

Properties of fig pectin films....

1 Novel edible films of pectins extracted from low-grade fruits and stalk wastes of sun-dried figs:
2 effects of pectin composition and molecular properties on film characteristics

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22 **Abstract**

23 This study aimed to explore the characteristics of novel fig pectin edible films. For this
24 purpose, films of crude pectin from low-grade sun-dried figs (FP) and crude (SP) and purified
25 pectins (PSP) from stalk waste separated during the processing of high-quality sun-dried figs
26 were evaluated for their physicochemical properties. The properties of pristine (FP, SP, and
27 PSP films) and CaCl₂ crosslinked films (FP-Ca⁺⁺, SP-Ca⁺⁺ and PSP-Ca⁺⁺ films) of fig pectins
28 were also compared with films of commercial citrus (CP and CP-Ca⁺⁺) and apple (AP, AP-
29 Ca⁺⁺) pectins. The crosslinking improved the mechanical strength and barrier properties of most
30 films. CP, CP-Ca⁺⁺, PSP, and PSP-Ca⁺⁺ films showed greater mechanical strength and stiffness
31 than other films. PSP-Ca⁺⁺, PSP and CP-Ca⁺⁺ films showed the lowest water vapor
32 permeability (6.28, 12.85, 14.96 g.mm.m⁻².day⁻¹.kPa⁻¹, respectively) while SP-Ca⁺⁺, CP-Ca⁺⁺,
33 CP, PSP-Ca⁺⁺ films showed the lowest oxygen permeability coefficients (5403, 8265, 10776,
34 11124 ml.µm.m⁻².24h⁻¹.atm⁻¹, respectively). All crosslinked fig pectin films showed a 2-3-fold
35 lower degree of swelling than CP-Ca⁺⁺ film. The FP-Ca⁺⁺ film showed the highest surface
36 hydrophobicity (contact angle=101.8°), but the lowest water solubility (32.8%) and degree of
37 swelling. Analysis of Pearson's correlations between properties of all pectins and the
38 characteristics of films thereof revealed that galacturonic acid (GA) and RG-I contents affect
39 the mechanical properties, while GA content, degree of esterification (DE), and acetylation
40 affect the moisture barrier performance; finally GA content, linearity of the pectin backbone,
41 and DE affect the oxygen barrier performance of pectin films. Films of stalk waste pectins
42 showed some properties beyond the limits of those obtained from commercial pectins.

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44 **Keywords:** fig pectin, citrus pectin, edible film, crosslinking, barrier properties, mechanical
45 properties

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47 **1. Introduction**

48 Sun-drying is an ancient process that has been used extensively in the Mediterranean
49 region to obtain dried fruits. However, the quality of the final product in this process is highly
50 variable since it is highly affected by climate and field practices. Turkey, with its 85,500 metric
51 tons of production in the 2020/21 season, is the largest producer and exporter of sun-dried figs
52 in the world (Anonymous, 2021). Due to the great variation in their quality, sun-dried figs are
53 classified as extra quality, class I and class II (UNECE, 2016). A considerable part of the fruits
54 is also substandard since they suffer from severe damage caused by insects, rotting, sun-
55 scalding, split and torn, or excessive drying. Recently, a new and rapidly developing trend in
56 processing high-quality sun-dried figs is that the extra quality sun-dried fruits rehydrated to
57 intermediate moisture levels (~35%) are portion packed. Then, they are pasteurized to obtain
58 ready-to-eat, soft, and juicy shelf-stable fruits. The stalks of these premium fruits processed by
59 this emerging method are cut and removed manually before processing. These fig stalks contain
60 part of the flesh tissue that changes between 1 and 1.5% of total fruit weight depending on the
61 experience of workers employed in stalk cutting. Thus, there is an increased industrial interest
62 in the valorization of stalk wastes in the production of value-added products.

63 Due to their rich soluble dietary fiber content formed mainly by pectin, fig fruits are
64 historically used as a natural laxative and have been considered as a functional food having
65 positive health benefits on gastrointestinal disorders (Trad et al., 2014, Simmons & Preedy,
66 2016, Rtibi et al., 2018). Therefore, extraction and characterization of pectin from processing
67 wastes of fresh or sun-dried figs have recently attracted considerable interest from different
68 researchers. For example, Gharibzahedi, Smith & Guo (2019a, 2019b) extracted and
69 characterized the molecular and functional properties of pectin from peels of fresh figs.
70 Çavdaroglu et al. (2020) extracted pectin from whole sun-dried figs and characterized the
71 antimicrobial properties of its emulsion-based edible films with essential oil component

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72 eugenol. Moreover, Çavdaroğlu and Yemenicioğlu (2022) also characterized the molecular and
73 functional properties of fig pectins extracted from whole substandard fruits and stalk wastes of
74 sun-dried figs. Pectin extracted primarily from citrus peels and apple pomace is an
75 indispensable ingredient for the food, biomedical, drug, cosmetics, and nutraceuticals
76 industries, not only due to its techno-functional properties, but also owing to health-promoting
77 effects as soluble fiber (Gilani et al., 2008; Muñoz-Almagro et al., 2020; Noreen et al., 2017;
78 Rezvanain et al., 2017; X. Yang et al., 2015). The molecular architecture and functional
79 properties of pectin from different sources are unique. Thus, studies for extraction of alternative
80 pectins from different fruits and their agro-industrial wastes (e.g., from pomelo, berries,
81 hawthorn, sunflower heads, pomegranate peel, cocoa husk, sugar beet pulp, tomato, carrot
82 pomace, pumpkin waste, passion and banana fruit peels, and watermelon rind, etc.) and
83 characterization of their functional properties have become a popular research topic (Henao-
84 Díaz et al., 2021; Marić et al., 2018; Dranca & Oroian, 2018; Gamonpilas et al., 2021; Li et al.,
85 2021; Muñoz-Almagro et al., 2021; Reichembach & Lúcia de Oliveira Petkowicz, 2021).

86 This study aimed to explore the characteristics of novel fig pectin edible films. For this
87 purpose, pristine and CaCl_2 crosslinked films of crude pectin from whole low-grade sun-dried
88 figs and crude and purified pectin from stalk wastes separated during sun-dried fig processing
89 were evaluated for their detailed physicochemical properties such as solubility, swelling,
90 hydrophobicity, mechanical and barrier properties, color and transparency, and morphological
91 features. The properties of fig pectin films were also compared with those of commercial citrus
92 and apple pectin films. The relevance of this work lies in the fact that it is the first study showing
93 the advantages of fig pectin edible films over currently used commercial pectin films.
94 Moreover, this is the first report that investigates the effect of pectin composition and molecular
95 properties on the physicochemical characteristics of obtained edible films by analyzing
96 Pearson's correlation coefficients.

97 **2. Materials and methods**

98 **2.1. Materials**

99 Citrus pectin (CP, P9135, galacturonic acid \geq 79%, methoxy content \geq 8%) was obtained
100 from Sigma-Aldrich (St. Louis, MO, USA). Apple pectin (AP) was obtained from Tito
101 (Turkey). All other chemicals were reagent grade. The cut stalk waste (contains stalk and a
102 piece of fruit flesh that accounts for 1 to 1.5% of total fruit flesh weight) of high-quality sun-
103 dried figs (Cultivar Sarılop) separated during processing (fig stalk), and the lowest quality
104 substandard sun-dried figs (Cultivar Sarılop) which are mainly processed into the paste (low-
105 grade sun-dried figs) were kindly supplied by KFC Gıda Tekstil Sanayi İthalat İhracat Yatırım
106 A.Ş (Menemen, Turkey). All samples used were fluorescence tested in the factory to ensure
107 that they were free from mycotoxins. The samples were kept at -20°C until they were used for
108 pectin extraction.

109 **2.2. Methods**

110 **2.2.1. Pectin extraction**

111 Crude pectin was extracted from low-grade substandard fruits or stalk waste at the
112 optimal conditions reported by Çavdaroğlu et al. (2020) using a 6.0% (w/v) citric acid (CA)
113 water solution at 95°C for 1 hour. The pectin in the extract was precipitated with pure ethanol
114 (pectin extract:ethanol ratio= 1:2, v/v) and collected by centrifugation (22,668 xg for 10 min).
115 The crude pectins (FP and SP) were obtained by drying the collected precipitates for 24 h at 40
116 °C. The pure pectin (PSP) was obtained by suspending alcohol precipitated pectin in distilled
117 water and stirring the resulting slurry with a glass rod for 10 min. The pectin was then again
118 precipitated with ethanol (slurry:ethanol ratio=1:1, w/w) and then collected by centrifugation.
119 This procedure (washing with water and alcohol precipitation) was repeated twice. The purified
120 pectin was dried for 24 h at 40 °C.

121 **2.2.2. Molecular properties and composition of pectins**

122 Galacturonic acid content (GA) was determined spectrophotometrically by the classical
123 m-hydroxydiphenyl method using D-galacturonic acid as a standard (Blumenkrantz & Asboe-
124 Hansen, 1973). Sugar composition (glucose, arabinose, galactose, and rhamnose) of pectins was
125 also determined spectrophotometrically using specific enzymatic kits (for glucose: GAGO20
126 glucose assay kit of Sigma-Aldrich, St. Louis, MO, USA; for arabinose/galactose and rhamnose:
127 K-ARGA and K-RHAMNOSE kits of Megazyme Ltd., Ireland, respectively). Degree of
128 esterification (DE) and degree of acetylation (DA) of pectins were determined by the classical
129 titrimetric and HPLC methods described in our previous work, respectively (Çavdaroglu &
130 Yemenicioğlu, 2022). Sugar molar ratios [R-1 (mol%, linearity of pectin)= GalA (mol%)/(Rha
131 (mol%) + Ara (mol%) + Gal (mol%), R-2 (mol%, RG-I fraction content of pectin)= Rha
132 (mol%)/GalA (mol%), R-3 (mol%, degree of branching of RG-I) = (Ara (mol%) + Gal
133 (mol%))/Rha (mol%), R-4 (mol%, length of Gal branching in RG- I) = Gal (mol%) /Rha
134 (mol%)] were calculated according to Denman & Morris, (2015). Moisture and ash contents
135 were determined according to AOAC (AOAC, 1990). Soluble protein contents of pectins were
136 determined by the Bradford method (Bradford, 1976). Total carbohydrates were determined
137 spectrophotometrically by the phenol-sulfuric acid method using D-glucose as a standard
138 (Dubois et al., 1956). The phenolic content of extracted pectin was determined
139 spectrophotometrically at 760 nm using the Folin–Ciocalteu’s reagent as a reactive compound
140 and gallic acid (GAE) as a standard (Singleton & Rossi, 1965). All analyses were performed in
141 triplicate.

142 **2.2.3. Film preparation**

143 For the preparation of films, solutions of different pectins at 3% (w/v) were heated using
144 a hot plate working under continuous stirring at 60°C for 30 minutes. The solutions were then
145 cooled to room temperature and further treated at 10,000 rpm for 1 minute using a homogenizer-

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146 disperser (Heidolph, Germany, rotor $\phi = 6.6\text{mm}$ Tip). Then, 0.9 g glycerol (30% w/w of pectin)
147 was added as a plasticizer, and the mixture was stirred for 15 minutes. The solution was further
148 homogenized at 10,000 rpm for 4 minutes using the homogenizer-disperser. To obtain solution-
149 cast pristine films, 20 g portions of film solutions were poured into glass Petri dishes (inner
150 diameter 10 cm) and the dishes were dried in a controlled test cabinet at 25°C and 50% RH for
151 24 hours. The crosslinked films were obtained by treating dried films with 3% (w/w) CaCl₂
152 solution and drying films again in the controlled test cabinet at 25°C and 50% RH for 24 hours
153 (Rezvanain et al. 2017). The pristine and crosslinked films of crude pectins from low-grade
154 whole substandard fruits and stalk waste were designated FP and FP-Ca⁺⁺, and SP and SP-Ca⁺⁺,
155 while pristine and crosslinked films of purified pectin from stalk waste were designated PSP
156 and PSP-Ca⁺⁺, respectively. The pristine and crosslinked commercial citrus and apple pectins
157 films were designated CP and CP-Ca⁺⁺, and AP and AP-Ca⁺⁺, respectively. All pectin films
158 were prepared in duplicate.

159 **2.2.4. Mechanical properties of films**

160 Tensile strength at break (TS), elongation at break (EAB), and Young's modulus (YM)
161 of films were determined using a Texture Analyzer TA-XT2 (Stable Microsystems, Godalming,
162 UK) according to ASTM Standard Method D 882-02 (ASTM, 2002a). The dried films were
163 conditioned in a controlled test cabinet at 25°C and 50% relative humidity (RH) for 24 hours
164 before testing. Then, the films were cut into 50-mm-long and 8-mm-wide strips. The initial grip
165 distance was 50 mm, and the drawing speed was 50 mm / min. Minimum eight strips of each
166 film were tested. The thickness of films was measured by using a micrometer (Chronos, UK).

167 **2.2.5. Water vapor permeability of films**

168 The WVP of pectin films was measured using Payne permeability cups (Elcometer
169 5100, England) according to the ASTM Standard Method E96 (ASTM, 2016). Each cup was
170 filled with 3 g of dried silica beads. A film (diameter: 6 cm) and an o-ring were placed on top

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171 of each cup, and cups were sealed with a metal ring with three screw clamps. The cups were
172 weighed and then placed in a controlled test cabinet (TK 120, Nüve, Turkey) working at 25 °C
173 and 60% RH. The cups were weighted periodically for 72 h, and the measured weights were
174 plotted against time. The linear portions ($R^2 \geq 0.99$) of the curves with at least five data points
175 were used for the calculation of WVP according to equation 1.

$$176 \quad \text{WVP} = \frac{GL}{AtS(R_1 - R_2)} \quad (\text{eq.1})$$

177

178 where G is the weight change from the straight line (g), L is the thickness of the film (mm), t is
179 the time (day), A is the test area (m^2), S is the saturation vapor pressure at test temperature
180 (3.169 kPa at 25 °C), R_1 the relative humidity of the test chamber (60%) and R_2 the relative
181 humidity in the dish (0%). Four independent tests per film were performed.

182 **2.2.6. Oxygen barrier properties of films**

183 The oxygen barrier properties of the films were evaluated in terms of the oxygen
184 transmission rate (*OTR*, expressed as $\text{mL m}^{-2} 24\text{h}^{-1}$) using a Totalperm permeability analyzer
185 (ExtraSolution® Srl, Capannori, Italy) equipped with an electrochemical sensor and based on
186 the isostatic method, according to the standard method of ASTM F1927 at 23° C and 75% RH.
187 Specimens were sandwiched between two aluminum-tape masks, allowing a surface of 2.01
188 cm^2 to be exposed to the permeation of oxygen. All the tests were carried out with a carrier flow
189 (N_2) of 35 mL min^{-1} and at 1 atm oxygen partial pressure difference on the two sides of the
190 specimen. To reset any difference in the *OTR* values possibly arising from different thicknesses
191 of the specimens, *OTR* values were converted to a permeability coefficient ($P'O_2$) according to
192 equation 2 (Uysal Unalan et al., 2015):

$$193 \quad P'O_2 = PO_2 \times t = \frac{\text{OTR}}{\Delta p} \times t \quad (\text{eq. 2})$$

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194 where $P'O_2$ is the oxygen permeability coefficient ($\text{mL} \cdot \mu\text{m} \cdot \text{m}^{-2} \cdot 24\text{h}^{-1} \cdot \text{atm}^{-1}$), PO_2 is the
195 permeance (defined as the ratio of the OTR to the difference between the partial pressure of the
196 vapor on the two sides of the film, Δp), and t is the total thickness of the material. Each OTR
197 value was from three replicates.

198 **2.2.7. Film solubility**

199 Before determining their solubilities, the moisture content of the films was determined
200 by the vacuum oven method applied at 70°C and 16.9 kPa for 24 h. Eight pieces of each film
201 were measured for their moisture contents. The solubility of films was determined according to
202 the method described by Pérez et al. (2016). Briefly, pieces of films ($15 \times 7.5 \text{ mm}^2$) were placed
203 into a test tube with 10 mL of distilled water. The tubes were then shaken at 240 rpm for 24 h
204 using an orbital shaker (IKA, OS 5 basic, Germany) and placed in an incubator at 25°C and
205 50% RH. After that, the remaining solids in the tubes were collected by filtration. The insoluble
206 dry matter content was determined by hot air drying at 105°C until reaching constant weight.
207 The film solubility (%) was determined from equation 3:

$$208 \quad \text{Film solubility (\%)} = 100 \times \frac{(\text{Initial dry matter} - \text{Insoluble dry matter})}{\text{Initial dry matter}} \quad (\text{eq.3})$$

209 Eight pieces from each film were tested for their solubility.

210

211 **2.2.8. Degree of film swelling**

212 The degree of swelling of the films was determined by the gravimetric method. The
213 films ($30 \times 10 \text{ mm}^2$) held in distilled water at room temperature were drained and weight
214 periodically at 7.5, 15, and 30 min. The degree of swelling (SW) was determined using equation
215 4:

$$216 \quad \text{SW} = 100 \times \left(\frac{(W_W - W_D)}{W_D} \right) \quad (\text{eq. 4})$$

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217 where W_D is the weight of dried film; W_W is the weight of the swelled film. Three pieces from
218 each film were tested for their swelling degree.

219 **2.2.9. Wettability of films**

220 Wettability of pectin films was assessed by water contact angle measurements, which
221 were performed using an optical contact angle apparatus (OCA 15 Plus, Data Physics
222 Instruments GmbH, Filderstadt, Germany) equipped with a high-resolution CCD camera and a
223 high-performance digitizing adapter. SCA20 software (Data Physics Instruments GmbH,
224 Filderstadt, Germany) was used for the image capturing and contact angle determination.
225 Rectangular specimens ($3 \times 1.5 \text{ cm}^2$) were kept flat throughout the analysis, and the contact
226 angle of water in the air (θ , °) was measured by gently dropping a droplet of $4.0 \pm 0.5 \text{ mL}$ of
227 Milli-Q water (18.3 MV cm) onto the pectin films surface at $23 \pm 1 \text{ °C}$ and $50 \pm 2\% \text{ RH}$. The
228 experiments were done in triplicates.

229 **2.2.10. Morphological properties of films by AFM and SEM**

230 The surface topographical images of films were obtained by atomic force microscopy
231 (AFM, MMSPM Nanoscope 8 from Bruker, USA) in an intermittent-contact mode in the air
232 with silicon tips (resonance frequency $\approx 340 \text{ kHz}$, spring constant $\approx 40 \text{ N m}^{-1}$, tip radius 8 nm).
233 The captured images (minimum 4 for each sample) were analyzed by Nanoscope Analysis
234 software v.1.5 (Bruker, USA). The surface roughness (R_{rms}) was calculated from Equation 5 as
235 the root mean square average of height deviations (Z_i) taken from a mean data plane (\underline{Z}).

$$236 \quad R_{\text{rms}} = \sqrt{\frac{\sum_{i=1}^N (Z_i - \underline{Z})^2}{N - 1}} \quad (\text{eq. 5})$$

237 The R_{max} parameter indicates the maximum vertical distance between the highest and
238 the lowest points in the image.

239 The surface and cross-sectional morphologies of pectin films were also examined using
240 a scanning electron microscope (SEM, 250 Quanta FEG, FEI Company, USA). Before the
241 experiment, the films were first freeze-dried and then placed into liquid nitrogen and crashed
242 for the SEM examination. After that, the samples were gold-coated with a sputter coater
243 (Emitech K550X, Quorum Technologies Inc., UK) at 10 mA for 60 s.

244 **2.2.11. Transparency and color of films**

245 Film transparency was determined according to ASTM D-1746 (2002b) with
246 modifications of the method described by Pérez et al. (2016). The transparency of films was
247 measured at 600 nm using a spectrophotometer. Rectangular pieces of films ($30 \times 10 \text{ mm}^2$)
248 were placed into the spectrophotometer cell, and readings were taken against the empty cell
249 used as a blank. Eight replicates of each film were tested. Transparency was calculated from
250 Equation 6.

$$251 \quad T_{600} = \frac{(\log \%T)}{b} \quad (\text{eq. 6})$$

252 where b is the film thickness (mm).

253 The color of films was determined using a colorimeter (CR-400, Minolta Sensing,
254 Osaka, Japan) and recording the L^* , a^* , b^* values

255 **2.2.12. Statistical analysis**

256 Statistical difference between treatments was determined by using variance analysis
257 (one way-ANOVA) and Fisher post-hoc test ($p \leq 0.05$) using Minitab (ver.18.1, Minitab Inc.,
258 United Kingdom). Pearson's correlation tests were carried out to investigate the
259 interrelationships between the pectins' compositional or molecular properties and the film
260 properties.

261

262 **3. Results and discussions**

263 **3.1. Composition of pectins**

264 The composition of pectins obtained from whole low-grade and substandard sun-dried
265 figs (FP) and stalk waste (composed of a stalk and adjacent fruit flesh) separated during the
266 processing of high-quality sun-dried figs (SP) were compared with those of commercial citrus
267 (CP) and apple (AP) pectins (Table 1). The highest total carbohydrate content was determined
268 for CP (89.1%), followed by AP (83.2%) and SP (82.0%). The FP showed the lowest total
269 carbohydrate content (58.9%), but the highest ash (~8.2%) and soluble protein (~11%) contents
270 originated mainly from many tiny seeds (florets) within the fruit flesh (Çavdaroğlu and
271 Yemenicioğlu 2020). The high ash content determined for fig fruit pectin is also compatible
272 with the literature, whereby figs were reported to be a good source of minerals (Trad,
273 Bourvellec, et al., 2014). The SP obtained from stalk waste lacked seeds. Thus, it showed a
274 similar composition to AP and CP. Therefore, the purified pectin (PSP) was obtained using
275 stalk wastes. The SP and its purified form PSP contained similar ash and soluble protein
276 contents ($p>0.05$). The soluble protein contents of SP and PSP are only slightly higher than that
277 of CP, but significantly higher (1.7-2-fold) than that of AP. The sun-dried Sarılop figs used in
278 the current study are also known as a good source of polyphenols (Kelebek et al., 2018). The
279 polyphenols form a complex with polysaccharides like pectin through hydrophobic interactions
280 (Liu et al., 2020; Tang et al., 2003). After that, the complex is stabilized with hydrogen bonds
281 formed mainly between hydroxyl groups of polyphenols and oxygen atoms in different
282 groups/linkages of polysaccharides (e.g., carboxyl/carboxylic acid and hydroxyl groups, the
283 oxygen atom of glycosidic linkages) (Jakobek, 2015; Liu et al., 2020; Wu et al., 2009). In the
284 current study, the highest total phenolic content (TPC) was determined for PSP (1.82 g GAE/
285 100g), followed in descending order by FP, SP, CP, and AP. However, it should be noted that

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286 the TPCs of fig pectins in the current work were significantly lower than the TPC of ~3.0 g
287 GAE/ 100 g determined for pectin extracted from peels of fresh figs (Gharibzahedi et al. 2019b).

288 **3.2. Molecular properties of pectins**

289 The GA of pectins varied between 32.4 and 78.8%. The CP showed the highest GA
290 (78.8%) while AP had intermediate GA (50.4%), and crude pectins, SP (34.3%), and FP
291 (32.4%) had the lowest GAs. It is important to note that the GAs determined for crude pectins
292 extracted from sun-dried figs and their stalks were in the range of those (24.5-33.4%)
293 determined by Trad et al. (2014b) for pectic compounds extracted from different fresh Tunisian
294 fig cultivars. In contrast, the purified stalk waste pectin PSP showed a 1.8-fold higher GA
295 content (63%) than its crude form (SP) and ranked second in GA after CP. Considering the DE
296 values, the CP, AP and PSP could be classified as high-methoxyl pectins (HMP, DE>50%),
297 while SP and FP are low-methoxyl pectins (LMP, DE<50%). The increased DE of PSP with
298 purification could be attributed to the increased proportion of high methoxyl GA fractions by
299 insolubilization of LMP fractions during repeated solubilization-alcohol precipitation cycles. It
300 is also noteworthy that the GA and DE of PSP are higher than those of fresh fig peel pectin
301 (GA: 52.5%, DE: 39%) obtained with hot acidic extraction by Gharibzahedi, Smith & Guo
302 (2019a). The DA of pectins used in the current work also showed a great variation between
303 2.7% and 29.9%. The fig pectins showed significantly higher DA than commercial pectins. The
304 PSP showed the highest DA. Thus, it appears that the purification eliminated not only LMP
305 fractions, but also pectin fractions with low DA. The DE and DA are highly effective in gelation
306 and emulsifying properties of pectins (Broxterman et al., 2017; Schmidt et al., 2015; Vriesmann
307 & Petkowicz, 2013). However, data about the effect of DA on film properties of pectin are
308 scarce. In the literature, the DAs of some pectins were given as follows: 3% for citrus and 14%
309 for pear pectins (Voragen et al., 1986), 18-58% for okra pectins (Sengkhamparn et al., 2009),

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310 17% for cacao pod husk pectin (Vriesmann & Petkowicz, 2013), 20% for carrot pectin
311 (Broxterman et al., 2017), and 16-46.2% for sugar beet pectin (Bindereif et al., 2021).

312 The sugar molar ratios (R1, R2, R3, and R4) of pectins were also estimated by
313 determining the amount of major sugars in fig pectins, D-glucose (D-Glu), L-rhamnose (L-
314 Rha), D-galactose (D-Gal), and L-arabinose (L-Ara) (Çavdaroğlu et al. 1999). The D-Glu
315 content of SP, FP, and AP did not vary considerably and changed between 6.07 and 6.48%,
316 while CP obtained from citrus peels contained a limited D-Glu content. It is also important to
317 report that the purification caused almost 3.6-fold lower glucose content for PSP than SP, which
318 is the crude form of PSP. The CP and FP showed low levels of L-Rha while AP, SP, and PSP
319 contained significantly higher L-Rha (3 to 7-fold) than these two pectins ($p < 0.05$). The highest
320 D-Gal content was found for PSP (6.3%), followed by slightly to moderately lower D-Gal
321 contents of FP, CP, and SP, and considerably lower D-gal content of AP (1.5%). Finally, the
322 CP, FP, SP, and PSP contained similar L-Ara contents ($p < 0.05$) changing between 3.78 and
323 4.92%, while AP contained significantly lower L-Ara content (1.8%) than these pectins.

324 In majority of the pectins, the main structural fraction is formed by homogalacturonan
325 (HG, ~65%), while rhamnogalacturonan-I (RG-I, ~20-35%) is the second dominant structural
326 form, and rhamnogalacturonan-II (RG-II, ~10%) is the minor fraction (Alba & Kontogiorgos,
327 2017; Basak & Annapure, 2022; Chandrayan, 2018; Yapo, 2011). Since RG-II is a very
328 complex minor fraction composed of many different sugars, it is not considered in the
329 theoretical calculations (Houben et al., 2011; M'sakni et al., 2006). The R-1 values suggested
330 that the AP and CP showed the highest molecular linearity while PSP had intermediate linearity,
331 and FP and SP had the lowest linearity. According to R-2 values, the SP showed the highest
332 RG-I content, followed by almost 2, 2.3, 3.5, and 18.5-fold lower RG-I contents of AP, PSP,
333 FP, and CP, respectively. The R3 and R4 also suggested that the degree of branching and D-

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334 Gal branch length of RG-I for pectins in descending order were as follows: CP, FP, PSP, SP,
335 and AP.

336 **3.3. Mechanical properties of pectin films**

337 Mechanical properties of pristine and CaCl₂ crosslinked films obtained from fig and
338 commercial pectins are shown in Table 2. Although the crosslinking caused a significant
339 reduction in thickness of all film, the average thicknesses of pristine and crosslinked films of
340 citrus and fig pectins changed at a very narrow range between 84.1 and 89.0 μm and 71.2 and
341 78.4 μm, respectively. In contrast, pristine and crosslinked AP films were significantly thinner
342 than all of the other respective pectin films. The results obtained for pristine films showed that
343 the CP and PSP films had the highest tensile strengths (TSs), while AP and SP films showed
344 2.4-2.8-fold lower TSs, and FP showed 5-5.7-fold lower TS than those of CP and PSP films.
345 The crosslinking improved the TSs of some films significantly. For example, AP-Ca⁺⁺, CP-
346 Ca⁺⁺, and FP-Ca⁺⁺ films showed 1.3-, 1.6- and 1.7-fold higher TSs than their pristine AP, CP,
347 and FP films, respectively. In contrast, no significant differences were determined between TSs
348 of SP and SP-Ca⁺⁺ and PSP and PSP-Ca⁺⁺. Thus, it seemed that the crude and purified stalk
349 waste pectins lacked a block-wise distribution for deesterified carboxyl groups that was
350 essential for the formation of a stable egg-box model (Fraeye et al., 2009). The CP-Ca⁺⁺ showed
351 the highest TS among crosslinked films followed in descending order by TSs of PSP-Ca⁺⁺, AP-
352 Ca⁺⁺, SP-Ca⁺⁺, and FP-Ca⁺⁺. The SP, AP, and FP gave the most flexible pristine films with
353 elongation at break (EAB) values of 26.2, 21.9, and 15.2%, respectively. The PSP films showed
354 limited flexibility (EAB: 8.8%), while CP gave almost no flexibility (EAB: 4.2%). The
355 crosslinking caused a significant reduction (1.8 to 3.7-fold) in EAB of most pectin films, except
356 for CP films that gave similar EAB for pristine and crosslinked films. According to Young's
357 modulus (YM) values, the CP-Ca⁺⁺ and PSP-Ca⁺⁺ films were the stiffest films, followed in
358 descending order by CP and PSP films showing intermediate stiffness and by AP-Ca⁺⁺, SP-

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359 Ca⁺⁺, CP-Ca⁺⁺, SP, FP, AP films showing lower-intermediate to low stiffness. The overall
360 results clearly showed that pristine and crosslinked films of PSP and CP showed similar
361 mechanical properties, whereas pristine and crosslinked films of SP and FP showed similar or
362 slightly different mechanical properties with AP. Moreover, it is also evident that the
363 purification of SP and use of obtained PSP in film making caused significant improvements in
364 the mechanical strength of fig stalk waste pectin films.

365 In the literature, edible films from different pectins have also been characterized for
366 their mechanical properties. For example, pristine films from pomegranate peel (3%, v/w),
367 pineapple peel (3%, v/w), and lime peel (1%, v/w) pectins showed TS values of 2.42, 5.60, and
368 16.93 MPa, and EAB values of 6.55, 14.84 and 1.77%, respectively (Oliveira et al., 2016;
369 Rodsamran & Sothornvit, 2019a, 2019b). These results suggested that the pristine films of
370 pomegranate peel and pineapple peel pectins had comparable mechanical properties with
371 pristine films of FP and SP pectins, respectively, while films of lime peel pectin showed
372 comparable mechanical properties with films of PSP. Data related to CaCl₂ crosslinked pectin
373 films are scarce. However, it was reported that the pectin obtained from mango peel could not
374 form a film in the presence of CaCl₂ (Chaiwarit et al., 2020). In contrast, edible films obtained
375 from pumpkin peel pectin (5%, v/w) showed a TS of 5.28 MPa and EAB of 14.37% after CaCl₂
376 crosslinking (Lalnunthari et al., 2020).

377 The calculated Pearson's coefficient of correlations (r) showed the factors (composition
378 and molecular properties of pectins) affecting the mechanical properties of pristine and
379 crosslink films separately (see supplementary files Table S1 and S2). The most significant
380 positive correlations were determined between GA of pectins and TSs (r= 0.895 and 0.937) and
381 YMs (r= 0.0887 and 0.936) of pristine and crosslinked films, respectively. Moreover, a
382 moderate positive correlation was also determined between the DE of pectins and TS of pristine
383 films (r= 0.723). As expected, significant negative correlations also existed between GA of

384 pectins and EAB of pristine ($r = -0.868$) and crosslinked ($r = -0.822$) films. These results clearly
385 showed that the GA is the primary factor giving the mechanical strength and stiffness of both
386 pristine and crosslinked films. Interestingly, the R-2 (RG-I content) of pectins correlated
387 positively with EAB of pristine and crosslinked films ($r = 0.805$ and 0.779), respectively. Thus,
388 it seemed that the presence of RG-I interfered with the formation of rigid entanglements in film
389 network created by linear homogalacturonan chains, thus, films turned more flexible by
390 increased chain mobility.

391 **3.4. Water vapor barrier properties**

392 Water vapor permeability (WVP) values of different pectin films are given in Table 3.
393 The WVP of films showed a great variation and changed between 6.3 and $31.7 \text{ g.mm.m}^{-2}.\text{day}^{-1}.\text{kPa}^{-1}$.
394 The PSP-Ca⁺⁺ with its 2 to 5-fold lower WVP than those of other films showed the best
395 moisture barrier effect. The PSP, CP-Ca⁺⁺, and FP-Ca⁺⁺ films showed intermediate moisture
396 barrier effects, while SP-Ca⁺⁺, CP, and AP films showed lower-intermediate, and FP and SP
397 showed low moisture barrier effects. It is important to note that the crosslinking did not cause
398 a significant change in the WVP of films obtained from CP and AP ($p > 0.05$). In contrast, FP,
399 SP, and PSP films showed 1.7-2-fold higher WVP than their respective crosslinked films ($p <$
400 0.05). These results suggested that the crosslinking caused formation of denser morphologies
401 for fig pectin films. The WVP values reported in the literature suggested that all pristine fig
402 pectin films developed in the current work showed greater moisture barrier effects than pristine
403 orange and mango peel pectin films (64.7 - $76.56 \text{ g.mm.m}^{-2}.\text{day}^{-1}.\text{kPa}^{-1}$) (Spatafora Salazar et al.,
404 2019), apple pectin film prepared with pomegranate juice ($72 \text{ g.mm.m}^{-2}.\text{day}^{-1}.\text{kPa}^{-1}$) (Azeredo
405 et al., 2016), pomegranate peel pectin film ($60.48 \text{ g.mm.m}^{-2}.\text{day}^{-1}.\text{kPa}^{-1}$) (Oliveira et al., 2016).
406 Pristine pumpkin pectin film ($22.2 \text{ g.mm.m}^{-2}.\text{day}^{-1}.\text{kPa}^{-1}$) (Lalnunthari et al., 2020), lime peel
407 pectin film ($16.07 \text{ g.mm.m}^{-2}.\text{day}^{-1}.\text{kPa}^{-1}$) (Rodsamran & Sothornvit, 2019a), and lemon waste
408 pectin-sweet potato starch blend film ($23.76 \text{ g.mm.m}^{-2}.\text{day}^{-1}.\text{kPa}^{-1}$) (Dash et al., 2019) showed

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409 better moisture barrier effect than pristine FP and SP pectin films, but lower moisture barrier
410 effect than PSP pectin films.

411 The Pearson's coefficient of correlations (r) suggested that there are significant negative
412 correlations between WVP of pristine films and GA content ($r = -0.770$) and DE ($r = -0.846$) of
413 pectins used for film making. These findings suggested that pristine films with good moisture
414 barrier properties need the use of high homogalacturonan pectins with a high degree of
415 esterification. This result supported the recent finding of Huang et al. (2021), who showed that
416 hydrophobic methyl ester groups in pectins are crucial for the moisture barrier effect of their
417 films. On the other hand, the WVPs of crosslinked films showed a significant negative
418 correlation with DA ($r = -0.862$) of pectins used in film-making. In the literature, it was reported
419 that the high degree of acetylation interfered with the gelation of pectins since the presence of
420 acetyl groups caused steric hindrance for chain association (Vriesmann & Petkowicz
421 2013). However, it appears that the steric hindrance caused in hydrated pectin molecules by
422 acetyl groups worked differently in dry films. It is well known that the increased degree of
423 acetylation causes a parallel increase in the hydrophobicity of hydrocolloids such as pectin and
424 cellulose since this replaces hydrophilic groups/bonds with hydrophobic acetyl groups (Leroux
425 et al., 2003; Ouarhim et al., 2019). The data in the literature about the effect of acetyl groups in
426 pectins on the WVP of their films are scarce. However, the current work showed for the first
427 time that acetyl groups of fig pectins (DA changed between 7 and 30%) are highly effective on
428 the WVP of their films when these pectins were crosslinked to form an "egg-box model"
429 configuration. Moreover, it is also important to note that the DA of pectins correlated
430 significantly with their TPC ($r = 0.884$). The hydrophobic interactions formed between aromatic
431 rings (e.g., A and C rings of flavonoids) of polyphenols and hydrophobic methyl groups of
432 pectin are accepted as the primary mechanism of polyphenol-pectin complexation (Tang et al.

433 2003, Liu et al. 2020). Thus, further studies are needed to understand possible hydrophobic
434 interactions between polyphenols and acetyl groups of pectins.

435 **3.5. Oxygen barrier properties**

436 The oxygen permeability coefficients ($P'O_2$) of pectin films are reported in Table 3. The
437 best oxygen barrier performance among pristine films was observed for CP film (10776
438 $\text{mL}\cdot\mu\text{m}\cdot\text{m}^{-2}\cdot 24\text{h}^{-1}\cdot\text{atm}^{-1}$), followed by AP and PSP films with 1.4 and 1.5-fold higher, and by SP
439 and FP films with almost 2.6- and 4.7-fold higher $P'O_2$ s than CP film, respectively. The
440 crosslinking significantly reduced the $P'O_2$ of all films ($p<0.05$). However, the most dramatic
441 reductions in $P'O_2$ s of pristine films by crosslinking occurred for those of SP and FP films (5.2
442 and 3.7-fold), while crosslinking caused considerably smaller reductions in $P'O_2$ s of PSP, CP,
443 and AP films (1.2 to 1.4-fold). These results suggested dramatic changes in molecular
444 interactions and/or morphologies in the film matrix of pristine SP and FP films by crosslinking.
445 The SP- Ca^{++} film with a $P'O_2$ of 8265 $\text{mL}\cdot\mu\text{m}\cdot\text{m}^{-2}\cdot 24\text{h}^{-1}\cdot\text{atm}^{-1}$ showed the highest oxygen barrier
446 effect among the crosslinked films, followed by CP- Ca^{++} film with 1.5-fold higher, and PSP-
447 Ca^{++} , AP- Ca^{++} and FP- Ca^{++} films with 2.1 to 2.5-fold higher $P'O_2$ s than that of SP- Ca^{++} film.
448 Interestingly, the SP film showed almost 1.8-fold higher $P'O_2$ than PSP film, while SP- Ca^{++}
449 film showed almost 2-fold lower $P'O_2$ than PSP- Ca^{++} film. These results clearly showed that
450 the films of crude and purified stalk waste pectins showed considerably different oxygen barrier
451 mechanisms in pristine and crosslinked forms. It appears that the loss of low methoxyl pectin
452 factions in PSP by purification is the main reason for limited changes in $P'O_2$ of its crosslinked
453 film.

454 The Pearson's coefficient of correlations (r) showed that there are significant negative
455 correlations between $P'O_2$ of pristine films and DE ($r= -0.823$), GA ($r= -0.772$), and R1 ($r= -$
456 0.743) of pectins used for film making. Thus, it is clear that the oxygen barrier properties of
457 pristine films depend on the amount of linear galacturonic acid units having high degree of

458 methylation. This finding clearly explains the lower $P'O_2$ of pristine PSP film than pristine SP
459 film. There is also a significant positive correlation between the soluble protein content of
460 pectins and the $P'O_2$ of their pristine films. This finding indicates that the soluble proteins
461 distributed within the pectin film matrix spoiled (defected) the desired homogalacturonan film
462 network formed by entangled linear pectin molecules. In contrast, there were no significant
463 correlations between investigated pectin molecular and compositional parameters and $P'O_2$ of
464 crosslinked films. Thus, it seemed that the oxygen gas barrier effect of crosslinked films is
465 simply a result of formed dense morphology (increased film networking) by the formation of
466 an ordered egg-box structure. Further studies are needed to understand the oxygen barrier
467 properties of crosslinked pectin films.

468 **3.6. Solubility and swelling of pectin films**

469 The solubilities of pectin films are shown in Fig. 1. The pristine films of CP, AP, and
470 PSP showed 100% solubility, while pristine FP and SP films showed almost 71-72% solubility
471 due possibly to the crude nature of their pectins. The crosslinking caused a significant reduction
472 in the solubility of films obtained from CP, SP, and FP. Thus, the lowest solubility was obtained
473 for FP- Ca^{++} (32.8%) followed by SP- Ca^{++} (38.6%) and CP- Ca^{++} (41.8%). This result clearly
474 showed that the CP, SP, and FP pectin contained a considerable amount of low methoxyl pectin
475 (LMP) fractions necessary for sufficient crosslinking of films by the Ca^{++} ions due to the
476 formation of the “egg-box model”. In contrast, AP- Ca^{++} and PSP- Ca^{++} showed 100% and 76%
477 solubilities, respectively. The limited reduction in solubility of PSP- Ca^{++} by crosslinking once
478 more suggested that the purification of SP removed mainly the LMP fractions of PSP pectin.
479 The Pearson’s coefficient of correlations (r) suggested that there are significant positive
480 correlations between water solubility of pristine films and GA ($r=0.778$), DE ($r=0.824$), and R1
481 ($r=0.805$) of pectins. However, the only significant correlation for crosslinked films was
482 determined between the solubility of these films and the DE of pectins ($r=0.804$) used in film

483 making. This finding clearly showed that the DE of pectins is a very critical factor affecting the
484 solubility of both pristine and crosslinked films.

485 Due to the high solubility of pristine films, the swelling properties were determined only
486 for the crosslinked films except for AP-Ca⁺⁺, which showed 100% solubility (Fig 1). The
487 highest degree of swelling was observed for CP-Ca⁺⁺, followed in descending order by PSP-
488 Ca⁺⁺, SP-Ca⁺⁺, and FP-Ca⁺⁺ films that showed almost 1.9, 2.4, and 3.2-fold less swelling than
489 CP-Ca⁺⁺ film, respectively. Therefore, it is clear that the FP-Ca⁺⁺ films were not only the least
490 soluble films but also the least swellable films. Due to the limited number of films used in this
491 test, no regression analysis was conducted for film swelling.

492 **3.7. Surface wettability of pectin films**

493 The water contact angles and contact moment images of pectin films are given in Fig.3
494 and Fig.4-A to J), respectively. The film surface could act as completely wettable (hydrophilic),
495 partially wettable, or not wettable (hydrophobic) by the solvent when the contact angle is
496 measured at <30°, between 30° and 90°, and >90°, respectively (Chaiwarit et al., 2020). The
497 contact angles of pristine and crosslinked pectin films varied between 41 and 80°, 48 and 102°,
498 respectively. None of the pectin films showed complete wettability, but the majority of films
499 are distributed mainly at the lower and higher limits of the partially wettable category, with the
500 exception of FP-Ca⁺⁺ that was identified as the only not wettable film under the test conditions.
501 This result complies well with previous findings that showed the greatest resistance of FP-Ca⁺⁺
502 films against solubility and swelling. The ranking of the hydrophobicities of pristine film
503 surfaces in decreasing order was as follows; AP, FP, PSP, SP, and CP. Interestingly, the
504 wettability values of pristine fig pectin films varied between those of two commercial pectin
505 films. The crosslinking caused significant changes in hydrophilic/hydrophobic properties of all
506 films (P>0.05). For example, CP-Ca⁺⁺, FP-Ca⁺⁺, and SP-Ca⁺⁺ films turned more hydrophobic
507 (1.3-1.4-fold higher θ values) than their respective pristine films (CP, FP, SP films) by

508 crosslinking. This finding clearly explained the low solubility of CP-Ca⁺⁺, FP-Ca⁺⁺, and SP-
509 Ca⁺⁺ films in distilled water. In contrast, AP-Ca⁺⁺ and PSP-Ca⁺⁺ films showed slightly higher
510 hydrophilicity than their respective pristine films (AP and PSP films). Thus, the overall ranking
511 of crosslinked film surface hydrophobicity in decreasing order was as follows; FP-Ca⁺⁺, AP-
512 Ca⁺⁺, SP-Ca⁺⁺, CP-Ca⁺⁺, and PSP-Ca⁺⁺.

513 The analysis of Pearson's coefficient of correlations suggests that there was a moderate
514 negative correlation ($r = -0.773$) between the GA content of pectins and the water contact angle
515 of crosslinked films. This finding suggests that the hydrophilic groups of homogalacturonan
516 units play a central role in determining crosslinked film surface hydrophilicity. In contrast, no
517 significant correlations were determined between water contact angles of pristine films and
518 molecular and compositional parameters of pectins used in film-making.

519 **3.8. Morphology of pectin films**

520 The morphologies of films were investigated by AFM and SEM. The surface
521 morphologies (Fig. 5A-J) and topographic images (Fig. 6A-J) of films obtained by AFM clearly
522 showed the rough surfaces of all pectin films. The R_{rms} and R_{max} of pectin films varied at a
523 broad range between 7.65 and 31.9 nm and 59.9 and 224 nm, respectively (Table 4).
524 Considering the roughness parameters, the PSP-Ca⁺⁺ showed the highest roughness followed
525 in descending order by PSP and SP films that also showed considerable roughness, and SP-
526 Ca⁺⁺, CP-Ca⁺⁺, CP, FP films with intermediate roughness, and FP-Ca⁺⁺, AP, AP-Ca⁺⁺ films
527 with limited roughness. The crosslinking caused some different effects on the surface roughness
528 of pectin films. For example, R_{rms} values of pristine and crosslinked films of AP, SP, and PSP
529 pectins were similar, while crosslinking caused a significant increase and reduction in R_{rms}
530 values of films obtained from CP and FP pectins, respectively. Moreover, pristine and
531 crosslinked films of CP, AP, and FP pectins showed similar R_{max} values, while crosslinking
532 caused an increase and reduction of R_{max} values for films obtained from PSP and SP pectins,

533 respectively. It is interesting to note that the AP films were the only ones not to be affected by
534 crosslinking.

535 Fig 7A to 7J show the SEM micrographs of film surfaces at 500× magnification. The
536 surfaces of pristine and crosslinked films from commercial pectins and SP pectin were smooth
537 and homogeneous, and they were apparently free from pores, cracks, and air bubbles. The SEM
538 micrographs also proved that the PSP film surface was rough, but it was also evident that these
539 films too were apparently free from pores and cracks. In contrast, extensive tiny craters were
540 clearly identifiable on both pristine and crosslinked FP film surfaces (Fig.7C and 7H). The
541 crosslinking improved the surface smoothness of films obtained from commercial pectins and
542 SP pectin, but no apparent changes were observed in the surface morphologies of FP and PSP
543 films by crosslinking. Figure 8A to 8J also shows the cross-sectional SEM images of different
544 pectin films at 2500× magnification. The comparison of cross-sectional images of pristine and
545 crosslinked films indicated that the crosslinking caused formation of extensive networking
546 (intensive tiny aggregations) within films. Some heterogeneous formations were observed in
547 FP-Ca⁺⁺, SP-Ca⁺⁺ and PSP-Ca⁺⁺, but CP-Ca⁺⁺ and AP-Ca⁺⁺ showed more homogeneous cross-
548 sectional images. No apparent pores and cracks were identified at film cross-sections, except
549 those of FP and FP-Ca⁺⁺ films that contained some burst spherical void capsules concentrated
550 mainly at the upper part of the film surface. The FP pectin showed the highest soluble protein
551 content thus, these spherical formations might be formed by protein stabilized tiny air bubbles.
552 These results showed that the morphology of all films changed to some extent by crosslinking.
553 Thus, it appears that the changes in surface roughness and internal morphology together with
554 molecular and compositional parameters determined the final mechanical and barrier properties
555 of crosslinked pectin films. This finding also suggests that properties of crosslinked films that
556 lack to show any correlation with molecular and compositional parameters of pectins are
557 affected mainly by morphological changes induced by egg box model formation. For example,

558 the P'O₂ of crosslinked films that lacked to show any correlations with parameters measured
559 for pectin might be related mainly to changes in film morphology. Further studies are needed
560 to determine the exact contribution of morphology to mechanical and barrier properties of
561 pectin films.

562 **3.9. Transparency and color of pectin films**

563 The transparency values (%) of pristine films ranged between 13.8 and 27.2% (Table
564 5). The AP gave the most transparent pristine film followed by pristine films of CP and SP with
565 intermediate transparency and pristine films of PSP and FP with low transparency. In all pristine
566 films, the crosslinking caused a significant increase in film transparency ($p < 0.05$). The
567 transparency of crosslinked films ranged between 15.8 and 32.6%, but the transparency ranking
568 for the crosslinked films is similar to that of pristine films. According to Hong et al. (2005), the
569 transparency values of polypropylene and low-density polyethylene (LDPE) films were almost
570 38% and 15–20%, respectively. Thus, it appears that the transparencies of pectin films are
571 comparable to those of LDPP films. It is important to note that SP and SP-Ca⁺⁺ films showed
572 significantly greater transparency values than PSP and PSP-Ca⁺⁺ films. This finding clearly
573 showed that the purification of fig stalk waste pectin did not result in increased film
574 transparency. In general, the film transparency is determined by morphology rather than
575 chemical composition (Farris et al 2009). Thus, it seemed that the difference between the
576 transparency of crude and purified stalk waste pectin films originated from significant
577 differences between their surface (R_{rms} or R_{max}) and cross-sectional morphologies.

578 The color of films evaluated considering lightness (L*), yellowness (a*), and redness
579 (b*) values and photos of films were given in Table 5 and Fig. 9, respectively. The L* values
580 of films changed between 66.3 and 85.8. The crosslinking did not cause a considerable change
581 in the L* value of films except CP which showed a slight increase in L* by crosslinking. The
582 AP and CP gave the lightest colored films (Fig 9A-D), while all fig pectin films were dark-

583 colored (Fig. 9E-J) due to the Maillard reaction products that formed a tight complex with the
584 extracted pectins. However, it must be noted that the purified PSP contained less Maillard
585 reaction products, thus, it gave lighter films than SP that is a crude stalk waste pectin. The
586 pristine fig pectin films also showed significantly higher a^* values than pristine commercial
587 pectin films ($p < 0.05$). The crosslinking increased the a^* values of films except for pristine PSP
588 films that showed similar a^* with PSP- Ca^{++} films. The b^* values of fig pectin films were
589 comparable with those of CP films, while AP showed considerably lower b^* values than all
590 pectin films.

591 **4. Conclusions**

592 This work clearly showed the potential advantages of using pectins extracted from stalk
593 waste of processed high-quality figs in the development of edible films. Edible films of purified
594 stalk waste pectin showed superior mechanical strength than commercial apple pectin, while
595 having comparable mechanical strength with commercial citrus pectin. The pristine and
596 crosslinked films of purified stalk waste pectin had the highest moisture barrier effects, while
597 crosslinked crude stalk waste pectin film showed the highest oxygen gas barrier effect. The
598 films of pectin extracted from low-grade substandard fig fruits did not show outstanding
599 mechanical and barrier properties, but the cross-linked films of this pectin showed the highest
600 surface hydrophobicity, and lowest solubility and swelling. The analysis of Pearson's
601 coefficient of correlations revealed fundamental knowledge about the effects of molecular and
602 compositional parameters of studied pectins on the properties of their pristine and CaCl_2
603 crosslinked films. The major findings are as follows: (1) galacturonic acid content of pectins is
604 the primary factor correlating positively with mechanical strength and stiffness of pristine and
605 crosslinked films, (2) a significant positive correlation exists between RG-I content of pectins
606 and flexibility of pristine and crosslinked films, (3) moisture barrier effect of pristine films
607 correlates with high galacturonic acid content and high degree of esterification while moisture

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608 barrier effect of cross-linked films correlates with high degree of acetylation, (4) oxygen barrier
609 effect of pristine films correlates with the amount of linear galacturonic acid units having high
610 degree of methylation. This work not only introduced fig stalk pectin as an alternative
611 hydrocolloid that gives some superior edible film characteristics than commercial pectins, but
612 also it expands the fundamental knowledge about factors affecting the mechanical and barrier
613 properties of pectin films.

614

615 **CRedit authorship contribution statement**

616 **Elif Çavdaroğlu:** Conceptualization, Investigation, Methodology, Data curation, Writing –
617 original draft. **Stefano Farris:** Conceptualization, Methodology, Writing – review & editing.

618 **Ahmet Yemenicioğlu:** Conceptualization, Methodology, Supervision, Project administration,
619 Writing – review & editing.

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626 Prof. Dr. Stefano Farris contributed to surface wettability and OTR measurements while other
627 experimental parts were conducted by the Ph.D. student Elif Çavdaroğlu.

628 **Ethical guidelines**

629 Ethics approval was not required for this research.

630 **Data availability statement**

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631 Research data are not shared.

632 **Conflict of interest**

633 There are no conflicts of interest in this study.

634

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827 **Table 1.** Different characteristics of fig fruit and stalk waste pectins and commercial pectins.

Characteristics	CP ^{a,b}	AP ^{a,b}	FP ^{a,b}	SP ^{a,b}	PSP ^{a,b}
Compositions of different pectins					
Total carbohydrate	89.1 ± 13.4 ^A	83.4 ± 3.76 ^A	58.9 ± 1.47 ^B	82.0 ± 8.05 ^A	84.6 ± 7.69 ^A
Moisture content	4.18 ± 0.29 ^E	7.13 ± 0.20 ^B	9.54 ± 0.04 ^A	6.76 ± 0.11 ^C	5.06 ± 0.25 ^D
Ash	4.19 ± 0.20 ^B	4.92 ± 0.62 ^B	8.19 ± 0.01 ^A	4.61 ± 0.91 ^B	4.85 ± 0.37 ^B
Soluble protein	4.19 ± 0.96 ^C	2.87 ± 0.68 ^D	11.1 ± 0.19 ^A	4.94 ± 0.09 ^{BC}	5.70 ± 0.26 ^B
TPC ^c	0.59 ± 0.07 ^C	0.24 ± 0.03 ^D	1.13 ± 0.08 ^B	1.09 ± 0.05 ^B	1.82 ± 0.42 ^A
Molecular properties of different pectins					
GA	78.8 ± 7.44 ^A	50.4 ± 3.74 ^C	32.4 ± 3.95 ^D	34.3 ± 3.73 ^D	63.0 ± 4.52 ^B
DE	54.6 ± 1.46 ^B	62.9 ± 0.92 ^A	36.7 ± 3.95 ^D	45.0 ± 2.52 ^C	65.9 ± 1.89 ^A
DA	3.47 ± 0.34 ^D	2.70 ± 0.07 ^D	6.96 ± 0.82 ^C	11.57 ± 0.02 ^B	29.9 ± 3.82 ^A
D-Glc	0.22 ± 0.08 ^D	6.48 ± 0.30 ^A	6.07 ± 0.03 ^B	6.15 ± 0.52 ^{AB}	1.72 ± 0.09 ^C
L-Rha	0.30 ± 0.05 ^C	1.57 ± 0.26 ^B	0.52 ± 0.03 ^C	2.13 ± 0.26 ^A	1.66 ± 0.40 ^{AB}
D-Gal	4.05 ± 0.33 ^B	1.54 ± 0.44 ^C	5.20 ± 0.46 ^{AB}	3.93 ± 0.65 ^B	6.26 ± 0.73 ^A
L-Ara	3.78 ± 0.72 ^A	1.84 ± 0.37 ^B	5.07 ± 0.06 ^A	4.12 ± 0.07 ^A	4.92 ± 0.43 ^A
R-1 ^d	8.29	9.62	2.55	2.88	4.22
R-2	0.004	0.037	0.021	0.074	0.032
R-3	26.13	2.12	19.01	4.21	6.78
R-4	12.33	0.84	8.73	1.75	3.48

828 ^a Values are shown as mean ± standard deviation. Values at each row indicated by different
829 letters are significantly different ($p \leq 0.05$).

830 ^b All values are expressed as % on a dry basis of pectin powder except moisture content.

831 ^c TPC=total phenolic content as g GAE/ 100 g.

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836 **Table 2.** Mechanical properties of pectin films.

Sample	Thickness (μm)	Tensile Strength (MPa)	Elongation at break (%)	Young's modulus (MPa)
CP	$87.81 \pm 2.04^{\text{A}}$	$17.59 \pm 2.50^{\text{B}}$	$4.18 \pm 1.74^{\text{F}}$	$7.56 \pm 0.87^{\text{BC}}$
AP	$71.28 \pm 0.13^{\text{D}}$	$6.29 \pm 0.31^{\text{E}}$	$21.92 \pm 7.70^{\text{AB}}$	$0.52 \pm 0.12^{\text{F}}$
FP	$89.02 \pm 11.71^{\text{A}}$	$3.11 \pm 0.36^{\text{F}}$	$15.19 \pm 1.23^{\text{BC}}$	$0.55 \pm 0.05^{\text{F}}$
SP	$84.11 \pm 1.94^{\text{AB}}$	$6.50 \pm 1.71^{\text{DE}}$	$26.17 \pm 0.77^{\text{A}}$	$0.70 \pm 0.12^{\text{F}}$
PSP	$85.83 \pm 3.61^{\text{A}}$	$15.58 \pm 1.02^{\text{B}}$	$8.83 \pm 1.37^{\text{D}}$	$5.69 \pm 1.18^{\text{C}}$
CP-Ca ⁺⁺	$74.70 \pm 3.20^{\text{CD}}$	$27.66 \pm 2.56^{\text{A}}$	$3.51 \pm 0.53^{\text{F}}$	$11.92 \pm 1.42^{\text{A}}$
AP-Ca ⁺⁺	$59.57 \pm 7.41^{\text{E}}$	$8.40 \pm 2.77^{\text{C}}$	$5.87 \pm 1.00^{\text{E}}$	$2.77 \pm 0.47^{\text{D}}$
FP-Ca ⁺⁺	$71.22 \pm 1.36^{\text{D}}$	$5.34 \pm 0.06^{\text{E}}$	$7.88 \pm 1.61^{\text{DE}}$	$1.54 \pm 0.27^{\text{E}}$
SP-Ca ⁺⁺	$71.89 \pm 5.81^{\text{D}}$	$7.84 \pm 1.23^{\text{CD}}$	$14.28 \pm 5.51^{\text{C}}$	$1.55 \pm 0.33^{\text{E}}$
PSP-Ca ⁺⁺	$78.37 \pm 1.56^{\text{BC}}$	$19.14 \pm 2.52^{\text{B}}$	$4.19 \pm 1.34^{\text{F}}$	$8.72 \pm 0.52^{\text{AB}}$

837 *Data are shown as mean \pm standard deviation. Data at each column indicated by different
838 letters are significantly different ($p \leq 0.05$).

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847 **Table 3.** Water vapor permeability (WVP), oxygen transmission rate (OTR), and permeability
 848 coefficient (P'O₂), and thickness values of pectin films.

Film	WVP (g.mm.m ⁻² .day ⁻¹ .kPa ⁻¹)	OTR (mL.m ⁻² .24h ⁻¹)	P'O ₂ (mL.µm.m ⁻² .24h ⁻¹ .atm ⁻¹)	Thickness (µm)
CP	19.12 ± 1.77 ^{BC}	138.16 ± 11.8 ^E	10776.4 ± 922.8 ^E	78.2 ± 3.4 ^{CDE}
AP	21.43 ± 6.34 ^B	204.5 ± 9.6 ^C	15460.2 ± 725.8 ^C	75.6 ± 3.5 ^{DE}
FP	30.39 ± 5.39 ^A	427.1 ± 25.2 ^A	51153.6 ± 3016.4 ^A	119.7 ± 26.1 ^A
SP	31.74 ± 1.42 ^A	263.6 ± 19.7 ^B	27843.5 ± 2080.3 ^B	105.6 ± 4.7 ^{AB}
PSP	12.85 ± 1.24 ^D	173.44 ± 18.9 ^D	15783.04 ± 201.6 ^C	91 ± 4.5 ^{BC}
CP-Ca ⁺⁺	14.96 ± 3.38 ^{CD}	116.9 ± 6.4 ^E	8264.8 ± 452.5 ^F	70.7 ± 2.5 ^{DE}
AP-Ca ⁺⁺	20.31 ± 3.46 ^B	181.8 ± 6.7 ^{CD}	12657.4 ± 442.9 ^{DE}	66.1 ± 2.6 ^E
FP-Ca ⁺⁺	17.45 ± 4.55 ^{BCD}	170.60 ± 20.3 ^D	13648.24 ± 1854.4 ^{CD}	80.3 ± 2.87 ^{CDE}
SP-Ca ⁺⁺	18.11 ± 2.84 ^{BC}	58.22 ± 6.7 ^F	5402.82 ± 308.3 ^G	92.8 ± 3.7 ^{BC}
PSP-Ca ⁺⁺	6.28 ± 0.57 ^E	134.03 ± 15.2 ^E	11124.16 ± 1261.9 ^E	83 ± 3.2 ^{CD}

849 *Data are shown as mean ± standard deviation. Data at each column indicated by different
 850 letters are significantly different (p ≤ 0.05).

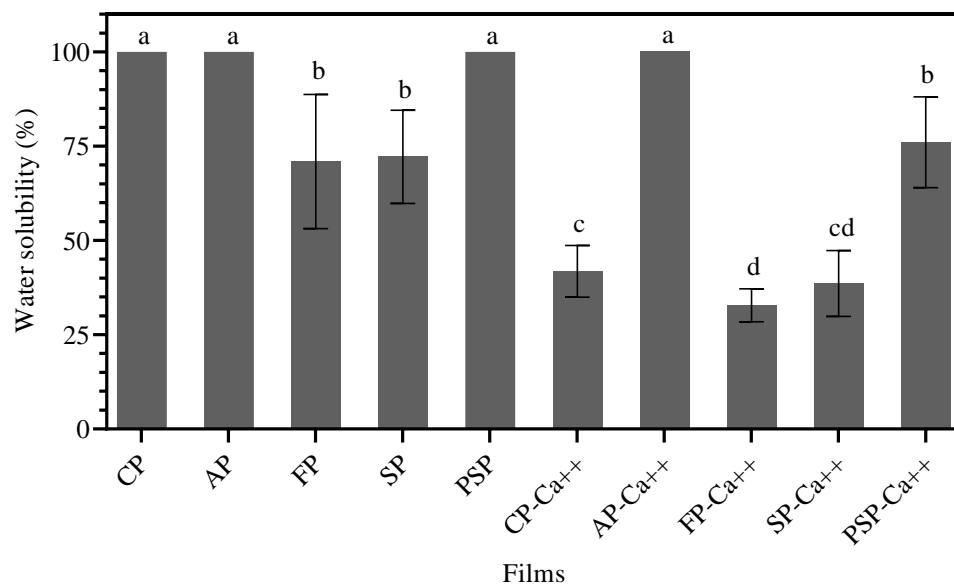
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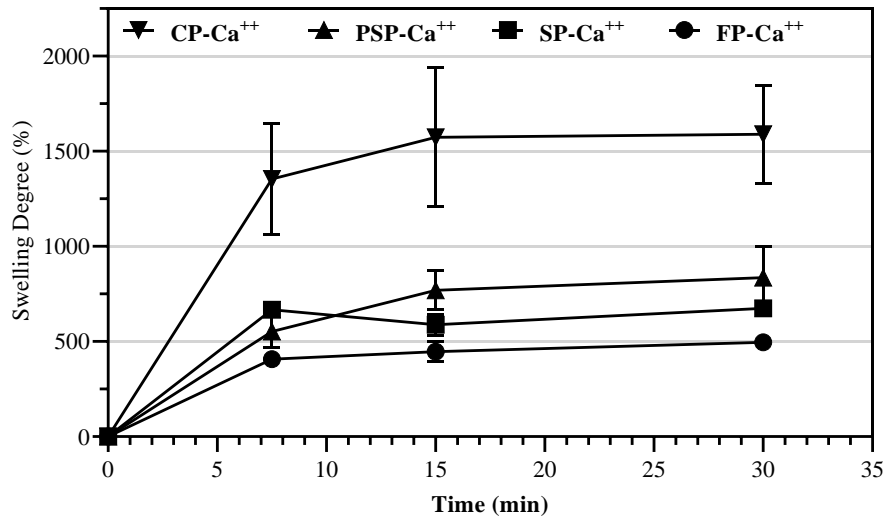
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857 **Figure 1.** Water solubility of pectin films.

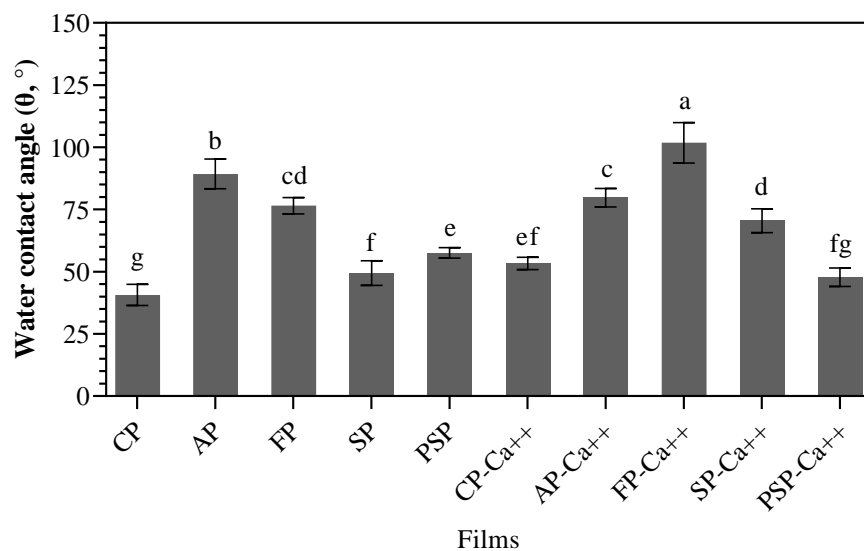
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860 **Figure 2.** Swelling curves of pectin films.

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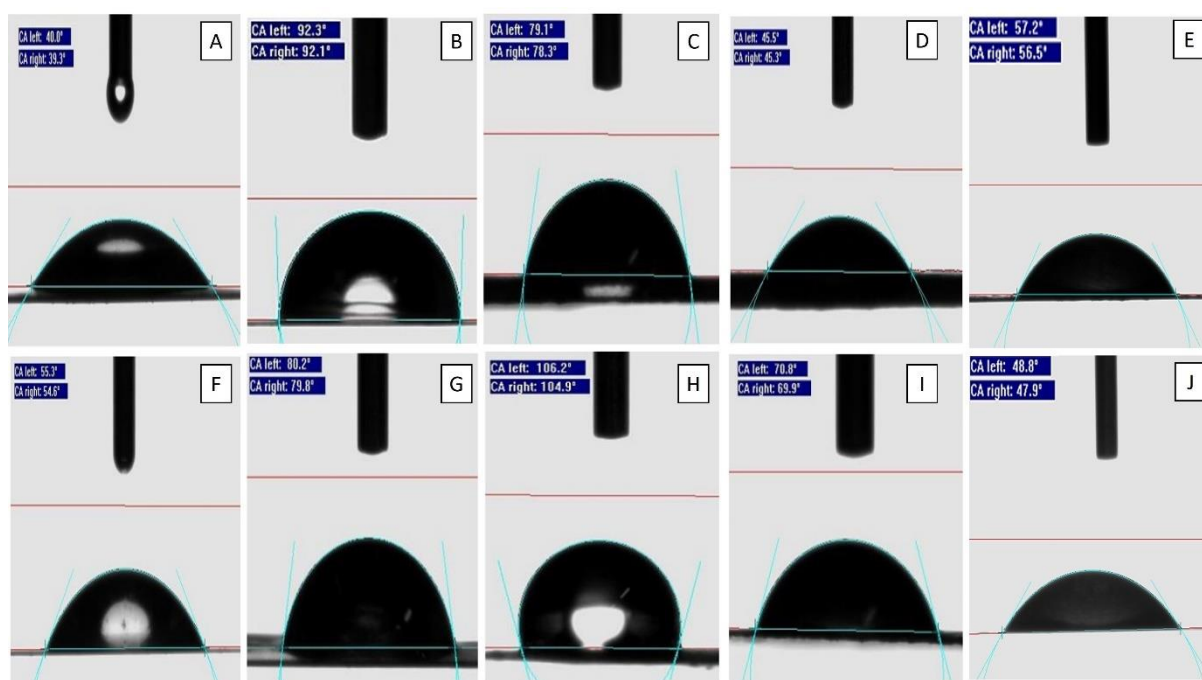
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863 **Figure 3.** Water contact angle of pectin films.

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868 **Figure 4.** Instantaneous images captured at the contact between the water droplet and the

Properties of fig pectin films....

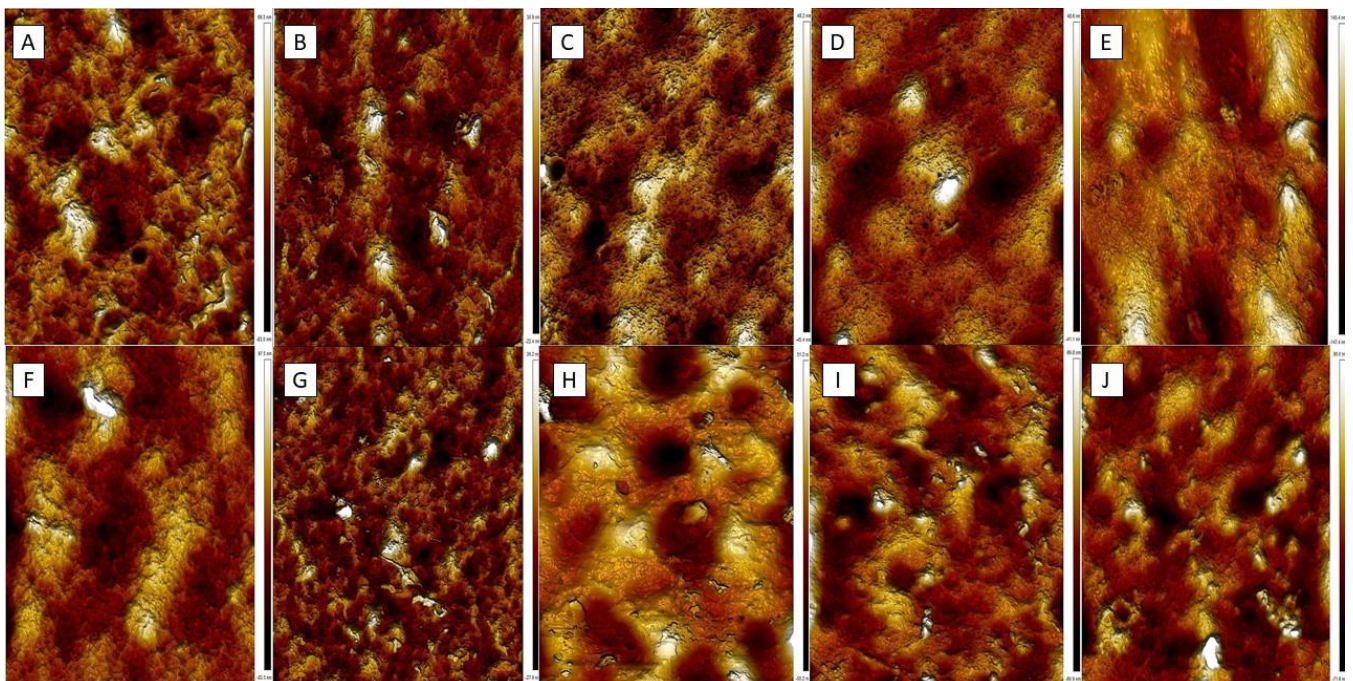
869 surface of pectin films: A) CP, B) AP, C) FP, D) SP, E) PSP, F) CP-Ca⁺⁺; (G) AP-Ca⁺⁺; (H)
870 FP-Ca⁺⁺; (I) SP-Ca⁺⁺; and J) PSP-Ca⁺⁺.

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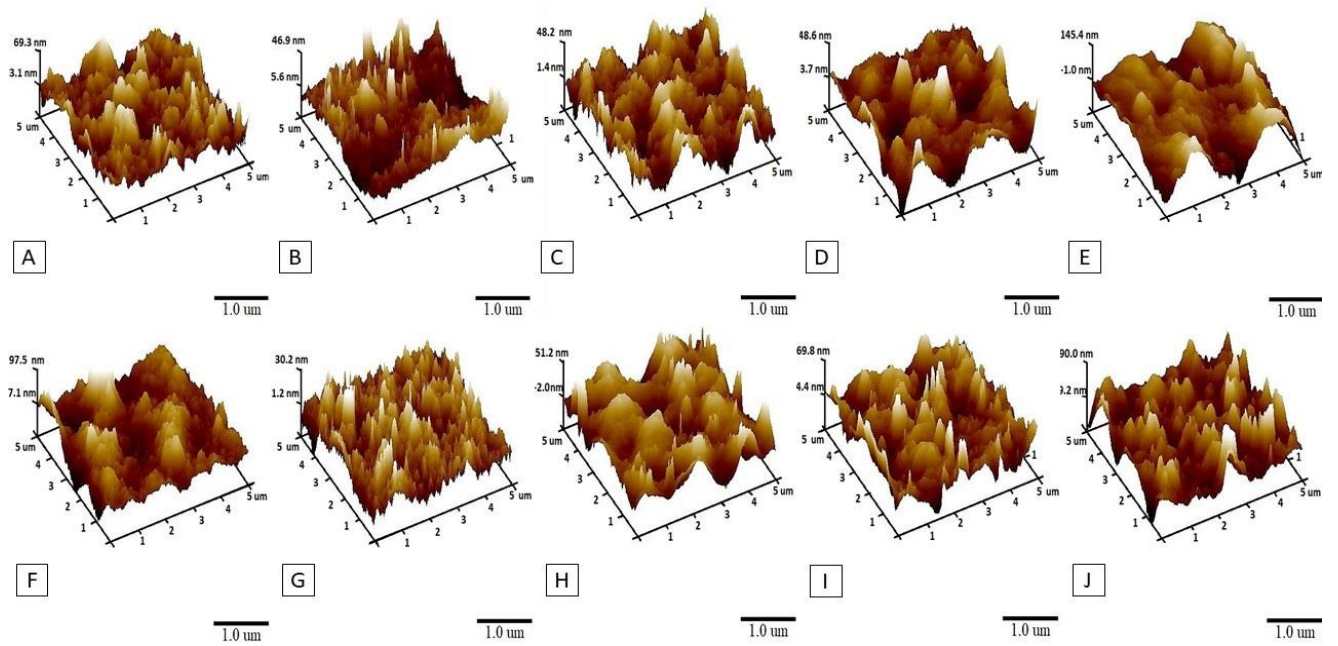
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876 **Figure 5.** Surface morphologies of pectin films: (A) CP; (B) AP; (C) FP; (D) SP; (E) PSP; (F)
877 CP-Ca⁺⁺; (G) AP-Ca⁺⁺; (H) FP-Ca⁺⁺; (I) SP-Ca⁺⁺; and J) PSP-Ca⁺⁺.

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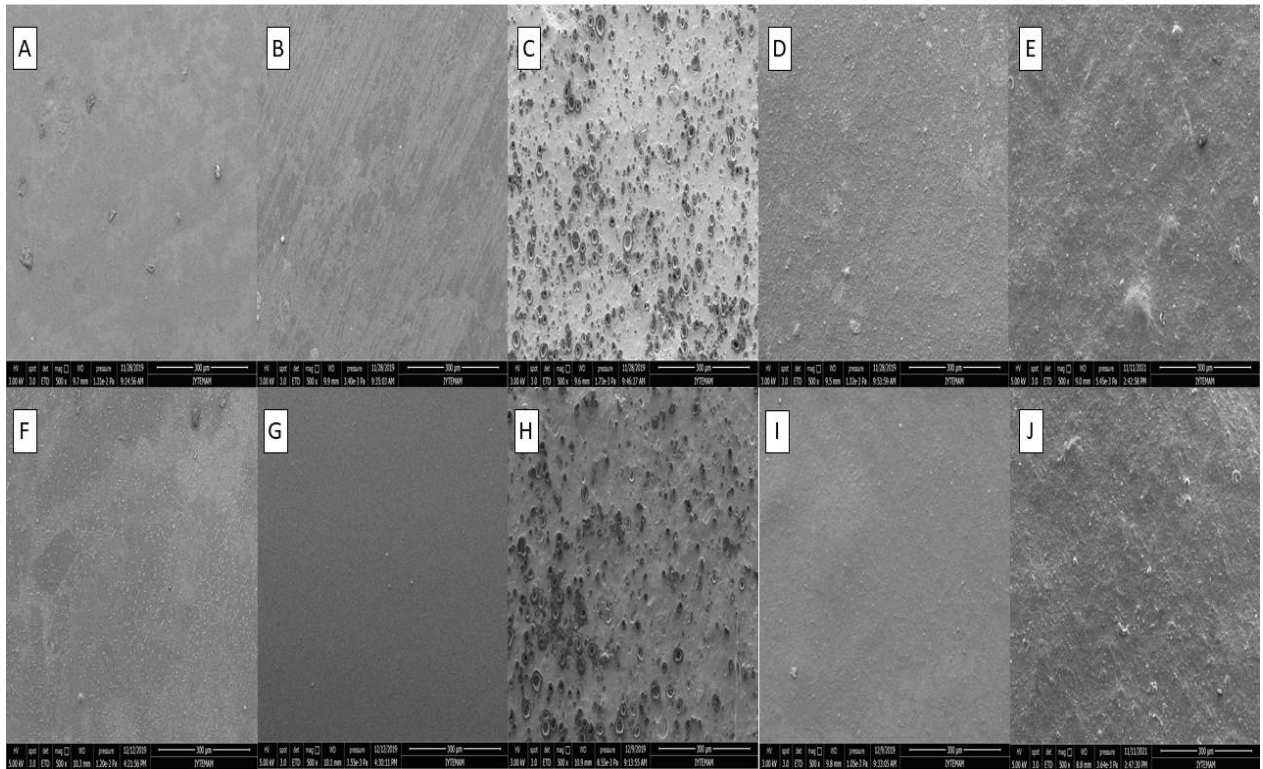
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880 **Figure 6.** Topographic images of pectin films: (A) CP; (B) AP; (C) FP; (D) SP; (E) PSP; (F)

881 CP-Ca⁺⁺; (G) AP-Ca⁺⁺; (H) FP-Ca⁺⁺; (I) SP-Ca⁺⁺; and (J) PSP-Ca⁺⁺.

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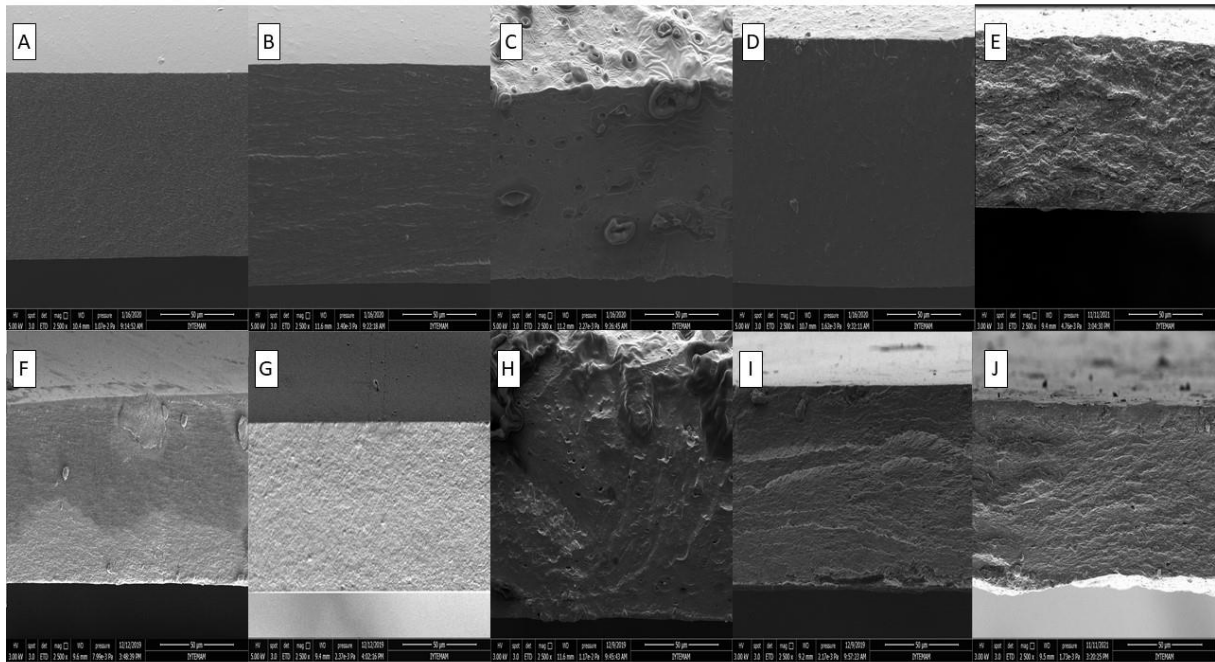
Properties of fig pectin films....



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884 **Figure 7.** Surface morphology of pectin films: (A) CP; (B) AP; (C) FP; (D) SP; (E) PSP; (F)
885 CP-Ca⁺⁺; (G) AP-Ca⁺⁺; (H) FP-Ca⁺⁺; (I) SP-Ca⁺⁺; and (J) PSP-Ca⁺⁺. (Magnification: 500×, Scale
886 bar: 300 µm).

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889 **Figure 8.** Cross-sectional morphology of pectin films: (A) CP; (B) AP; (C) FP; (D) SP; (E) PSP;
890 (F) CP-Ca⁺⁺; (G) AP-Ca⁺⁺; (H) FP-Ca⁺⁺; (I) SP-Ca⁺⁺; and (J) PSP-Ca⁺⁺. (Magnification: 2500×,
891 Scale bar: 50 µm).

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900 **Table 4.** Morphological parameters of different films from AFM analysis.

Pectin film	R _{rms} (nm) ^a	R _{max} (nm)
CP	10.7 ± 1.34 ^D	84.0 ± 22.9 ^{DE}
AP	6.72 ± 1.81 ^E	68.2 ± 32.2 ^E
FP	11.7 ± 2.82 ^{CD}	82.7 ± 18.1 ^{DE}
SP	19.8 ± 6.16 ^B	177 ± 78.5 ^{AB}
PSP	22.8 ± 3.14 ^{AB}	157 ± 22.0 ^{BC}
CP-Ca ⁺⁺	16.1 ± 1.36 ^{BC}	123.9 ± 23.1 ^{CD}
AP-Ca ⁺⁺	7.72 ± 3.15 ^E	62.1 ± 13.8 ^E
FP-Ca ⁺⁺	7.65 ± 2.18 ^E	59.9 ± 14.2 ^E
SP-Ca ⁺⁺	16.4 ± 3.81 ^{BC}	118 ± 19.5 ^{CD}
PSP-Ca ⁺⁺	31.9 ± 5.49 ^A	224 ± 27.4 ^A

901 ^a Values at each column indicated by different letters are significantly different ($p \leq 0.05$).

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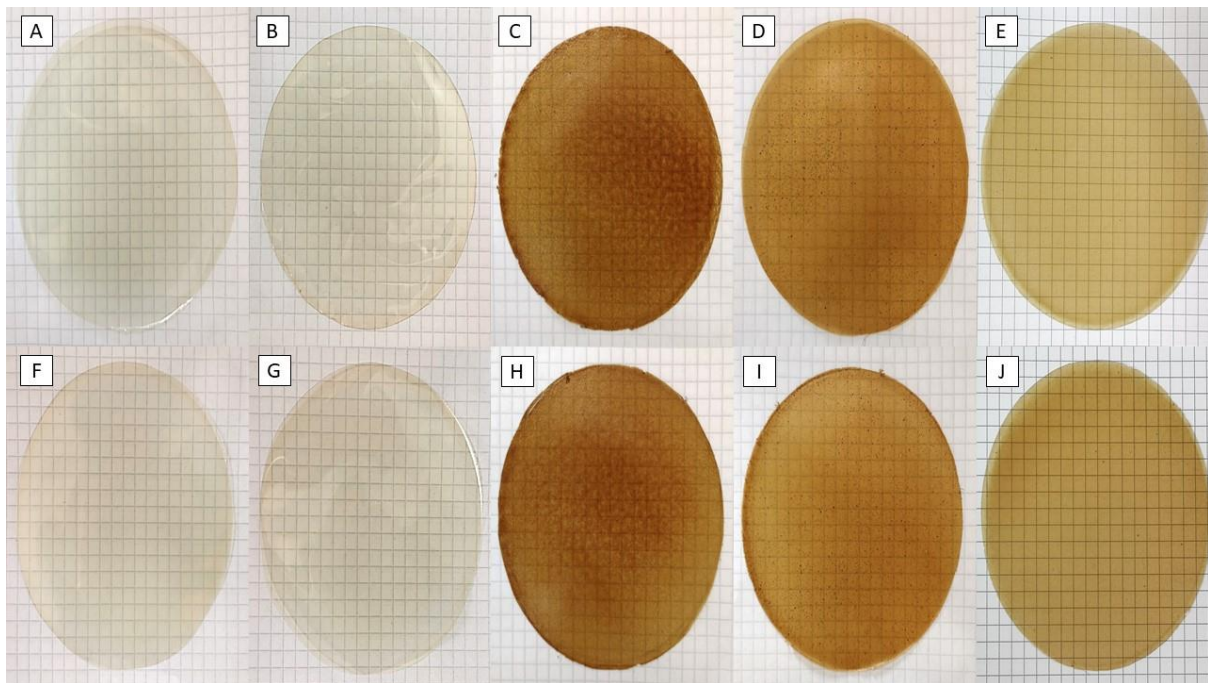
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910 **Table 5.** Transparency and color values of pectin films.

Sample	Transparency	L*	a*	b*
CP	21.40 ± 0.17 ^E	77.27 ± 1.32 ^C	-2.68 ± 0.61 ^E	34.85 ± 2.64 ^C
AP	27.22 ± 0.02 ^B	85.84 ± 0.83 ^A	-2.96 ± 0.06 ^E	11.6 ± 1.76 ^F
FP	13.76 ± 0.30 ^I	77.77 ± 0.32 ^F	4.05 ± 0.21 ^C	42.18 ± 0.33 ^A
SP	20.01 ± 0.23 ^F	68.66 ± 0.11 ^E	2.00 ± 0.09 ^D	37.12 ± 0.37 ^{BC}
PSP	13.77 ± 0.85 ^I	71.78 ± 0.71 ^D	5.15 ± 0.28 ^B	30.78 ± 0.79 ^D
CP-Ca ⁺⁺	24.83 ± 0.11 ^C	79.36 ± 1.03 ^B	1.58 ± 0.26 ^D	25.35 ± 2.11 ^E
AP-Ca ⁺⁺	32.59 ± 0.01 ^A	85.65 ± 0.2 ^A	1.76 ± 0.07 ^D	8.02 ± 0.58 ^G
FP-Ca ⁺⁺	17.34 ± 1.43 ^G	66.33 ± 2.79 ^F	8.48 ± 1.74 ^A	38.65 ± 2.83 ^B
SP-Ca ⁺⁺	23.44 ± 0.09 ^D	70.49 ± 0.44 ^{DE}	5.73 ± 0.15 ^B	31.96 ± 0.61 ^D
PSP-Ca ⁺⁺	15.79 ± 0.82 ^H	71.25 ± 0.66 ^D	5.42 ± 0.29 ^B	31.27 ± 0.77 ^D

911 *Data are shown as mean ± standard deviation. Data at each column indicated by different
 912 letters are significantly different ($p \leq 0.05$).

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915 **Figure 9.** Digital images of pectin films. Control films: A) CP, B) AP, C) FP, D) SP, and E)

916 PSP; cross-linked films: F) CP-Ca⁺⁺, G) AP-Ca⁺⁺, H) FP-Ca⁺⁺, I) SP-Ca⁺⁺, and J) PSP-Ca⁺⁺.

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