

Graphical Contents List

Gelatin-pectin composite films from polyion complex hydrogels

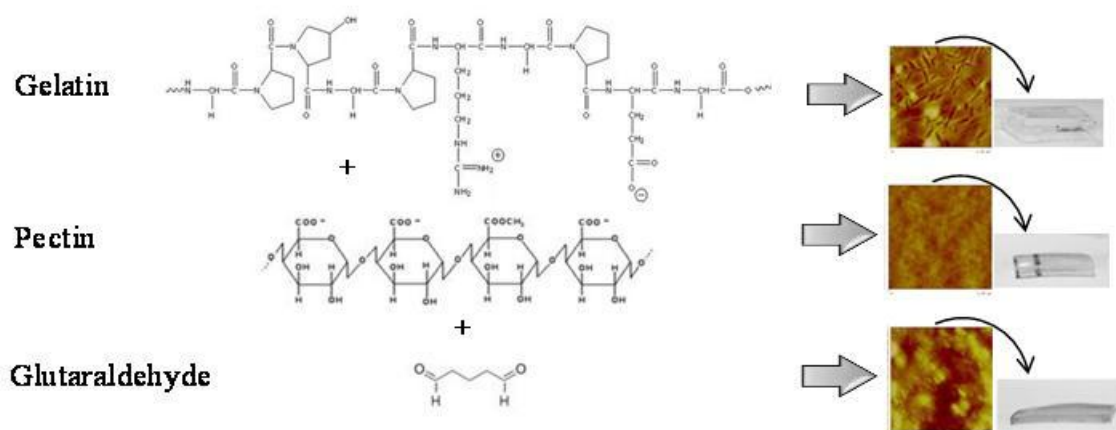
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ABSTRACT

Preparation and properties of composite films from gelatin and low-methoxyl pectin from simultaneous reversible and permanent polyion complex hydrogels are presented. Ionic interactions between positively charged gelatin and negatively charged pectin produce reversible physical hydrogels with homogeneous molecular arrangement that improve both mechanical and water resistance but do not alter thermal stability relative to single polymer gels. Subsequent addition of 0.3 weight percent (wt.-%) glutaraldehyde crosslinks gelatin heterogeneously, due to the presence of domains with non-uniform crosslinking, as revealed by the structural analysis. Resulting interspersed permanent chemical hydrogel showed a decreased swelling attitude by nearly 10 fold relative to films from gelatin alone and further improved mechanical performance (tensile strength and elongation at break). Results demonstrate that simultaneously exploiting the specific reactivity provided by the functional groups of both biopolymers can be used to create unique new structures with improved properties and offer potential for tailoring these to a wide range of targeted applications.

Keywords: AFM; crosslinking; electrostatic interactions; hydrogel films; SEM

38 **1. Introduction**

39 The past few years have witnessed rapidly expanding interest in renewable agricultural
40 feedstocks and marine food processing wastes as sources of biomolecules with potential to
41 replace synthetic polymers (Tharanathan, 2003) in fabricating biomaterials with bioactivity,
42 biocompatibility, biodegradability, and novel properties for unique applications (Lin &
43 Metters, 2006). As biomolecules have become more available, ever-increasing demand for
44 high-performance “natural” matrices for biomedical and pharmaceutical applications such as
45 tissue engineering (Khademhosseini & Langer, 2007) and organ regeneration (Skotak,
46 Leonov, Larsen, Noriega, & Subramanian, 2008; Jaklenec, Wan, Murray, & Mathiowitz,
47 2008; Lai, Lu, Chen, Tabata, & Hsiue, 2006), controlled drug delivery systems (Ghaffari,
48 Navaee, Oskoui, Bayati, & Rafiee-Tehrani, 2007; Wei, Sun, Wu, Yin, & Wu, 2006; Kurisawa
49 & Yui, 1998), bioadhesives for wound dressing (Ong, Wu, Moochhala, Tan, & Lu, 2008),
50 films, contact lenses, and capsules for oral ingestion (Hoffman et al., 2002) has stimulated
51 design of ‘smart’ matrices able to ‘sense’ external changes (pH, temperature, humidity) and
52 trigger release of active (drugs) and/or bioactive (protein and genes) compounds (Jeong, Kim,
53 & Bae, 2002). Although applications are less developed, these same properties offer promise
54 for use of biopolymers in packaging materials as stand-alone films (Mohareb & Mittal, 2007;
55 Weber, Haugaard, Festersen, & Bertelsen, 2002) and as thin layers that either carry active
56 compounds to be released into a targeted environment or provide a coating to improve the
57 properties of a base film (Gong, Katsuyama, Kurokawa, & Osada, 2003).

58 In spite of well-established benefits, biomaterials still suffer some drawbacks that hinder
59 full exploitation. Most widely recognized limitations include mechanical weakness (and thus
60 inability to withstand loads) (Farris, Introzzi, & Piergiovanni, 2009a), water sensitivity (which
61 leads to unwanted matrix failures) (Yao, Liu, Chang, Hsu, & Chen, 2004), and instability
62 under physiological conditions with unpredictable behaviour in long-term applications (Lin et
63 al., 2006). Although different strategies may be pursued to overcome these problems, the

64 inherent versatility and multifunctionality of such biomolecules offer a valuable opportunity
65 to improve their physicochemical and biochemical properties, thus affording new possibilities
66 for specific applications (Mourya & Inamdar, 2008; Ravi Kumar, 2000). Accordingly, one
67 way to improve the overall performance of bio-based materials is represented by the
68 association of biomolecules of both different origin and chemical characteristics through the
69 development of new methods/techniques, which makes it possible to fully exploit the
70 reactivity of functional groups along the skeleton of biomolecules (Hoare & Kohane, 2008).
71 Protein-polysaccharide pairs, in particular, have great potential to fabricate many structural
72 complexes and coacervates with improved physicochemical properties, exploitable for
73 films/coatings-forming purposes (Turgeon, Schmitt, & Sanchez, 2007; de Kruif & Tuinier,
74 2001; Wooster & Augustin, 2007; Giancone, Torrieri, Masi, & Michon, 2009). Among the
75 various combinations, low-methoxyl pectin and gelatin have been described as well-suited
76 hydrocolloids for producing simple hydrogels (Liu, Liu, Fishman, & Hicks, 2007; Nikolova,
77 Panchev, & Sainova, 2005; Gilsenan, Richardson, & Morris, 2003). Recently, low-methoxyl
78 pectin and gelatin have also been indicated as valuable candidate to generate new elaborate
79 architectures originating from a multi-step approach (Farris, Schaich, Liu, Piergiovanni, &
80 Yam, 2009b).

81 This paper provides experimental evidence for formation of new materials from
82 integrated hydrogel networks using gelatin and low-methoxyl pectin as reactive biopolymers.
83 It is documented the qualitative molecular structures as well as some main quantitative
84 physical properties of films generated from sequential combination of hydrogels solutions of
85 low-methoxyl pectin and gelatin. To this purpose, a 2-step approach has been adopted,
86 according to the experimental procedure we proposed recently in the attempt of obtaining new
87 high-performance materials defined as ‘permanent polyion-complex hydrogels’ films (Farris
88 et al., 2009b). The rationale behind the experimental work here presented is thoroughly
89 documented elsewhere (Farris et al., 2009b). Briefly, in a first step, solutions of gelatin and

90 low-methoxyl pectin are combined to generate a continuous physical co-gel in which the
91 minor component (low-methoxyl pectin) is dispersed through the interstices of the original
92 main network (gelatin). In this mixed matrix, gelatin and pectin interact with each other
93 through electrostatic forces, yielding a reversible physical polyion complex that has better
94 overall performance than either individual polymer. In a second step, the inclusion of
95 glutaraldehyde in this polyion complex chemically crosslinks gelatin, giving rise to a
96 permanent hydrogel complex that improves strength and water-resistance still further. This
97 step is effective because the chemical groups of gelatin involved in the ionic interactions with
98 pectin differ from those forming covalent bonds with glutaraldehyde.

99 Results demonstrate how progressively increasing the complexity of molecular
100 interactions in biopolymer hydrogels (simple gelatin hydrogels → physical gelatin-pectin
101 hydrogels → permanent polyion complexes) can be used creatively to produce flexible films
102 that have tremendously enhanced performances (e.g., strength and moisture resistance). This
103 provides compelling support for using biopolymers from renewable resources to synthesize
104 strong films with desirable properties.

105

106 **2. Experimental**

107 2.1. Source of materials

108 Type A, 250 Bloom, pharmaceutical and food grade pigskin gelatin powder (isoelectric
109 point, IEP ~ 9.0): Weishardt International, Grauliet Cedex, France. Low-methoxyl (DE = 7,
110 pK_a ~ 3.5; native pH) pectin: CP Kelco, San Diego, CA. Glycerol (plasticizer): Giomavaro,
111 Brugherio, Italy. Glutaric dialdehyde (25 wt.-% in water): Acros, Morris Plane, NJ. All
112 reagents were used as received, without further purification. All solutions were prepared with
113 Milli-Q water (18.3 MΩ).

114

115 2.2. Preparation of the films

116 Three types of films with 21 wt% total solids but different composition were generated
117 mixing gelatin, pectin, and glycerol in different amount as settled in our previous work (Farris
118 [et al., 2009b](#)). Gelatin hydrogels (gel) (native pH ~ 4.5) were prepared by mixing gelatin
119 powder (14 wt.-%) with water containing 7.0 wt.-% glycerol, heating to 60 ± 0.5 °C and
120 holding for 1 h, then cooling to 40.0 ± 0.5 °C. Gelatin-pectin mixed hydrogels (gel-pec) were
121 produced by separately preparing a gelatin (32.5 wt.-%)/glycerol (17.15 wt.-%) water
122 solution, according to the previous procedure, and dissolving 2.56 wt.-% pectin in hot water
123 (90°C) with vigorous stirring (1000 rpm). Then, an aliquot of the pectin solution (40.0 ± 0.5
124 °C, native pH ~ 4.2) was added to a same aliquot of the gelatin-glycerol water solution (40.0
125 ± 0.5 °C), to give a final concentration of 13 wt.-% gelatin, 7 wt.-% glycerol and 1 wt.-%
126 pectin. After complete interdispersion of the solutions, the temperature was decreased to 37.0
127 ± 0.5 °C. At this temperature, glutaraldehyde (0.3 wt.-%) was then added to an aliquot of this
128 solution under thorough and continuous mixing (550 rpm) to crosslink the gelatin and form
129 the third hydrogel (cross).

130 Once formed, all hydrogels were degassed and spread over the bottom of either Petri
131 dishes (100 mm diameter) or polycarbonate rectangular templates (300 mm length x 150 mm
132 width), depending on the specific successive analysis. Final films were obtained after
133 evaporation of water in a vacuum oven (Model 282, Fisher Scientific, Pittsburgh, PA) at 40.0
134 ± 0.5 °C for 24 hrs. Crosslinked films were additionally washed several times with Milli-Q
135 water and then air-dried at room temperature for 24 hours. The thicknesses of the final
136 structures, measured to the nearest 0.001 mm with a micrometer (Dialmatic DDI030M,
137 Bowers Metrology, Bradford, UK) at 10 different locations selected randomly, was 100 ± 5
138 μm .

139

140

141 2.3. Visualization of films structures

142 2.3.1. Scanning electron microscopy analysis (SEM)

143 Strips of dry film (5mm wide x 30 mm long) were immersed in 20 ml aliquots of 80
144 wt.-% ethanol water solution, with several changes. Then 80% ethanol was decanted and
145 replaced with several changes of absolute ethanol. Next, strips were removed from absolute
146 ethanol, quickly blotted dry and immersed in liquid Nitrogen for 5 minutes. The frozen strips
147 were cross fractured manually using cold tweezers and the fractured pieces were thawed in
148 absolute ethanol. Finally, the fragments were critical point dried from liquid CO₂, and the
149 dried fragments were glued to specimen stubs with Duco cement (ITW Performance
150 Polymers, Riviera, FL), sputter-coated with a thin layer of gold and examined with a Quanta
151 200 FEG scanning electron microscope (FEI Co., Inc., Hillsboro, OR), operated in the high
152 vacuum, secondary electron imaging mode. At least 10 images were collected for each
153 sample.

154 2.3.2. Atomic force microscopy analysis (AFM)

155 Small areas (3-4 mm square) of films were cut with surgical scissors, glued to a
156 magnetic sample disk with a carbon adhesive tab (Electron Microscopy Sciences, Hatfield,
157 PA) and mounted on the scanner tube of a Multimode Scanning Probe microscope with a
158 Nanoscope IIIa controller, operated as an atomic force microscope in Tapping mode (Veeco
159 Instruments, Santa Barbara, CA). Small (1.0 and 2.5 micrometer square) areas of the samples
160 were then scanned with the AFM operating in intermittent contact mode using tapping mode
161 etched silicon probes (TESP). The spring constants for these probes were 20-100 N m⁻¹ and
162 the nominal tip radius of curvature was 5-10 nm. The cantilever controls, namely drive
163 frequency, amplitude, gains, and amplitude set point ratio (r_{sp}) were adjusted to give height
164 and phase-shift images with the clearest image details.

165

166 2.4. Physical properties of the films

167 2.4.1. Large deformation analysis

168 Stress-strain curves of 110 mm x 20 mm strips of films equilibrated at 50% relative
169 humidity conditions were collected according to the ASTM procedure (ASTM standard
170 method D882-97) in a typical tensile test using a TAXT2 Stable Micro System texture
171 analyzer (SMS, Surrey, UK) equipped with a 25 kg cell load. The initial grip separation was
172 100 mm, and the cross-head speed was set at 0.85 mm s⁻¹. Elastic modulus (or Young's
173 modulus, MPa), tensile strength (MPa), and strain at break (%) were automatically calculated
174 by the software Texture Expert version 1.15 (SMS, Surrey, UK). Each type of film was tested
175 by at least ten replicates.

176 2.4.2. Thermal properties (DSC)

177 Thermal properties were measured by differential scanning calorimetry (DSC) analysis,
178 using a DSC 823 (Mettler Toledo, Columbus, OH) with a quench-cooling accessory. Aliquots
179 of approximately 10 mg samples previously conditioned (23°C, 50% RH for 2 weeks) were
180 placed in hermetically-sealed aluminium pans to prevent moisture loss during analyses and
181 then heated at 10 °C min⁻¹ from 5 °C to 110 °C in an inert environment (100 ml min⁻¹ N₂).
182 The first scan was immediately followed by quick cooling to 5 °C at a rate of 40 °C min⁻¹
183 using liquid nitrogen and the second scan was then run. Before taking the measurements, the
184 instrument was calibrated with an indium standard (ΔH of 28.4 J g⁻¹ and T_m of 156.6 °C). The
185 glass transition temperature (T_g) of all the samples was determined as the point of inflexion in
186 the base line (second scan) caused by the discontinuity of specific heat capacity of the sample.
187 The helix-coil transition temperature, T_m, also called interchangeable melting or denaturation
188 temperature (Arvanitoyannis, Nakayama, & Aiba, 1998), was measured as the temperature of
189 the endothermic peak (first scan). The value of helix-coil transition enthalpy (ΔH) was
190 assumed derived from the amount of renaturated gelatin during the sol-gel process (Dai,

191 [Chen, & Liu, 2005](#)), and was normalized to the sample weight determined immediately before
192 each measurement. T_g , T_m , and ΔH were calculated by the software STAR^e version 9.0
193 (Mettler Toledo, Columbus, OH).

194 2.4.3. *Dynamic mechanical analysis (DMA)*

195 Dynamic mechanical properties (storage modulus – E' , and loss modulus – E'') were
196 determined in the tensile mode using a Rheometric Scientific RSA II Solids Analyzer
197 (Rheometric Scientific, Piscataway, NJ) equipped with Orchestrator 6.5.7 software. Samples
198 (38.1 mm long and 5–7 mm wide) were analyzed as described previously ([Coffin, & Fishman,](#)
199 [1994](#)), using a temperature ramp from -50 to +150°C at a heating rate of 10°C min⁻¹.

200 2.4.4. *Swelling behaviour*

201 To evaluate the water sorption resistance of the gelatin-based films, square pieces of dry
202 samples were weighed (W_i) and then immersed in distilled water at 30°C with shaking (100
203 rpm) for up to 25 hours. Swollen gels were removed from water periodically, blotted dry, and
204 weighed (W_f) to track sorption kinetics. The swelling index (SI) was determined as described
205 by others ([Myung et al., 2008](#)):

$$206 \text{ SI (\%)} = [(W_f - W_i) / W_i] \times 100$$

207 Five replicates were analyzed for each time point.

208 2.4.5. *Statistical analysis*

209 Statistical significance of differences in films properties and behaviours was determined from
210 one-way ANOVA using Statgraphics Plus 4.0 software (STSC, Rockville, USA). The mean
211 values, where appropriate, were separated by least significant difference multiple range test at
212 $p \leq 0.05$.

213

214

215 **3. Results and Discussion**

216 3.1. Structural analysis - Microscopy experiments

217 *3.1.1. SEM analysis*

218 More global organization was revealed by scanning electron microscopy. SEM images
219 of frozen-fractured surfaces of gelatin (gel) films showed rough, overlapping layers (10000x
220 magnification, Figure 1, left) at the fracture faces, composed of ropelike aggregates in a
221 relatively ordered arrangement (25000x magnification, Figure 1, right). With the inclusion of
222 pectin, the pattern of topographical features in the fracture faces appears more irregular
223 (Figure 2, left), whereas higher magnification reveals regions with larger features (Figure 2,
224 right). Since the magnification of Figures 1 and 2 are the same, a comparison demonstrates
225 that gelatin is represented by the smaller regions in Figure 2, whereas it is more difficult to
226 ascertain whether the structures that stand out in Figure 2 (the larger domains) are either (1)
227 the pectin, (2) gelatin with increased self-association forced by exclusion from areas with
228 pectin, or (3) gelatin-pectin intertwined complexes. However, supported by previous results
229 (Gilsenan et al., 2003), we believe that the large patches are produced by gelatin-pectin
230 complexes. This is because, under the experimental conditions (i.e., pH = 4.5), the gelatin
231 backbone exhibits an overall positive charge, whereas the carboxyl group along the pectin
232 skeleton are indeed carboxylates. Therefore, due to the addition of pectin, positively charged
233 gelatin and negatively charged pectin would be expected to interact through electrostatic
234 forces between NH_3^+ and COO^- groups. Addition of 0.3 wt% glutaraldehyde produced more
235 evident heterogeneity in the microstructure. In particular, the lumpy structures may represent
236 large groups of polymers (triangles in Figure 3) with a separate phase entrapped within
237 (arrows in Figure 3). The largest domains probably represent glutaraldehyde-mediated
238 protein-polysaccharide interactions (Nikolova et al., 2005). Lately, it has been proved that
239 these aggregates are the evidence of a new crosslinking mechanism of gelatin mediated by

240 glutaraldehyde. Unlike the established reaction between the carbonyl group of glutaraldehyde
241 and the unprotonated ϵ -amino groups of lysine to form Schiff bases, it has been proposed that
242 at acidic pH the crosslinking occurs prevalently between the aldehyde groups of the
243 crosslinker and hydroxyl groups of hydroxyproline and hydroxylysine of gelatin (91 and 6.4
244 residues per 1000 residues in type A gelatin, respectively) to form hemiacetals (Farris, Song,
245 & Huang, 2010), according to the mechanism shown in Figure 4. As we pointed out, it is
246 likely that under the experimental conditions, unprotonated amino groups of gelatin and
247 carbonyl groups of the crosslinker contribute to the formation of new bridges only to a minor
248 extent. The resulting structure can be seen as a tightly packed three-dimensional network
249 composed of a primary entangled phase of chemically-crosslinked gelatin, arranged into
250 fibers that connect and encase a secondary component - pectin, linked to gelatin by ionic
251 interactions. Together these components formed what has been defined as a ‘permanent
252 polyion-complex gel’ (Farris et al. 2009b).

253 *3.1.2. AFM analysis*

254 In order to understand the structures formed during the gelation process more thoroughly,
255 interfacial gelatin and gelatin-pectin films formed at the air-water interface were also studied
256 using atomic force microscopy (AFM). The AFM ‘height’ image of films obtained from
257 glycerol-plasticized gelatin (Figure 5, left) well correlates with the molecular network
258 highlighted by Morris and co-workers through the same technique (Morris, Kirby, &
259 Gunning, 1999). Gelatin molecules assemble into aggregates containing short segments of
260 dimensions comparable to those expected for collagen triple helices. The image shows small
261 aggregates typically 200-400 nm in length and about 6 nm in height. The aggregates appear to
262 be clusters of molecules presumably linked by intermolecular triple helix formation. It has
263 been supposed that these fibers are likely to be bundles of triple helices rather than individual
264 helical junction zones (Mackie, Gunning, Ridout, & Morris, 1998). Addition of pectin led to a

265 completely different scenario. Figure 6 (left) revealed that the above-mentioned gelatin
266 clusters disappear giving way to a more homogeneous structure. In particular, it seems that
267 pectin hindered the possibility for gelatin to recover the original triple helix conformation,
268 while promoting the formation of a binary network in which gelatin and pectin are supposed
269 to interact through ionic interactions, as mentioned above. The ‘phase’ image indeed
270 confirmed the compatibility between the two components, which generated a highly smooth
271 surface, especially in comparison with the ‘phase’ image drawn from gelatin films (Figure 5,
272 right). As already pointed out ([Dautzenberg & Jaeger, 2002](#)), the effect of charge density
273 (which can be manipulated by the pH of the system) on the stability of polyelectrolyte
274 complexes must be kept under control. Therefore, also in our system the charge balance
275 (which is controlled by the polyelectrolytes ratio in the mixed dispersion) between gelatin and
276 pectin plays a pivotal role in order to have a uniformly distributed network. Combining
277 gelatin and pectin in different stoichiometries alters the positive/negative charge balance and
278 hence the extent of associations between these two polyions ([Farris et al., 2009b](#)). Our results
279 demonstrate that combining 13 wt.-% of type A 250 Bloom gelatin and 1 wt.-% low methoxyl
280 pectin (DE = 7) at native pH (~ 4.5) generates a physical polyion complex composed of a
281 main gelatin network augmented by additional associations through ionic interactions with
282 pectin, with no evidence of either large domains from self-aggregations or precipitation upon
283 complex formation. However, when the molar excess of one component is too great,
284 segregative interactions occur and the system evolves into two co-existing phases ([Gilsenan et](#)
285 [al., 2003](#)). This phenomenon is shown in Figure 7 (left) where gelatin domains (the darker
286 regions) are separated from the pectin molecules (the bright ‘scrapes’), which in turn are
287 associated through homotypic junctions analogously to a single-component gel. The final
288 result is a rougher topography (Figure 7, right). Finally, AFM images of crosslinked samples
289 are consistent with the results from the SEM analysis. The morphology of the final structure is
290 strongly influenced by the addition of glutaraldehyde, which induced the formation of new

291 bonds between gelatin molecules especially at intermolecular level (Farris et al., 2010),
292 yielding a more pronounced web-like conformation, with pectin molecules forming part of it
293 (Figure 8, left). At the same time, due to these new domains, the surface topography appears
294 rough and noisy (Figure 8, right).

295

296 3.2. Physical properties of films

297 3.2.1. Large deformation analysis

298 As shown by Figure 9, the mean stress-strain curves for the three types of films differ
299 from each other, as also confirmed by the results reported in Table 1. The elastic modulus
300 values were calculated for all specimens from the slope of the linear climbing tract of the
301 stress-strain plot within the fixed strain region 0.5% – 1.0%, as visualized in the magnification
302 embedded in Figure 9. The elastic modulus values recorded for the (gel) samples are
303 approximately two and one and half times higher than those obtained for (gel-pec) and (cross)
304 samples, respectively (Table 1). This can be ascribed to the lower degree of crystallinity of
305 (gel-pec) and (cross) samples. Both interactions governed by electrostatic forces and covalent
306 bonds reduced the crystallinity degree of the gelatin main network because close packing of
307 molecules is prevented, thus resulting in lower stiffness of the polymer (Andersson, 2008).
308 Since the slope of the first rising tract of a stress-strain curve gives a measure of the material's
309 stiffness, which is normally assumed to be an indication of the degree of crystallinity (Selke,
310 Culter, & Hernandez, 2004), it can be concluded that the gelatin samples had a higher degree
311 of crystallinity than the other samples. Our results agree with those obtained by Thomazine,
312 Carvalho and Sobral (2005), where gelatin films plasticized with glycerol (55 wt% of gelatin
313 content) had an elastic modulus mean value of 0.41 ± 0.11 MPa. Our results also show how
314 the physical hydrogel solution made by the negatively charged pectin and the positively
315 charged gelatin led to films with tensile strength and elongation at break respectively 26% and

316 24% higher than samples obtained from only gelatin. Addition of glutaraldehyde made it
317 possible to obtain films with still further improved mechanical properties. Presumably,
318 uneven crosslinking occurred during films preparation led to development of new zones in
319 which typical ‘irreversible’ features (new covalent bonds at both intramolecular and
320 intermolecular level) are dominant compared to the still present ‘reversible’ domains, in
321 which interactions within and between molecules are mainly governed by weak forces
322 (hydrophobic associations, ionic interactions, or hydrogen bonding) and/or physical
323 entanglement. As can be seen from Table 1, crosslinking increased both tensile strength and
324 elongation at break, though the latter was not statistically different from samples obtained
325 from the gelatin-pectin physical hydrogel solution. In order to substantiate the positive role of
326 the electrostatic interactions between gelatin and pectin, we also performed the tensile test on
327 samples obtained from only gelatin crosslinked with glutaraldehyde. These films had elastic
328 modulus, tensile strength and elongation at break values of 0.22 ± 0.05 MPa, 14.01 ± 2.36
329 MPa and $149.3 \pm 8.09\%$, respectively. These results suggest that the best performance of
330 crosslinked gelatin-pectin films can be presumably ascribed to the additional effect due to the
331 electrostatic interactions between the oppositely charged functional groups of the two
332 biomacromolecules.

333 3.2.2. *Thermal properties (DSC)*

334 Figure 10 shows the differential scanning calorimetry (DSC) traces obtained from the
335 first scan of pure gelatin, gelatin-pectin, and gelatin-pectin films crosslinked using
336 glutaraldehyde. All traces display the classical thermal behaviour of gelatin samples, with the
337 first drop of the curve related to the glass transition, followed by an endothermic peak
338 associated with the helix to coil transition. In the second heating scan, only the glass transition
339 is evident (a typical heating-cooling-heating DSC trace for non-crosslinked glycerol-
340 plasticized gelatin samples equilibrated at 50% relative humidity is displayed in Figure 11).

341 This is due to the disruption of the microcrystalline domains during the first heating cycle.
342 From Figure 10 it can be observed how (gel) and (gel-pec) samples provided very similar
343 traces, contrary to (cross) samples, which led to a curve with an anticipated and less
344 pronounced peak. More specifically, (gel) samples had $T_g = 50.53 \pm 0.6$ °C, $T_m = 59.45 \pm 0.3$
345 °C, and $\Delta H = 10.9 \pm 0.3$ J g⁻¹. (Gel-pec) samples were characterized by $T_g = 51.23 \pm 0.7$ °C,
346 $T_m = 59.23 \pm 0.2$ °C, and $\Delta H = 9.4 \pm 0.5$ J g⁻¹. Finally, crosslinked samples yielded $T_g = 44.78$
347 ± 0.6 °C, $T_m = 50.37 \pm 0.4$ °C, and $\Delta H = 3.2 \pm 0.4$ J g⁻¹. The overall lower values for
348 crosslinked samples can be explained by taking into consideration two different effects.
349 Firstly, the appearance of the endothermic peak in a DSC curve is normally due to the
350 breakage of hydrogen bonds. Conversely, when a crosslinked network structure is involved, a
351 small or negligible endothermic peak is expected. Therefore, the decrease in the helix-to-coil
352 enthalpy values (ΔH) when using glutaraldehyde has to be attributed to an increase in the
353 extent of crosslinked network formation which breaks exothermically. Secondly, the
354 simultaneous lower T_g of (cross) samples can be explained by hypothesizing an ‘inhibition
355 effect’ exerted by the crosslinker, which prevented the recovery of the structurally-ordered
356 microcrystalline domains (the so called microcrystallites), to the advantage of a more
357 amorphous final molecular structure.

358 3.2.3. Dynamic mechanical analysis (DMA)

359 A dynamic mechanical analysis was performed on selected samples obtained from
360 hydrogel solutions containing only gelatin, gelatin and pectin, and gelatin and pectin with
361 glutaraldehyde. The storage modulus curves (E') are shown in Figure 12a, while the loss
362 modulus curves (E'') are shown in Figure 12b. Both the storage modulus and loss modulus
363 curves for the gelatin-only samples had significantly lower values than did the curves for the
364 other two samples throughout the entire temperature range studied. Two transitions were
365 present in all three samples. The first was a peak in the loss modulus curve centered at

366 approximately -56°C . This is likely due to a glass to rubber transition (T_g) associated with soft
367 blocks containing mainly R-amino acids. A second peak near 50°C may be related to a second
368 glass transition of rigid gelatin blocks composed of sequences predominately made up of the
369 amino acids proline and hydroxyproline (Chiellini, Cinelli, Grillo Fernandes, El-Refaie, &
370 Lazzeri, 2001). The addition of pectin to the gelatin increased both the storage modulus and
371 loss modulus of the material. Above -60°C , crosslinking had little or no effect on mechanical
372 properties, although a very slight decrease in modulus there may have resulted below this
373 temperature. The results of the DMA analyses show some confirmation of what was
374 previously shown in the DSC experiment. In particular, there are no changes in thermal
375 stability when the gelatin hydrogel is modified by the addition of pectin, and then further
376 modified by reaction with glutaraldehyde.

377 *3.2.4. Swelling behaviour*

378 Results from swelling experiments are summarized in Figure 13. Curves obtained by
379 plotting the swelling index versus time indicate how water absorption was markedly higher
380 for (gel) samples, whereas differences between (gel-pec) and (cross) samples were negligible
381 up to 120 minutes. In addition, (gel) samples gained water throughout the experiment,
382 whereas both uncrosslinked and crosslinked gelatin-pectin films reached a quite stable
383 equilibrium swelling level after approximately 240 minutes. Moreover, the experiments were
384 stopped after 25 hours due to the impossibility of taking gelatin samples out of the stirring jars
385 because of their complete disintegration. Conversely, it was still possible to handle (gel-pec)
386 and (cross) samples even after 25 hours. It is noticeable that at that time, (gel-pec) pieces of
387 samples cannot sustain any kind of stress without failure, while it was possible to stretch
388 (cross) samples without rupture, somehow confirming the reversible nature of the (gel-pec)
389 samples and the permanent feature of crosslinked samples. These results confirm the benefits
390 arising from the addition of pectin first and crosslinker later. Exploiting electrostatic

391 interactions between the two biomacromolecules made it possible to achieve a dramatic
392 decrease in the ultimate swelling ratio (300% versus 1950% of gelatin samples). After all,
393 electrostatic self-assembly is a widely established route to generate supramolecular structures
394 with enhanced properties (Grohn, 2008). Presumably, electrostatic interactions between
395 gelatin and pectin hinder penetration of water molecules, which will take a longer time to
396 compete for the same hydrophilic sites along the molecular skeleton of the two biomolecules.
397 Inducing new permanent bonds through glutaraldehyde further enhanced this trend. Indeed,
398 films crosslinked with only 0.3 wt.-% glutaraldehyde swelled approximately ten times less
399 than uncrosslinked gelatin samples (215% versus 1950%) after 25 hours, indicating how the
400 irreversible attribute of the hydrogel solution initially used to produce the films provided a
401 greater water resistance. As also suggested by AFM images (Figure 7), it is likely that the
402 addition of the crosslinker led to a heterogeneous molecular arrangement, due to the presence
403 of domains with an uneven degree of crosslinking, which determines the simultaneous
404 presence of crosslinked undissolvable patches together with zones in which the typical
405 ‘reversible’ features are still dominant. These features are responsible for the occurred
406 swelling, which in turn strictly depends on the extent of the crosslinking. As a consequence, a
407 slightly higher concentration of glutaraldehyde within a certain limit should afford additional
408 resistance to swelling, without jeopardizing the film-making process (Bigi, Cojazzi,
409 Panzavolta, Rubini, & Roveri, 2001).

410 Finally, the role of glycerol in the ultimate water resistance property of the obtained films
411 should not be underestimated. Glycerol was here used as a plasticizer, which provides films
412 with improved mechanical properties especially in terms of flexibility. However, both the
413 small size and polar nature of this molecule influence the physical structure of the
414 biopolymers (increasing the free volume between adjacent molecules) as well as their affinity
415 to water. Therefore, the tendency of water sorption becomes even more significant.

416 Depending on the specific application, either replacing glycerol with other molecules or
417 removing it from the starting formulation may provide desirable benefits.

418

419 **4. Conclusions**

420 The results arising from our investigation showed the importance of developing a proper
421 hydrogel solution for producing ultimate films with improved overall properties. In particular,
422 microscopy analyses corroborate the hypothesis that the addition of pectin to gelatin
423 according to a well defined ratio leads to a composite network in which the protein and the
424 polysaccharide interact with each other through electrostatic forces. It afforded structures with
425 improved mechanical and water resistance properties, which could be profitably exploited for
426 manufacturing special materials, in order to replace some of the commercial solutions
427 currently used. In addition, crosslinking mediated by glutaraldehyde promoted the formation
428 of covalent bonds between gelatin molecules, without interfering with the previously
429 mentioned physical interactions, and allowing the formation of an interconnected gelatin web
430 with the pectin network dispersed inside. Physical characterization of gelatin-based films
431 indirectly supports our findings. The molecular arrangement we propose indeed justifies the
432 increased performance of the obtained structures, which demonstrates the capability of
433 withstand high loads simultaneously to a great elongation, and good water resistance as well
434 (films swelled, but never dissolved nor disintegrated).

435

436

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439

440

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576 Figure captions

577

578 **Figure 1.** SEM photograph at two different magnifications (10000x – left, and 25000x - right)
579 of frozen-fractured gelatin films plasticized with glycerol (gelatin concentration: 14 wt.-%;
580 glycerol concentration: 7 wt.-%; pH of the hydrogel solution: ~ 4.5).

581

582 **Figure 2.** SEM photograph at two different magnifications (10000x – left, and 25000x - right)
583 of frozen-fractured gelatin-pectin films plasticized with glycerol (gelatin concentration: 13
584 wt.-%; pectin concentration: 1 wt.-%; glycerol concentration: 7 wt.-%; pH of the hydrogel
585 solution: ~ 4.4).

586

587 **Figure 3.** SEM photograph at two different magnifications (10000x – left, and 25000x - right)
588 of frozen-fractured gelatin-pectin films plasticized with glycerol and crosslinked with
589 glutaraldehyde (gelatin concentration: 13 wt.-%; pectin concentration: 1 wt.-%; glycerol
590 concentration: 7 wt.-%; glutaraldehyde concentration: 0.3%; pH of the hydrogel solution: ~
591 4.4).

592

593 **Figure 4.** Mechanism for the crosslinking reaction of gelatin by glutaraldehyde at acidic pH
594 values.

595

596 **Figure 5.** Matching images of (A) height and (B) phase-shift of a gelatin films plasticized
597 with glycerol (gelatin concentration: 14 wt.-%; glycerol concentration: 7 wt.-%; pH of the
598 hydrogel solution: ~ 4.5). The thin clefts or depressions in the surface of the sample in (A)
599 correspond to gelatin triple helix aggregations.

600

601 **Figure 6.** Matching images of (A) height and (B) phase-shift of a film made from a starting
602 glycerol-plasticized gelatin and pectin polyion complex hydrogel solution (gelatin
603 concentration: 13 wt.-%; pectin concentration: 1 wt.-%; glycerol concentration: 7 wt.-%; pH
604 of the hydrogel solution: ~ 4.4).

605

606 **Figure 7.** Matching images of (A) height and (B) phase-shift of a film made from a starting
607 glycerol-plasticized gelatin and pectin polyion complex hydrogel solution with an excess of
608 pectin (gelatin concentration: 10 wt.-%; pectin concentration: 4 wt.-%; glycerol concentration:
609 7 wt.-%; pH of the hydrogel solution: ~ 4.3). Dark domains are gelatin associations, whereas
610 the bright ‘scrapes’ are pectin clusters.

611

612 **Figure 8.** Matching images of (A) height and (B) phase-shift of a film made from a starting
613 glycerol-plasticized gelatin and pectin polyion complex hydrogel solution crosslinked with
614 glutaraldehyde (gelatin concentration: 13 wt.-%; pectin concentration: 1 wt.-%; glycerol
615 concentration: 7 wt.-%; glutaraldehyde concentration: 0.3 wt.-%; pH of the hydrogel solution:
616 ~ 4.4). Crosslinked patches appear as a dense web.

617

618 **Figure 9.** Tensile stress-strain curves of gelatin (14 wt.-%), gelatin-pectin (13 wt.-% and 1
619 wt.-%, respectively), and gelatin-pectin films crosslinked with glutaraldehyde (0.3 wt.-%). All
620 films were plasticized with glycerol (7 wt.-%). Experimental testing conditions: 23 ± 0.5 °C,
621 50 ± 2.0 % relative humidity.

622

623 **Figure 10.** DSC traces (first scan) of pure gelatin, gelatin-pectin, and gelatin-pectin
624 crosslinked films equilibrated at 23 ± 0.5 °C and 50 ± 2.0 % relative humidity before analysis.

625

626 **Figure 11.** A typical heating-cooling-heating DSC trace for a glycerol-plasticized gelatin
627 film (gelatin: 14 wt-%; glycerol: 7 wt-%) equilibrated at 50% relative humidity.

628

629 **Figure 12.** Storage modulus - E' (a) and loss modulus - E'' (b) of gelatin (14 wt-%), gelatin-
630 pectin (13 wt-% and 1 wt-%, respectively), and gelatin-pectin films crosslinked with
631 glutaraldehyde (0.3 wt-%). All films were plasticized with glycerol (7 wt-%).

632

633 **Figure 13.** Swelling index evolution of gelatin (14 wt-%), gelatin-pectin (13 wt-% and 1 wt.-
634 %, respectively), and gelatin-pectin films crosslinked with glutaraldehyde (0.3 wt-%) up to
635 25 hours immersion in distilled water (30°C, 100 rpm). All films were plasticized with
636 glycerol (7 wt-%).

Figure 1

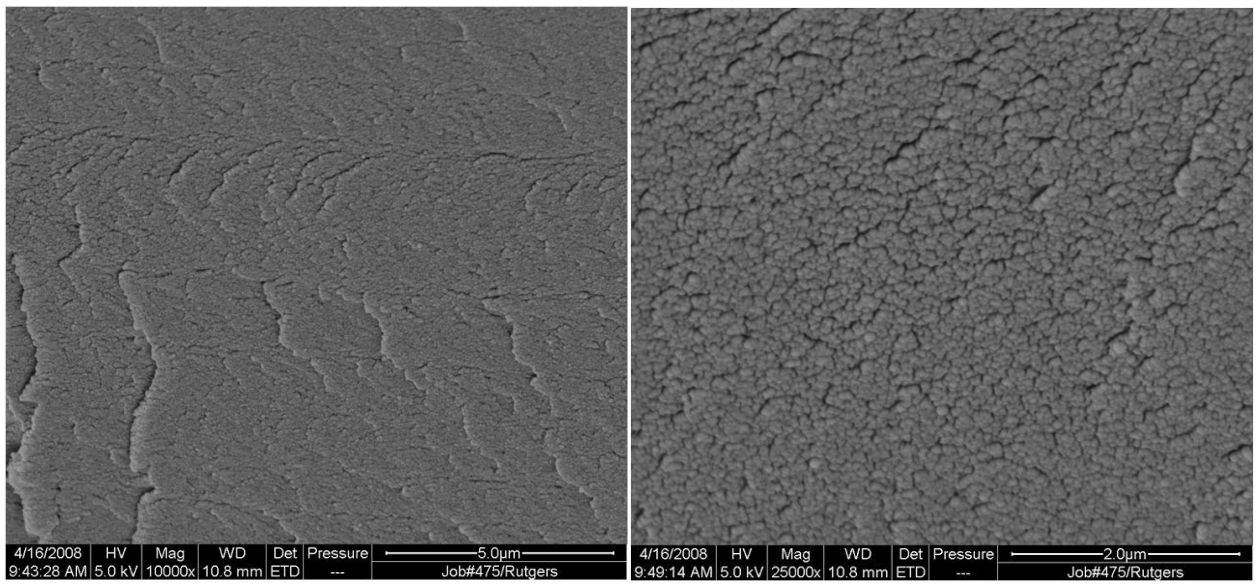


Figure 2

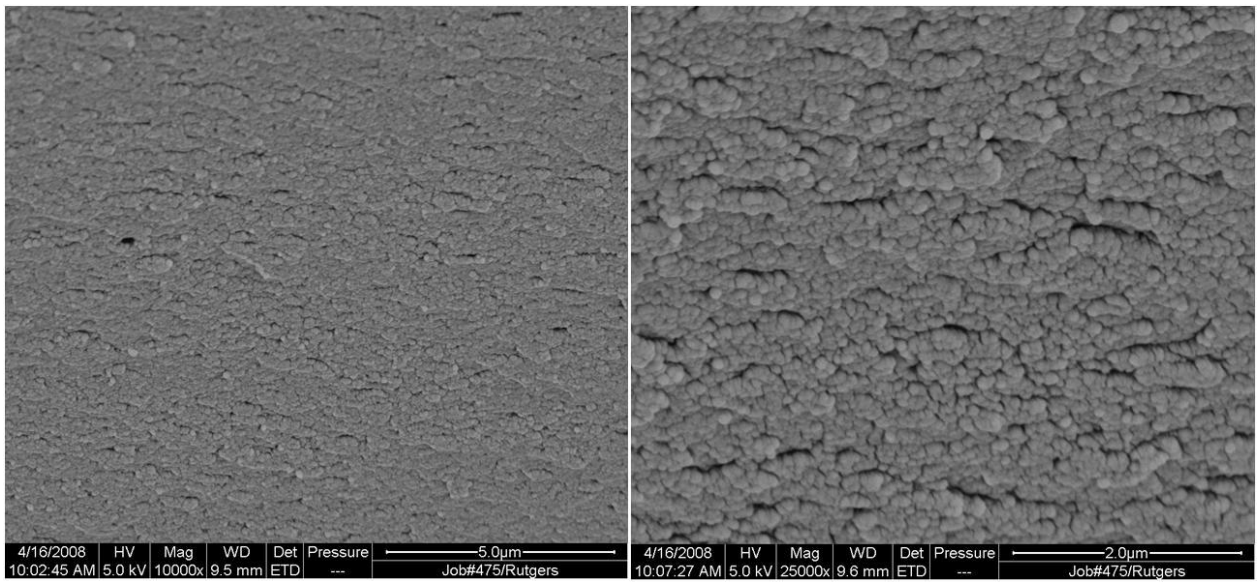


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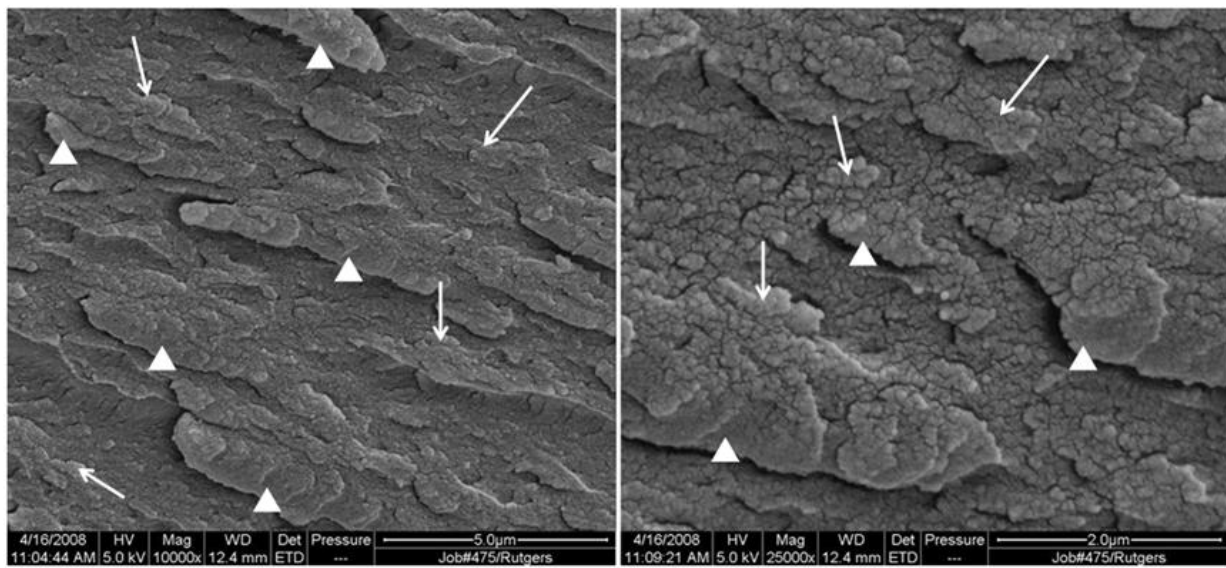


Figure 4

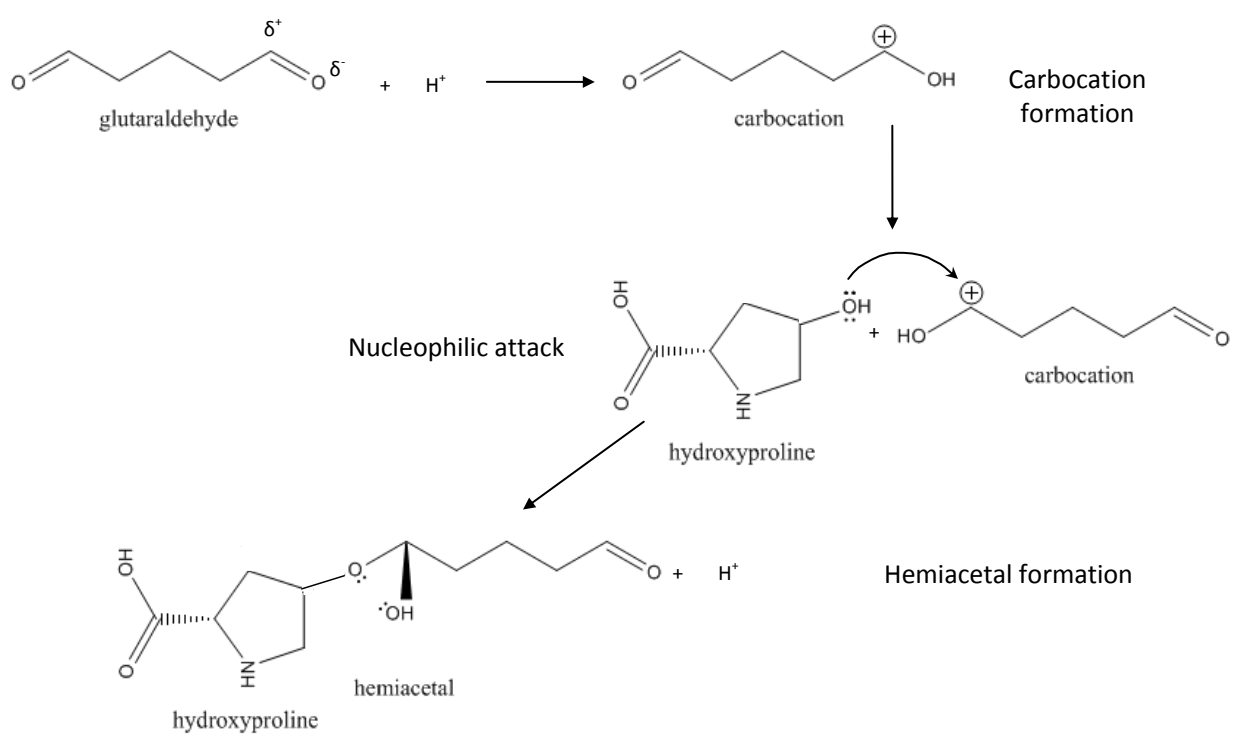


Figure 5

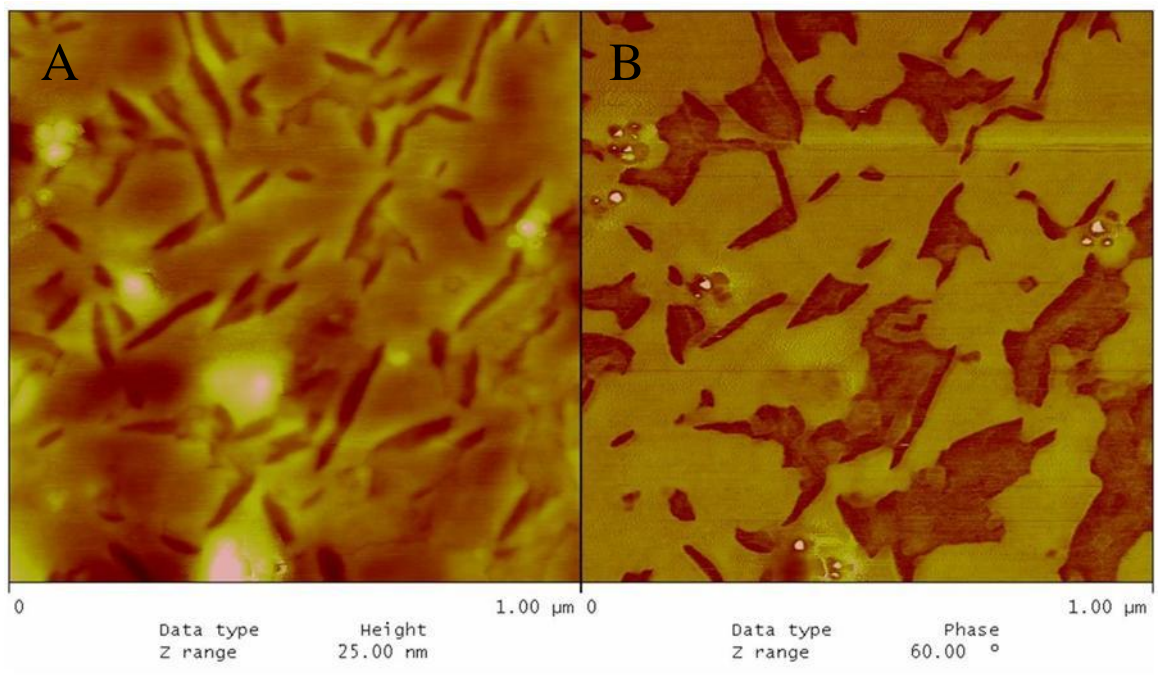


Figure 6

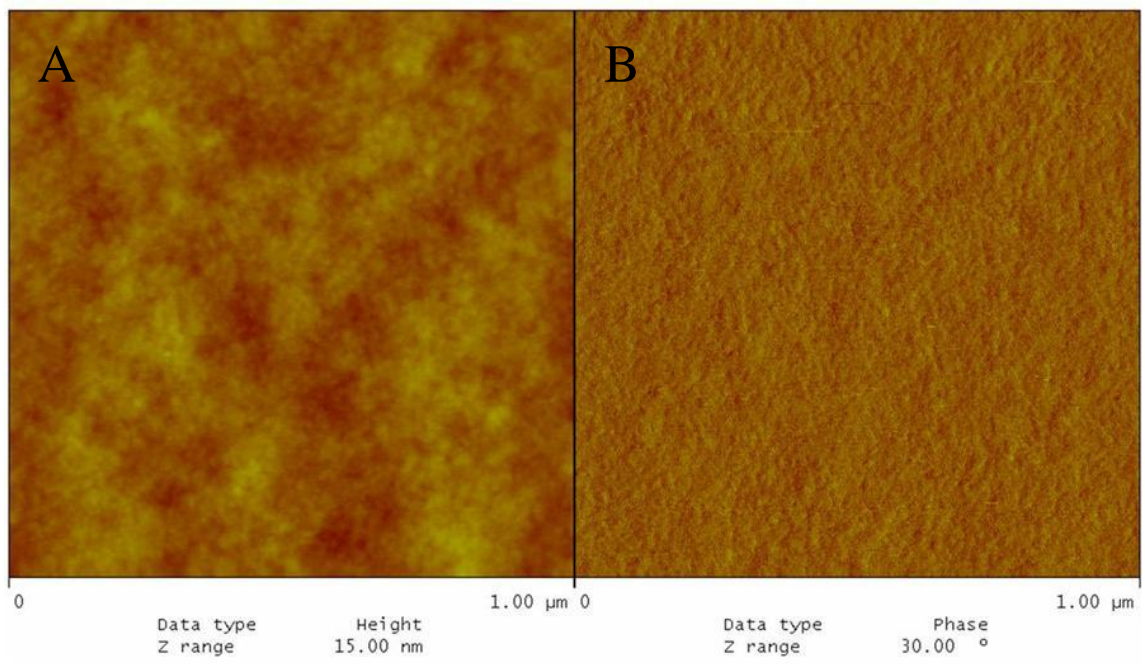


Figure 7

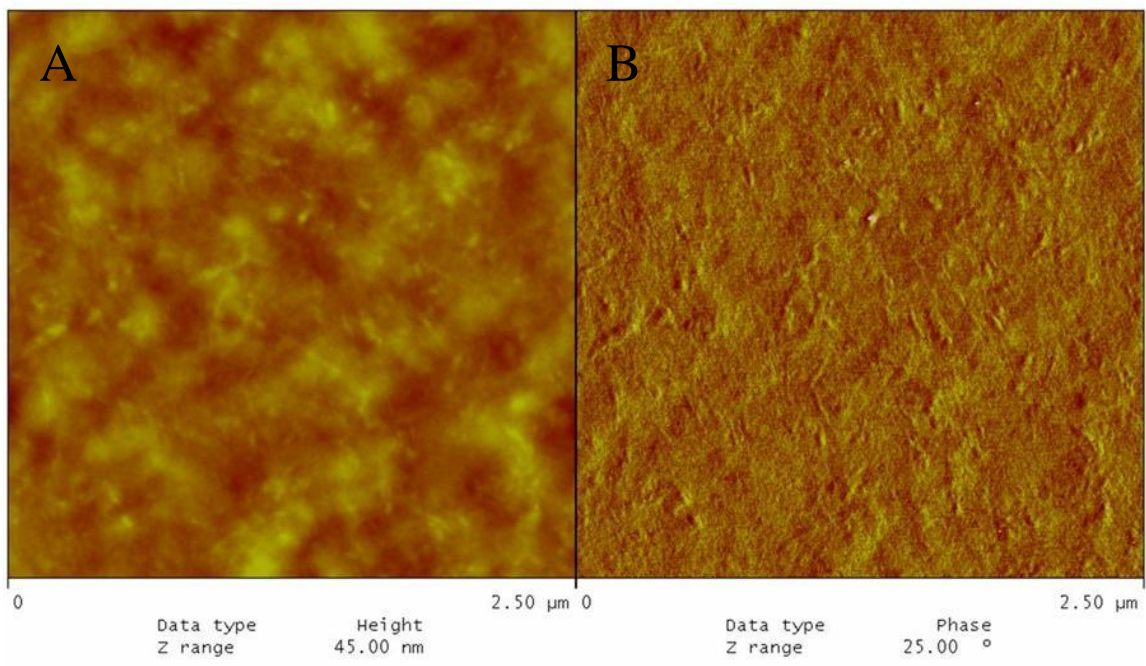


Figure 8

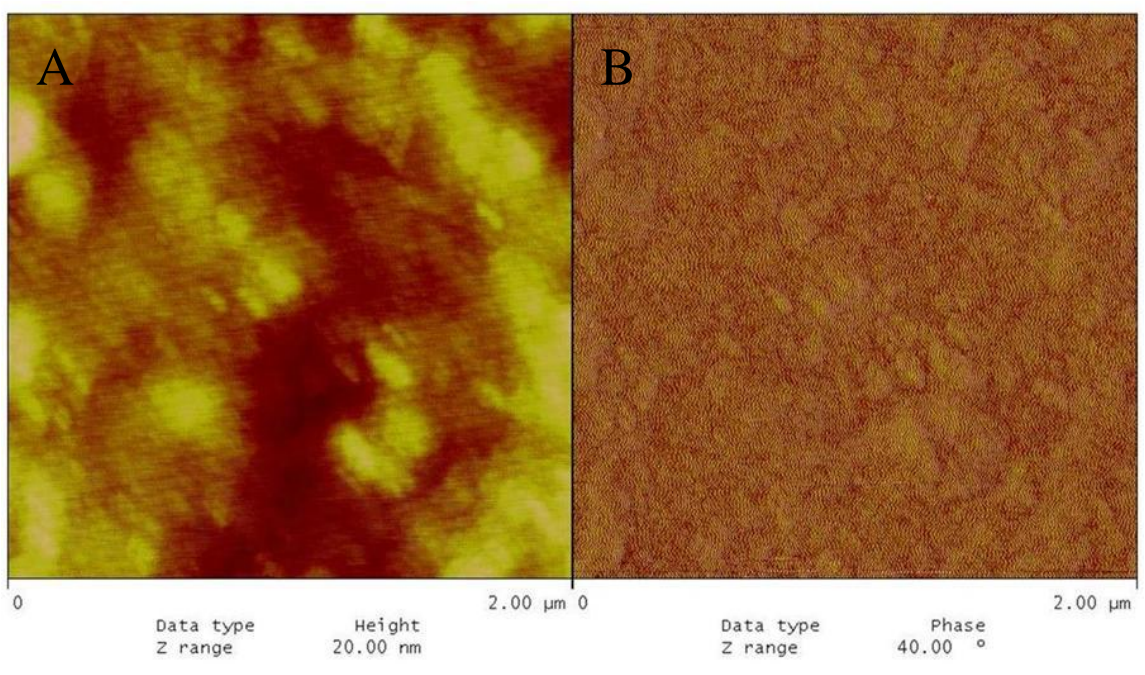


Figure 9

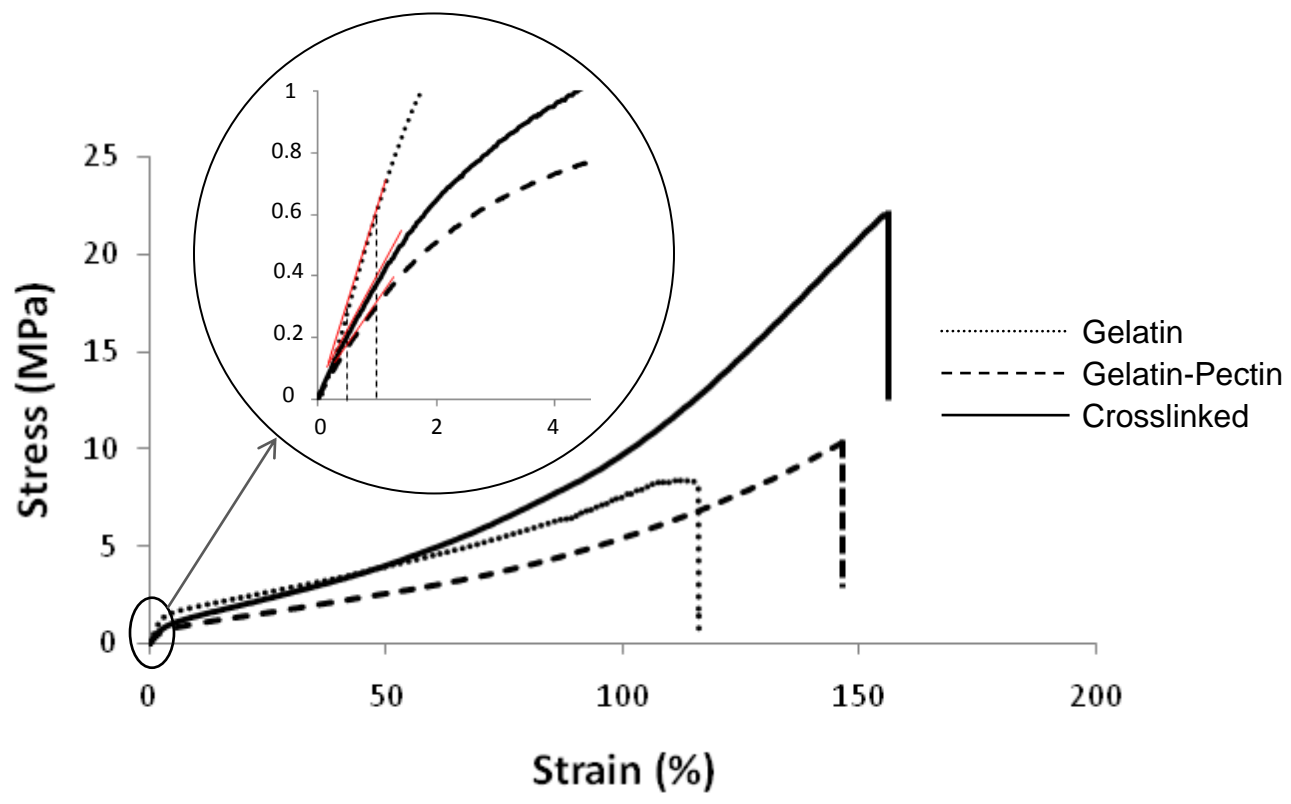


Figure 10

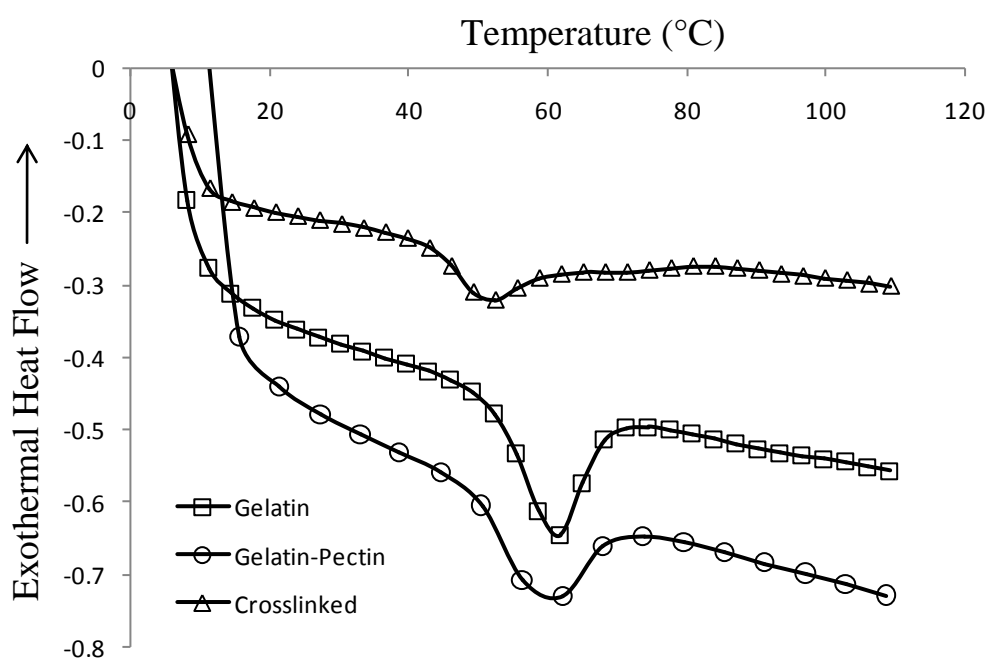


Figure 11

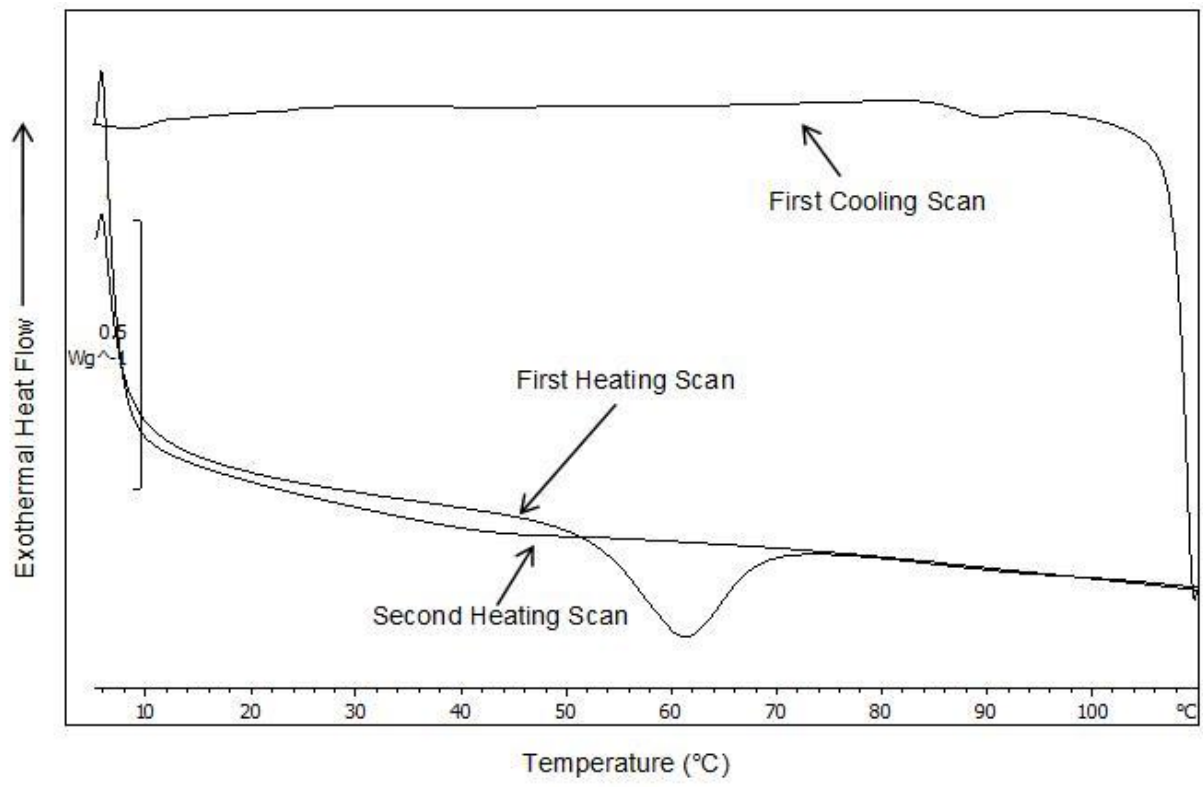
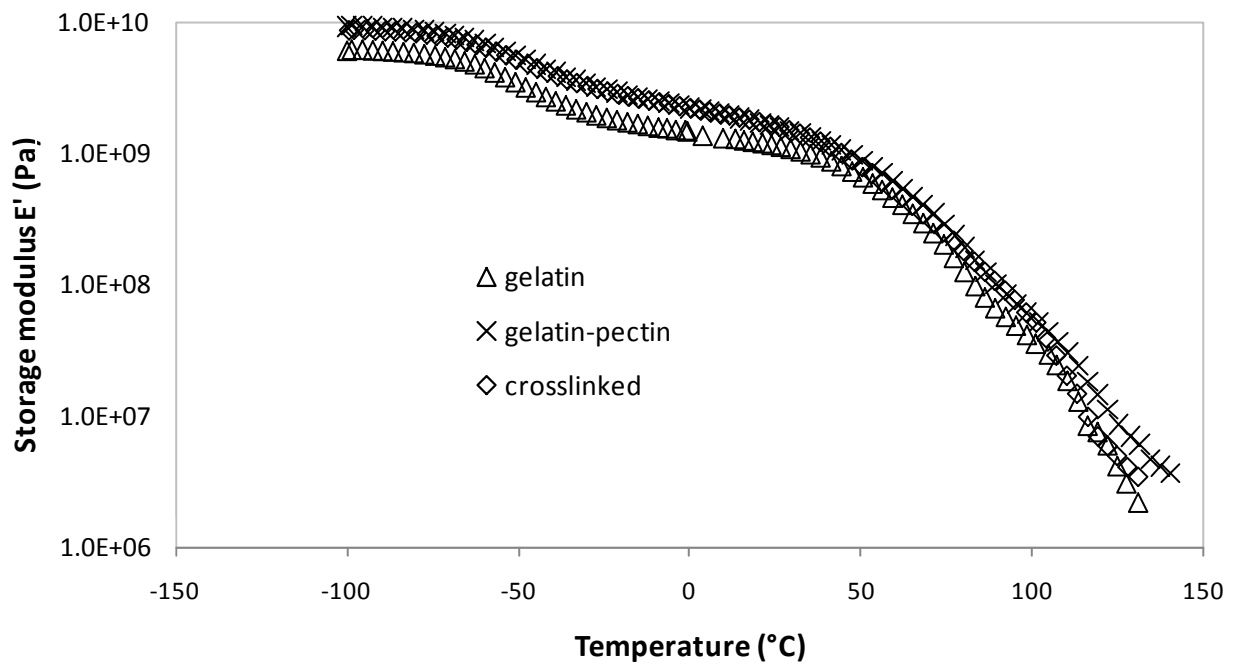


Figure 12

a



b

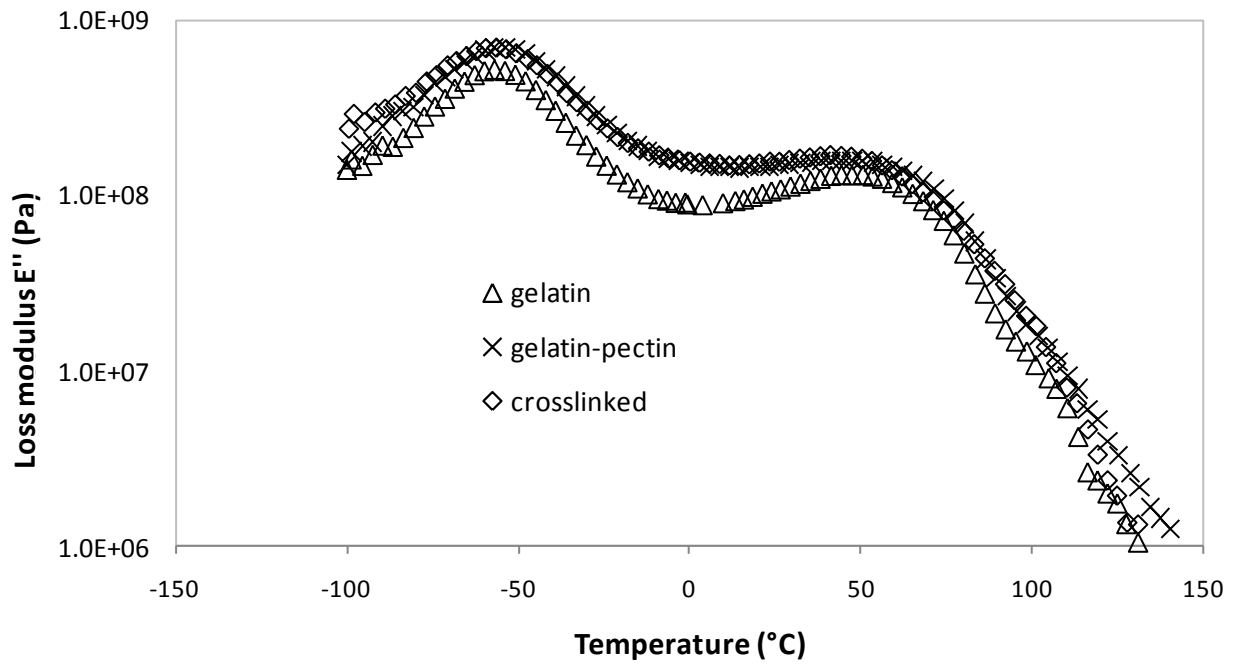


Figure 13

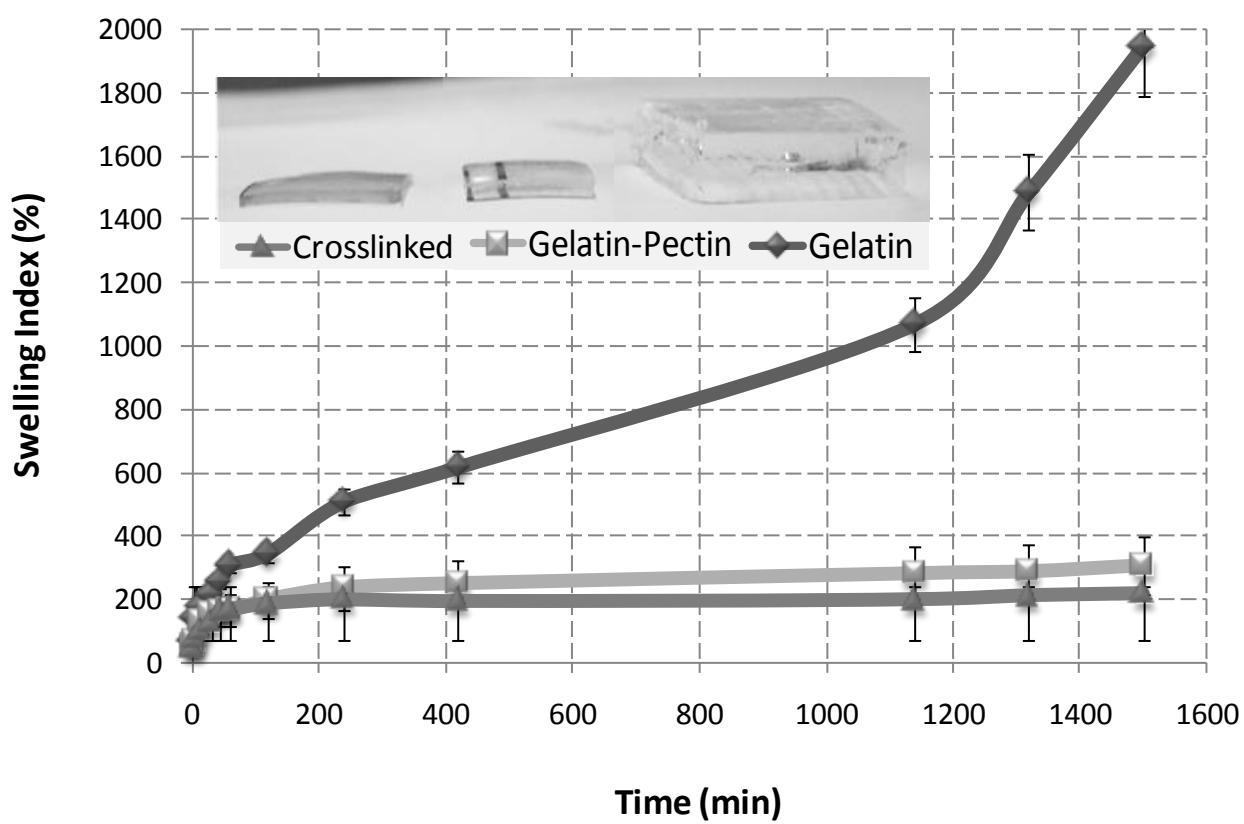


Table 1. Mechanical properties of the three different types of composite films

| Formulation | Parameter | | |
|----------------|--------------------------|---------------------------|----------------------|
| | Elastic Modulus (MPa) | Tensile strength (MPa) | Elongation (%) |
| Gelatin | 0.5 ± 0.12^a | 8.22 ± 0.92^d | 115.33 ± 7.79^g |
| Gelatin-Pectin | 0.28 ± 0.07^b | 11.09 ± 1.51^e | 151.57 ± 10.24^h |
| Crosslinked | 0.35 ± 0.04^c | 21.59 ± 3.74^f | 159.1 ± 16.26^h |

Results are expressed as a mean \pm standard deviation.

Different letters denote statistically significant differences ($p < 0.05$) between formulations.