review, the aim being to not only describe microbial diversity but also to link it to function and to potentiate research to find biotechnological applications.

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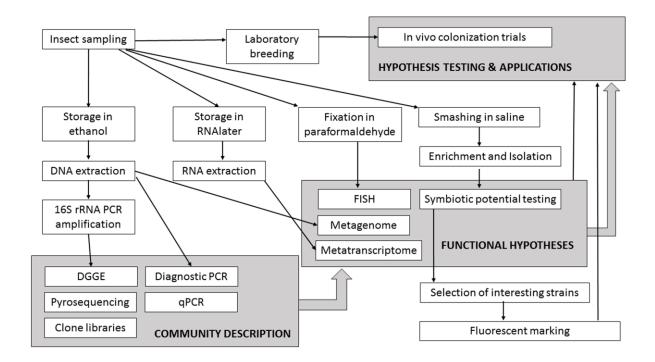
**Table 1.** Examples of screening tests to assess the symbiotic potential of the isolate collection.

Test	References	Description	
Endoglucanase	(Compant et al., 2005; Gupta et al.,	Congo-red staining	
	2012)		
Xylanase	(Park et al., 2007)	Congo-red staining	
Pectin degradation	(Engel et al., 2012; Park et al., 2007)	CTAB staining	
Protease secretion	(Garcia-Armisen et al., 2012)	Degragation halo in milk agar	
		plates	
EPS production	(Santaella et al., 2008)	Sucrose-rich medium	
Urease	(Arioli et al., 2007)	Colorimetric assay	
Uricase	(Morales-Jiménez et al., 2013)	Degradation halo in uric acid	
		agar plates	
Nitrogen fixation	(Gaby and Buckley, 2012)	PCR assay	
Ammonia production	(Cappuccino and Sherman, 1992)	Colorimetric assay	

**Table 2.** Examples of marking systems used to label bacteria in insect-related studies.

Fluorophore	Transformation method	Strains/plasmids required	Target bacteria	Ref.
Chromosomal GFP (mini tn7);	Conjugation and	Delivery strain: E. coli XL1-	Pseudomonas,	(Gonella et al., 2012;
Insertion site attTn7	transposition	Blue/miniTn7 (AKN67); Helper	Asaia	Lambertsen et al., 2004)
		strain: E. coli HB101/pRK600		
		(AKN 67); Helper strain: E. coli		
		SM10 ëpir/pUX-BF13 (AKN68)		
Chromosomal dsREd (mini	Conjugation and	Delivery strain: E.coli	Pseudomonas,	(Crotti et al., 2009;
tn5); Insertion site casual	transposition	Mv1190ëpir/TTN151 (LAM#5);	Asaia	Mølbak et al., 2007)
		Helper strain: E. coli		
		HB101/pRK600 (#331)		
Episomal GFP	Electroporation	E. coli pHM2-Gfp	Gram negatives	(Favia et al., 2007)

# **Figure 1.** Schematic representation of the workflow for the characterization of the microbial community associated to insects.



## Figure 2. Insect organs that could be the target of microbiological analysis.

